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MK NEWS

28-page festive TV guide inside

A very merry Christmas to all our readers

Protesting residents, desperate not to lose their housing office, held a vigil outside the Civic Offices last night

See story on page 2

Woodhill officer charged with supplying drugs to prisoners

They shall not pass: Woodhill governor Luke Serjeant declares war on drugs in his jail

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

THE governor of Woodhill Prison has declared war on drugs inside his jail after an officer was charged with supplying inmates with heroin, crack cocaine and steroids.

The statement from Luke Serjeant comes only hours before today's high profile visit from a Government minister looking at Woodhill's security measures to prevent drugs entering the prison.

Prison officer Adam Seamark, 25, from Ruskin Way, Daventry, Northamptonshire was arrested at the prison on Tattenhoe Street on Thursday (December 13).

He has been charged with four counts of supplying controlled drugs – heroin, crack cocaine and anabolic steroids and misconduct in a public office between August 1 and December 13.

Mr Serjeant said he could not comment on the individual case at this time but added: "I am determined to create a safer environment for staff and prisoners at Woodhill.

"To do this I will seize on every opportunity to prevent drugs, mobile phones, weapons or any other items which would compromise safety, from entering or being distributed within my prison.

"I want to make it very clear to prisoners and to staff that drugs are not and will not be tolerated within this prison. Any attempt to compromise me, or any member of my staff, will be firmly and decisively dealt with."

Mr Seamark's arrest took place less than a week before Justice Minister David Hanson's visit to Woodhill, set to happen today (Wednesday). The minister is to look at the high security prison's measures to stop the supply of drugs and mobile phones to its 800 prisoners.

Systems are in place to search staff members and visitors every time they enter the prison.

The prison receives more than 1,000 visitors a day and is one of Milton Keynes' biggest employers with 750 staff, not including contractors.

Mr Serjeant said it is likely the prison officer's arrest would be raised during the minister's visit.

Mr Seamark was remanded in custody by Aylesbury magistrates on Saturday.

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VFD 55,000 copies Friday, December 28

Due to the logistical difficulty of delivering free newspapers over Christmas, next week's edition of MK NEWS will be reduced to 55,000 copies. The next issue will be Friday, January 4, 2008.

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PANTO star Bradley Walsh showed he still has what it takes when he met up with stars from MK Dons yesterday.

Funnyman Bradley, currently wowing audiences in Aladdin at MK Theatre, used to be a professional footballer for Brentford, the Dons opponents on Friday night.

Injury ended his career early but he was joined by other cast members for a goal challenge before he was due back on stage to play Wishee Washee.

Vigil against loss of housing office

BY ALICIA BABAEE
alicia.babaee@mk-news.co.uk

PROTESTING residents desperate not to lose their housing office held a vigil outside the Civic Offices last night.

In advance of the cabinet meeting expected to signal the end of Bradville housing office, residents turned up to campaign against the move.

Placards and candles lined the streets an hour before the meeting at 7pm.

Last week MKNEWS reported that tenant representative Margaret Burke was shocked when a shiny council leaflet announcing the closure landed on her doormat.

The decision should not have been made until the meeting last night. Milton Keynes Council (MKC) blamed it on an 'administrative error'

Services will relocate to the council's main offices on Silbury Boulevard, central Milton Keynes this month.

The council wants to shut the Bradville office due to dwindling user numbers and the deteriorating condition of the premises.

Residents were told heavy rainfall could cause serious roof failure. To repair it would cost £40,000.

Placards used at the protest read; 'Local offices for local needs', 'MKC can afford to repair the housing office', and 'Irene Henderson keep your hands off our housing office'.

Margaret Burke, leading the campaign, originally discovered the plans through a leaked e-mail.

She is concerned that elderly residents and people without cars will find it difficult to get to central Milton Keynes.

She said: "Why let the building get into such a bad state of repair? Unless there was a secret agenda to close it. It was the council's administration that shut other offices causing Bradville to serve so many areas and the civic offices are further away from most of the areas it covers."

The council says a postal survey showed that Bradville is not convenient for the majority of tenants in the north area and that people prefer to telephone the council if they need to raise an issue.

Irene Henderson, cabinet member with responsibility for housing said: "The people who are in the immediate area are going to be the ones outside protesting.

"While it might meet their needs only 11 people actually pop into that office a week,. It isn't actually value for money."

Campaigners claim that 'mystery shops' by them showed that a lot more people use the office.

July date set for Barri White retrial

Barri White: St Albans Court date

BARRI White will face a jury again to answer the charge of murdering 18-year-old girlfriend Rachel Manning.

Mr White was jailed for life for Rachel's murder in 2002 but in November the Court of Appeal quashed the conviction and ordered that a retrial should be held.

During a hearing at Luton Crown Court on Wednesday Judge John Bevan QC said the earliest the trial could be accommodated was July 21 next year at St Albans Crown Court.

Mr White, 28, from Epsom Grove, Bletchley, was not in court last week and will now appear on January 14 to make his plea.

Rachel Manning was found dead at Woburn Golf Club on December 10, 2000.

Santa signs up

SANTA has backed the campaign to make Milton Keynes a city.

Children visited the grotto at thecentre:mk on Monday but one grown up had a special Christmas request.

Cllr Sam Crooks showed Santa a petition on the Downing Street website supporting the bid.

Over the past fortnight the petition has attracted hundreds of names from across the city.

To add yours visit http://petitions.pm.gov.uk/city-statusmk

WIN VIP TICKETS FOR A GREAT NEW YEAR PARTY
SEE PAGE 22

Taxpayers could foot the bill for schools 'cock-up'

BY ALICIA BABAEE
alicia.babaee@mk-news.co.uk

A CONFIDENTIAL annex to the damning report on the council's schools build programme has revealed that taxpayers could be left to foot the bill for the council's mistakes.

The report, published in November, highlighted major weaknesses in the programme.

Council management was heavily criticised after pupils at Giles Brook in Tattenhoe were put at serious risk because the council ignored complaints about the building's defects.

The roof threatened to cave in due to a serious lack of strength in the building.

Concerns were originally raised with the council in 2003 but the school did not close until 2006.

The repairs cost £3 million but the school only cost £2.9 million to build.

The council, which is accused of ignoring real safety risks, had to find more than £6 million to rectify the problems.

Confidential parts of the report, witten by the council's special audit committee in conjunction with the Audit Commission, were made public at an emergency meeting on December 5.

It says the council's tight building timetable increased risk of 'corners being cut', that the contract was awarded on a poor scoring method, that project management was poor, that the serious issues that were flagged up were disregarded by the council.

It says of these mistakes: 'It must be noted that the above control failures do not, in Internal Audit's opinion, absolve the contractor from the basic duty of care to design and build a school in accordance with the specification and fit for purpose.

'The poor controls within the council may enable the contractor to argue that the council's actions contributed to the causes of this.

'It is therefore unlikley that all costs of this situation will be recoverable from the contractor and an additional burden will fall upon the taxpayer'.

The contractor was chosen contrary to council's own selection criteria.

In another case the opening of Ousedale's new Olney campus was delayed by 269 days and went 34 per cent over budget. This is subject to an ongoing legal dispute between the council, the contractor and the external firm of architects.

Council leader Isobel McCall has arranged for an independent review focusing primarily on senior management practices and corporate systems employed with regard to the school build programme.

There have also been problems at Heronsgate in Walnut Tree, Hazeley, and Oakgrove schools.

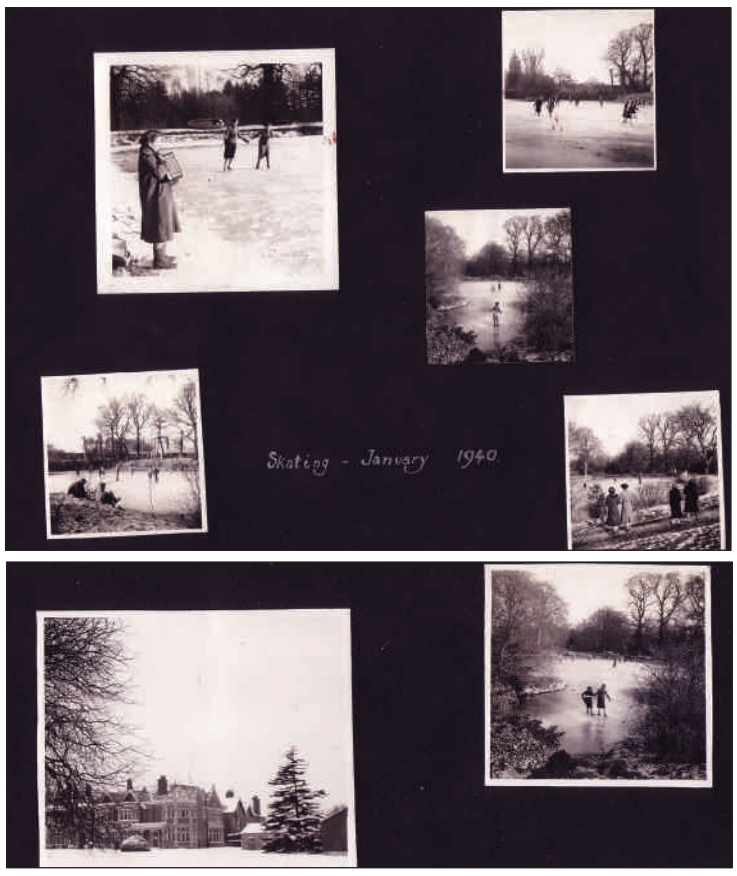
The report on Giles Brook, which was designed by Architecture MK, lists 26 design faults and 14 defects in the building work.

Euan Henderson, cabinet member with responsibility for the programme, said: "The part of the audit committee report to which you refer very explicitly says it was the job of the contractor to build a good school and they clearly failed to do so.

"It also clearly says that the council has a strong legal case to claim.

"We will be going after the contractors for all the costs incurred. Our firm position is that they cocked up."

Secret snapper's photos show code crackers' Christmas



THESE never-before-seen festive images show Bletchley Park in the snow in 1940 during the Second World War.

During wartime cameras were banned on site.

A woman took them to Bletchley Park last week as her mother worked there during the war.

Bletchley Park was the site on which German messages in code were regularly read by the British codebreakers.

The world's first working computer was built there to assist in the cracking of the codes.

Mother in court charged with murdering her children

A MENTAL health patient has appeared in court charged with murdering two of her children.

Patricia Bousson, 26, was sectioned under the Mental Health Act at Chadwick Lodge, the medium secure unit in Eaglestone.

She appeared at Milton Keynes Magistrates' Court on Wednesday charged with the murder of six-week-old Mary and five-year-old Mickael Bousson on May 5.

Mme Bousson, a French national who lived in Thornton Heath, London, was also charged with causing actual bodily harm to another young child.

The case was sent to Luton Crown Court and Mme Bousson was remanded in custody.

She will enter her plea in January.

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Stable environment

SIR – I definitely do think that schools should still have the traditional nativity play.

That is what Christmas is all about, it is not just about giving and receiving presents.

If it was then we would not make such a big deal about it.

Charlene, Anthonie and Sarah
Stony Stratford

■ SIR – Of course they should have a navitity play, this is a christian country and children should learn the basis of our Christianity just as they can learn about other religions if applicable.

Too often we are made to forgo our beliefs in case we upset other religions.

Let us keep our traditions and expand our children's education by learning about other celebrations and religionsinstead of giving our celebrations up in favour of others.

Frances Flitter
sent by e-mail

■ SIR – You have raised a very valid question as to whether the traditional nativity play should go on in schools in Britain.

The answer is definitely 'YES.'

Britain is a Christian nation and the Queen is the head of the Church of England.

Christmas has been celebrated in the West for more than 2000 years and Christian culture and traditions play a vital play in day-to-day life in Britain.

Britain is a multi-racial and multi-faith society.

In order to please a small group of non-Christians, it is totally wrong to give up Christian traditions during Christmas time. This goes against the very basis of multi-faith society.

Hindus celebrate Depavali in winter time and the same is the case for Eid celebrations for Muslims.

Muslims and Hindus are not going to change their festival names to secular names in order to please other faiths.

I strongly believe all children, irrespective of their religious faiths should take part in all religious festivals whether it is Christmas, Eid or Depavali.

Best wishes for merry Christmas and happy New Year for all the readers of the newspaper.

Arun Vaidyanathan
Bletchley

■ SIR – The nativity story and a Christingle service has been offered to every primary school on the west side of Milton Keynes by the churches of the Watling Valley Ecumenical Partnership (Church of England, Methodist, United Reformed Church and Baptist Union) and 14 of them have said YES!

Under the leadership of Rev Mike Morris, a team of 15 volunteers is going into schools in the last two weeks of term, working with them to produce a tailor-made service to include the nativity story, complete with costumes, and also an explanation of the Christingles which many of the children will have made, with the team's help, ready for the service.

It's all going really well and has been received with great enthusiasm by the children and teachers. Some have booked for next year!

So, we say YES! The nativity is alive and well in Milton Keynes!

Alison Drury
Nativity and Christingle team member and lay chairman, Watling Valley Ecumenical Council

■ SIR – We do think schools should still have a traditional nativity play

Brian and Maureen Andrews
sent by e-mail

■ SIR –We were thrilled to find that our school was running Christmas events this year which included at least something of the true meaning of it all.

That Jesus was born at around this time is a fact of history, he is the reason we celebrate at this time of year.

The Christmas story brings hope to other poor or displaced people as well as to those in 'higher' positions(like shepherds, refugees and kings and tells of God's desire for peace and goodwill towards all people.

Surely these are the sort of edifying messages that can uplift all of us and get life back into true perspective?

I hope we won't lose that with all the trappings andcomercialisation of this special time of year.

Mrs E D
sent by e-mail

Nativity brings a 'Sparkle' to traditional school play

SIR – Further to your article last week, I wanted to help reassure your readers that the traditional nativity is alive and well at Long Meadow School.

Our children in Years 1 and 2 have been performing the story of 'Sparkle!'. There are singing and dancing parts for 120 children.

It tells the story of Little Sparkle, a tiny star that longs to be noticed. When God needs a star to lead the wise men to Bethlehem, Sparkle is determined to outshine all the other stars.

Sparkle then moves to centre stage as he leads the wise men to Bethlehem to meet Jesus in a traditional nativity scene.

David Morley
Deputy headteacher, Long Meadow School

Oily a close friend

SIR – I am a 17-year member of the Barrel Bikers Mcc, and am now club secretary.

On reading the article in this week's MK NEWS I a little concerned to see that you have claimed that Mr Bell (Oily as we knew him) was a member of the Barrel Bikers MCC.

Oily was a very, very close friend of the Barrel Bikers and several of us personally, but he never joined our club at all.

Oily was a member, however, of the Tribal Gypsies MCC, but not at the time he died.

Please, if this can be corrected I would be grateful.

Zena
Club secretary, Barrel Bikers MCC

No to Tescotown

SIR – Doubling the size of Tesco in Wolverton has to be the stupidest idea I've heard for a long, long time. It's amazing that any of the town's councillors are even considering the possibility and last week's letter from J F Smith highlights the root cause of how these schemes come about.

Private funding of public amenities whether community facilities or road improvements are indeed very tempting for councillors who need to be seen to be achieving things.

People talk about 'back-handers' and 'money under the table' but why bother when the bribe can be legitimately and publicly handed over the table as something for the community?

The big supermarkets giveth as they taketh away and not recognising that there will be a very serious price to pay is plainly irresponsible.

The remaining shops in Wolverton and neighbouring towns would suffer even more and there would be more closures under the shadow of the giant.

But the craziest part about this scheme for me is the issue of traffic. No amount of tinkering with road junctions will change the fact that Wolverton's roads cannot cope with at least double the amount of traffic that a superstore of that size would bring.

I for one will be telling my parish councillor that I don't want to live in Tescotown.

G Yates
Cambridge Street, Wolverton

'Unique' noise

SIR – Great news on the article on 'Developers to get guide for new home designs' where you quote; 'We want each estate to have its own uniqueness'.

We have that uniqueness on the Barleyhurst Park Estate – we are unable to sit in our gardens or open our windows because of the excessive noise from the A421 Standing Way which has vehicles travelling in excess of 70 miles mph.

Twenty years ago we could sit out in our gardens and we could open our windows. Now we require treble glazing to keep the noise out of our houses

That uniqueness has been lost by MK road planners.

Please listen to your citizens who live by the so called grid roads and make plans that are compatable to all not just the passing vehicles which you are trying to despatch as quickly as possible.

Doreen Chambers
sent by e-mail

MORE LETTERS ON PAGE 6

LETTERS POLICY

Letters must arrive by noon on Monday. Full name and address must be supplied. Details will be withheld in only exceptional circumstances. Letters should be kept short and to the point and may be edited.

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Flowers in Wolverton Square where Atiq Rehman was killed

Teenager had 'devastating' head injuries

BY ALICIA BABAEE
alicia.babaee@mk-news.co.uk

A PATHOLOGIST has described the head injuries suffered by murdered Wolverton teenager Atiq Rehman as 'devastating'.

An inquest last Wednesday heard how the 18-year-old shop assistant from Victoria Street was hit with snooker cues and a bar-like object in The Square on May 15 this year.

He died two days later in hospital after undergoing surgery. He had suffered brain damage and more than 50 injuries to other areas of his body.

The assault was caught on CCTV.

Bilal Zaman, 20, and Usman Ali, 19, have pleaded guilty to his murder and are awaiting sentencing.

Ghur Rheman (no relation) and Harur Awan, have pleaded not guilty and are awaiting trial.

Atiq Rehman: Hit more than 50 times with snooker cues and a bar-like object

Dr Nicholas Hunt, forensic pathologist, said: "There were over 50 areas of injury to his body. I think it was descibed medically as a devastating head injury and I would concur with that absolutely."

He gave the cause of death as raised inter-cranial pressure due to blunt head injuries including bruises and cuts.

Coroner Rodney Corner adjourned the inquest until court proceedings are complete.

Iron bar attacker's sentence increase welcomed by CPS

THE Crown Prosecution Service has welcomed the Court of Appeal's decision to extend the sentence of iron bar attacker Jon Bushell.

Bushell's sentence for GBH with intent was increased from 12 years to 15 years on Tuesday.

On Saturday, November 4 last year Bushell, 27, from Foxhill in Sheffield, attacked two men in Stony Stratford with a metal bar, inflicting severe brain injuries to Detcho Stoyanov, 35.

In a statement released on Thursday, the CPS said: "We welcome the decision made by the Court of Appeal.

"John Bushell's victim suffered life changing injuries which have left him mentally and physically disabled for life.

"We believe that the decision to increase the sentence goes some way to punish the offender appropriately and act as a deterrent to others."

Attacker: Jon Bushell

Victim: Detcho Stoyanov

Victim: Brian Lydon

The attack took place on London Road in Stony Stratford at 11.45pm as Brian Lydon and Detcho Stoyanov walked home from the Forrester's Arms pub.

While Mr Lydon made a good recovery, Mr Stoyanov, a Bulgarian national from Hale Avenue, Stony Stratford, was initially given less than a five per cent chance of survival but miraculously survived with the support of his family and friends.

Huff and puff can't stop wind farm

PLANS to build a wind farm near Emberton have scraped through despite local opposition.

Seven turbines are to be built on Petsoe Manor Farm, near Emberton.

Milton Keynes Council's development control committee gave the go ahead at a two-hour special meeting on Monday night. with six councillors voting for and five against.

Around 200 people attended the meeting, some waving banners saying things like 'save our planet'.

The farm would produce enough electricity to power up to 9,000 homes and could reduce CO_2 emissions by 36,300 tonnes a year – equivalent to taking over 13,000 cars off the road.

A group known as Bucks Renewable Energy and Environment Society, or BREES, launched in April to support the plans.

But anti-wind farm campaign group Bucks Lacks Enough Wind (BLEW) argues that Milton Keynes is in a low wind speed area. It claims the plant will make little difference to local energy needs and the 125m high turbines will ruin views.

Fifteen nearby town and parish councils also objected with one parish council in support.

Peter Geary, of BLEW, said: "The committee last night ruined one of the greatest resources Milton Keynes has. This is the largest unspoilt area of Milton Keynes, the most tranquil place the city has. The footpaths will be ruined and the horse riders won't be able to use the bridal ways as the turbines will be too close."

BLEW is considering an appeal.

The council received 1,558 letters supporting the application and 272 against.

Committee chairman Cllr Brian Morsley, said: "For me it is a positive thing as I think everywhere in the world needs a renewable energy source."

Andrew Lockley, co-ordinator for Milton Keynes Friends of the Earth said: "The wind farm will provide a very significant source of green power. A large proportion of homes in Milton Keynes can now be powered by a locally generated source."

The company behind the scheme, Your Energy, hopes to have the wind farm operational in 2009.

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MK LETTERS EXTRA

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Does status matter?

SIR – It's about time the old argument on whether Milton Keynes is a city or not is put to bed.

Of course there is no Milton Keynes City and it is only a matter of conjecture on whether it ever will be.

But there is no doubt that when the building of Milton Keynes was introduced to the country by the then Prime Minister, Harold Wilson, in the late 60s he designated it as 'the new city of Milton Keynes' which is where the practice of calling it a city comes from.

Nothing wrong in that – Welwyn Garden City can also be called a city which it isn't – So whats the problem?

As if it really matters anyway.

Gerry Huke
Brendon Court, Furzton

Council data loss

SIR – I wish to register my dissatisfaction with the grossly incompetent way the council is conducting the concessionary fares scheme for pensioners.

On December 13, my wife received a letter from the Direct Buscard Team informing her that her application form for the scheme has been mislaid.

In consequence, she must now submit a new application and photograph.

These application forms contain personal details like National Insurance number, age and address, etc. They should therefore be handled with care. Perhaps the

The council is attempting to emulate Government departments which, as recent events have shown, regularly lose sensitive documents and data with impunity.

The original letter inviting us to apply for the concession, sent to us on August 1, contained the statement: 'in order for us to collate the relevant information and update our database from the many thousands of expected applications, it will be necessary for the council to receive your completed application within two weeks of the date of this letter.'

Now, four-and-a-half months later, the council is unable to find my wife's application.

I do not regard the claim made in the council's latest letter that 'a number of our records have been mislaid during a recent office move' as a justifiable excuse for the loss. During the move even greater vigilance than usual should have been exercised to safeguard the security of the records.

Name and address supplied

Hospital praised

SIR – I would like to offer my sincere praise to the staff of Milton Keynes Hospital.

About a month ago I had the misfortune to collapse at work. This in turn led to a stay in the hospital.

While I was there I observed that patients both on the wards and in A&E were treated as human beings, as opposed to 'lumps of meat'.

So I would like to say a big thank you to all the staff and to the 'tea lady' – she makes the best hot chocolate.

And also to let your readers know what a wonderful hospital and staff they have.

Geoffrey Berry
Galingale Close, Bicester

Give blood

SIR – It has been necessary for me to attend the Macmillan Unit at Milton Keynes Hospital for blood transfusions, so I have reason to be very, very grateful to all the people who have taken the time and trouble to donate blood.

With the party season in full swing and A&E probably busier than usual with accidents, can I remind folk that to donate blood takes only a little time and effort and costs nothing.

This donation could be just as important to someone's life as anything you give to charity this Christmas.

Barbara Saunders
Hammond Crescent, Willen Park

Death and dying

SIR – Following the recent coverage regarding end of life care (most recently the letter 'Hospice care'), readers may well be interested in hospital initiatives around this area of nursing.

Milton Keynes Hospital is currently running a course for nurses on death and dying in partnership with The Open University.

The hospital is one of the first trusts to offer the course in-house, which is designed to improve care for people who are approaching the end of their life.

Fourteen community nurses, nurses and ward-based Palliative Care Link nurses from across Milton Keynes are now undertaking the course. Eight of the places are funded by the charity Macmillan Cancer Support, which provides medical, emotional and financial support for better cancer care.

All of us will have to cope with death and dying at some point in our lives - our own, our parents' or a friend's. But, talking about death is still taboo in British culture.

Dying and bereavement are pervasive aspects of the human experience and education about these experiences is an essential part of training for health professionals.

A lack of understanding could result in unnecessary suffering, loss of dignity and diminished quality of life.

The also hospital follows the Liverpool Care Pathway, a set of guidelines for looking after people when they are dying, and awareness of the need for specific training for professionals in this area is increasing throughout the health service.

The Government's National End of Life Care Strategy will be published in 2008. Services need to be prepared to meet this change, and we have put systems into place now relating to the changes set to take place regarding end of life care, and to help ensure that the best possible care is delivered.

Lyn Meehan
Liverpool Care Pathway (LCP) lead at Milton Keynes Hospital

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‘Solo’ ambulances no risk to patients

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

THE ambulance service says patients will not be put at risk by an increase in vehicles manned by one person answering 999 calls.

The South Central Ambulance Trust says that despite reports in the national press last week two-person ambulance crews will not be split up to meet new response-time targets.

In fact the trust will be getting three more double crewed ambulances (DCAs) in the Oxfordshire and Buckinghamshire division by April 2008 as well as six more Rapid Response Vehicles (RRVs), which are manned by one person.

This means they will have 40 DCAs and 16 RRVs in the area.

A BBC News report on Tuesday, December 11 said ambulance unions and some doctors fear plans for vehicles manned by one person to answer more emergency calls in England could put patients at risk.

It claimed that South Central Ambulance Trust had confirmed it will be responding to most emergency calls by a solo-responder in the future.

A spokesman for the trust, Helen Robinson-Gordon, said: “The BBC took a very small element of a massive modernisation programme to improve patient services and took it entirely out of context so it’s not as simple as their story made out.”

She said RRVs only respond to non-life-threatening incidents and, that the increase in the numbers of RRVs is not a bid to get the service on the cheap.

“We, like ambulance trusts nationally, are responding to the Department of Health’s directive to improve patient services and ensure that the eight minute response time in 75 per cent of Category A [life-threatening] calls begins when the call is answered in the control room.

“The measures we are implementing – increasing staffing by almost 300, improved technology in control rooms and on vehicles and more vehicles on the road - are designed to help us meet those standards and improve services to the patient.

“For example, every minute that passes after onset of cardiac arrest, the survival rate diminishes by 10 per cent – getting there quicker means we increase that patient’s life expectancy.”

Inquest into stab death

AN inquest has taken place into the death of David Williams.

The 30-year-old father from Oldbrook Boulevard, was confirmed dead on August 3.

An ambulance was called to his home after he received stab wounds to his neck and chest. He was pronounced dead at MK Hospital.

Mr Williams’ wife, partner, his baby daughter and her mother were present at the inquest, along with his cousin who identified him at the chapel of rest.

Eric Erron Johnson has been charged with his murder and will face trial at St Alban’s Crown Court in May.

Coroner Tom Osborne recorded the cause of death as stab wounds.

Mr Williams, also known as Mark Howard Smith, was born in Jamaica.

Festive fire risk

FIREFIGHTERS are warning of risks during the festive season.

Fairylights, candles and alcohol lead to a rise in the number of deaths from accidental house fires over the Christmas period.

Buckinghamshire Fire & Rescue Service is urging people to look out for each other to protect loved ones, young and old, from the risk of fire.

Terry Ridgley, head of the community safety team, said: “Christmas is a time for having fun with family and friends, but it is also a time when extra fire hazards are introduced to the home.

“These include decorations which can burn very easily, Christmas tree lights which haven’t been used for a year, increased use of candles and lots more people than usual in your home.

“On the day itself, it’s not unknown for mum or dad to have a glass or two while doing the cooking, and this can sometimes lead to extra risks in the kitchen.

“We’re urging people to follow some simple fire safety tips so that everyone can have a happy and safe holiday period.”

People should check that their Christmas lights conform to the British Standard (BS EN 60598), not attach decorations to lights or heaters and to switch off and unplug lights before they go to bed and when not in use.

People are warned not to leave cooking unattended, to make sure smoke alarms fitted, to make sure candles are never placed near the tree, and to use an RCD – a safety device that can instantly switch off the power – on outdoor lights.

■ To arrange a home fire risk check call 01296 744477 or e-mail cs@bucksfire.gov.uk

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New-style air ambulance delivers Santa to hospital

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

A BRAND new helicopter will ensure a local air ambulance charity provides a faster service.

The Thames Valley & Chiltern Air Ambulance (TVCAA) Trust is to acquire an EC135Ti Eurocopter to replace its current machine in July 2008

The new chopper is specially adapted for medical use and, with a greater fuel capacity, will give longer flying times, while its extra power will afford greater access to tricky landing places.

It will have a red body and yellow nose and rotor blades.

TVCAA currently funds the operation of a yellow Bolkow 105 DBS helicopter, a design which is now being gradually phased out.

Colin Lee, TVCAA chairman of trustees said: "The arrival of this new helicopter marks a significant new era in the development of the air ambulance service in our region.

"It will greatly improve our ability to deliver fast and effective emergency medical care and amongst its many benefits and improved features is increased capacity enabling a carer, like a concerned mother, to accompany a patient to hospital."

The new helicopter, like the old model, will be acquired on a lease from Bond Air Services.

As it is currently being constructed Bond loaned the trust another EC135Ti Eurocopter last Thursday (December 13) to give Santa Claus a lift to Milton Keynes General Hospital to give sack loads of toys, donated by Mattel UK, to youngsters on the children's wards.

Four-year-old Daniel Parkin, from Chieveley, who was rescued by the air ambulance six months ago when he was trampled by his mother's horse, was also there to meet Father Christmas and admire the new helicopter.

His grandfather, John Hayward, said: "What was interesting was that he was clearly very shocked but his mother could go with him only if one of the medics didn't go aboard the helicopter, so one of the paramedics was left in the field.

"Whereas the new one is bigger and will take two medics plus a patient, plus a relative if it helps, which is one of the big advantages."

TVCAA, launched in June 1999, operates from RAF Benson in Oxfordshire and serves the people of Buckinghamshire, Berkshire and Oxfordshire.

The trust is a charity which receives no funding from the NHS or from the National Lottery, but relies entirely on sponsorship, donations and fundraising activities to meet the running cost of £1.2million per annum.

Santa and his little helper arrive at Milton Keynes General Hospital by air ambulance similar to that which will enter service in July

MKNEWSBRIEFS

Alternative learning

AFRICAN drumming, news reporting, and anti-bullying were just some fo the things students at Oakgrove School have been able to learn about recently.

Students at the school have been taking part in a series of 'shuffle days' where students get the chance to develop new skills from the local community.

One of the subjects involved Year 8 students taking part in a mock trial helped by Buckinghamshire's local Magistrates' Association.

Student reporters from local primary schools, Monkston, Middleton, Broughton and St Bernadette's aided the Oakgrove student reporters' group, and a student film crew were on hand to film the fun.

Assistant head Melissa Gardner, who designed the days, said: "Shuffle Days are fun at Oakgrove, they encourage team work and new skills to be learnt. We try and get many people in from the local community to help us make them as interesting and involved for the students."

Christmas gifts for care kids

CHILDREN in care will have gifts to open on Christmas Day, thanks to workers at Argos head office on Avebury Boulevard.

Staff have been asked to take a gift tag listing a child's age and sex from reception, then buy a present for that child.

Presents will be put under a Christmas tree in the atrium, ready for city mayor Mike Barry and the head of social services to pick them up. They will hand them over to the city's looked after children so that they receive something on Christmas morning.

And chief executive Terry Duddy had promised that if 1,000 presents are collected then he will double it.

Last year staff handed over 600 presents.

Conditions apply to club's opening hours

Three Buddha Blue doormen must remain suspended until January hearing

BY ALICIA BABAEE
alicia.babaee@mk-news.co.uk

> We're delighted to be given our hours back that we chose to increase until 4am

– Buddha Blue general manager Robin Lyle, far left, with owner Anfor Farooque

A NIGHTCLUB that had its opening hours cut by MK Council licensing committee has had them extended again – with conditions.

Management from Buddha Blue, in the Theatre District, will have to meet with police once a week and three named doormen must remain suspended from duties until a full review is heard in January.

The club's hours were cut from 5am to 3am after police were called to an alleged assault outside the club in the early hours of December 2.

Door staff allegedly provoked fights and serious disorder. One person was arrested and later released on bail.

An emergency meeting of the licensing sub-committee was called on December 6 following an application by Thames Valley Police.

But last week, after a suggestion from club operator Anfor Farooque, the committee agreed to allow the club to open until 4am.

A condition demanding that doorstaff are easily identifiable remains.

The application for a fast track review of the licence was made under powers introduced by the Violent Crime Reduction Act 2006 which amended the Licensing Act from October 2007.

It is the second application in Milton Keynes following the application for the Nexus nightclub in October led to its licence being surrendered.

The arrested person is due to answer to bail later this month.

Buddha Blue general manager Robin Lyle said: "We're delighted to be given our hours back that we chose to increase until 4am.

"We would like to take this opportunity to thank our customers for showing their support and assure them that Buddha Blue will continue to become one of the best RnB clubs in the UK."

Home doctor kits to go into more homes

AN early warning device to monitor the health of residents in their own homes is set to help ease the burden on doctors and the hospital during the Chistmas holidays.

Milton Keynes Council and MK Primary Care Trust are testing the idea of having a virtual doctor in the home 24/7 in the form of the Tunstall Genesis – a health signs monitoring device.

Launched last Christmas, the Tele-health scheme is running in ten homes across the city to help residents who suffer from a range of respiratory health issues including asthma, emphysema and bronchitis.

The project has been so successful that it is to be expanded in the New Year with five more monitors installed.

The monitors work by allowing the user to run a few simple daily tests to check on blood pressure, oxygen levels and weight, and if signs are above normal the machine sends an alert to the community alarm service team which then arranges for a district nurse or community matron to call.

They can then treat patients showing early signs of distress before they become seriously ill and in need of hospital care.

MKC community alarm service manager, Sandra Rankin, said: "Using the Tele-health monitor helps people to feel more in control of their long term condition and increases their ability to manage their own care.

"Using the monitor gives people a feeling of well being and security and avoids unnecessary hospital admissions thereby increasing their quality of life."

If adopted across the UK this scheme has the potential to save the health service millions of pounds by reducing the need for patients to frequently attend hospital taking up a bed while they are checked over.

Mini cab company fined

A SOUTH Northants minicab company has been left more than £600 out of pocket after illegally operating a private hire vehicle without the driver having a relevant licence.

Mohammed Ishtiaq Siddiq, who is the manager of South Northants company Speedline, was found to have operated a private hire vehicle without the driver having a licence in March of this year.

Private hire vehicles, drivers and operators must be licensed correctly – the licensing criteria is in place for the protection of the travelling public and to ensure drivers have passed high standards before a licence is issued.

On Friday Mr Siddiq, appeared before Milton Keynes magistrates to admit two counts of operating a private hire vehicle without the driver having a licence to drive a private hire vehicle and operating a private hire vehicle without the driver having a licence to drive a private hire vehicle and without holding a copy of the private hire driver's licence.

The court heard that the offences happened in Milton Keynes between February and April.

Mr Siddiq was fined £150 for each offence and ordered to pay £300 costs.

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Celebration time as MK NEWS-sponsored MK College football team win the league

College takes league title

THE MK NEWS-sponsored Milton Keynes College football academy team is celebrating the festive season after wrapping up the SESSA Division One League Title with a spectacular 10-1 romp over local rivals Bedford College.

The MK team has overcome stiff competition from colleges and universities all over the South East to claim the first trophy of the season. Team coach Mark Walsh is not resting on his laurels though, he said: "With the team still competing in the British Colleges Sport League and two further cup competitions we hope that more trophies will follow,"

The team has gone from strength-to-strength since being boosted by MK NEWS shirt sponsorship at the start of this season.

MK College marketing manager, Chris Rice, believes the kits have made a positive impact on the team.

"Not only do the guys look the business in their sponsored kit, they're doing the business on the pitch. This is a fantastic achievement and shows what a great reputation for sport we are building at MK College."

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Who will deal with your affairs and welfare if you can't? Don't lose your right to choose your Attorney by waiting until its too late.

From the 1st October 2007 the Enduring Power of Attorney (EPA) has been replaced with a revised type of power called a Lasting Power of Attorney (LPA). However, EPAs made prior to 1st October will continue to be valid.

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Unlike the EPA, an LPA will need to be registered with the Court of Protection before it may be used by your attorney (s). A person can make two types of LPA.

A Property and Affairs Lasting Power of Attorney (LPA) allows you to plan ahead by choosing one or more people to make decisions on your behalf regarding your property and financial affairs.

You can appoint a property and affairs Attorney to manage your finances and property whilst you still have capacity as well as when you lack capacity. For example, it may be easier for you to give someone the power to carry out tasks such as paying your bills if you find it difficult to get about. Please note that the document has to be registered before it can be used.

A personal Welfare Lasting Power of Attorney allows you to plan ahead by choosing one or more people to make decisions on your behalf regarding your personal healthcare and welfare.

As you can see the protection offered by an LPA can be invaluable. ***Please contact us today to see how we can help.***

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AA670970

Baby-loss couple wait for new home

BY ALICIA BABAEE
alicia.babaee@mk-news.co.uk

A FAMILY who lost their unborn baby due to the stress of being racially abused will not be getting the Christmas present they had hoped for.

Five weeks ago MKNEWS reported how Pakistani couple Shaun and Afshan Hussain, who had begged Milton Keynes Council to relocate them from West Bletchley where they are living in fear, were told they could not be moved.

Last week Mr Hussain told us of their joy after the council said it had found them a new home.

After going to look at it, he said: "Both me and my wife like the property very much.

"Hopefully this matter will be resolved soon and I will be moving in by Monday next week, fingers crossed."

But now their hopes are in tatters because the property's current tenants cannot move out until their new property is ready.

It is now not known whether they will get the property at all.

Previously Mr Hussain accused the council of negligence.

The couple has been subjected to racial torment since moving to West Bletchley three years ago.

After vandals used black marker pen to scrawl racist comments on their door at Stirling House, Afshan - who was six weeks pregnant at the time - was scared and became depressed.

Her GP from Whaddon House Surgery wrote to Milton Keynes Council recommending that they were moved.

Dr Amel Garshoum's letter said: "She was upset and concerned about the wellbeing of herself and her baby due to being harrassed anonymously at her home, where graffiti has been written in front of her door.

"I would appreciate your help in arranging for this lady and her family to relocate to more suitable accomodation."

Shaun Hussain outside Stirling House on Chester Close in Bletchley

Doctors told them it was likely Afshan miscarried five or six weeks before, around the time that the racist vandals struck.

In previous attacks the family has had eggs thrown at their window, a video thrown at their window, and been verbally abused in the street.

Despite getting the maximum number of points in a scoring system that sorts out which tenants can be rehoused, they were told there were no houses.

Yesterday a council spokesman said: "We were hoping to have a new home for this family before Christmas.

"Unfortunately we are not quite there yet, but we are pushing it as much as we can."

Navrita Atwal, director of the Milton Keynes Racial Equality Council, said in November: "It is a real tragedy that Mr and Mrs Hussain have lost their baby as a result of the stress suffered due to various forms of racism.

"This kind of act cannot be tolerated by society. The perpetrators must know that any form of racism is an offence and if found guilty they will be punished for their actions.

"The council should not tolerate any kind of racist behaviour or racist activities on or near council estates."

MKNEWS BRIEFS

Screwdriver stabbing

A MAN has appeared in court after a 24-year-old was stabbed with a screwdriver.

Alan Jay Stratford, 27, of Granby Court, Bletchley, faced one count of GBH with intent at Aylesbury Crown Court on Wednesday.

The stabbing took place at Chapter House in Coffee Hall on Tuesday, December 4. Mr Stratford was remanded in custody and will enter his plea at Aylesbury in February.

Two jobs for new boss

MILTON Keynes Primary Care Trust has appointed a new chief executive.

From January 1, Dr Nicholas Hicks, 49, will succeed Barbara Kennedy after her decision to take early retirement.

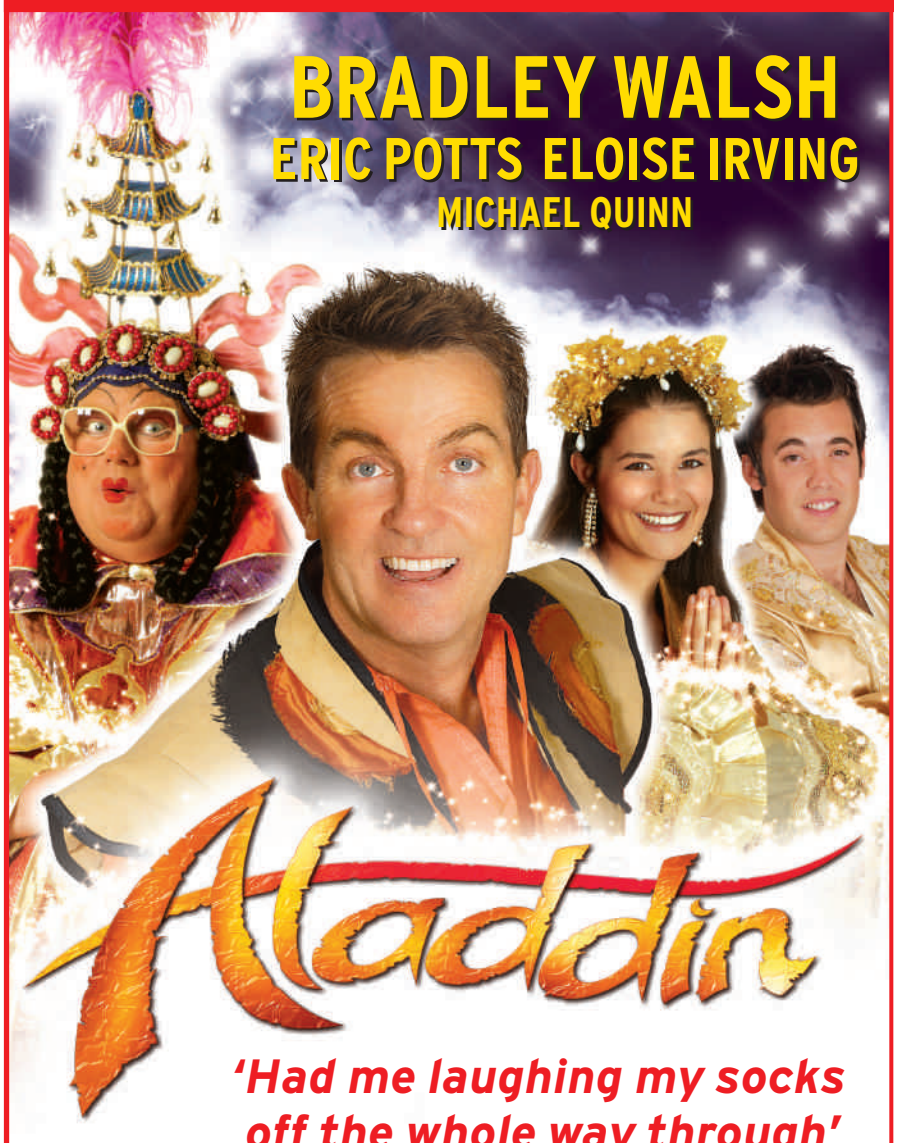
Dr Hicks will continue working as Milton Keynes' director of public health alongside his new role.

Santa Sainsbury's

YOUNG people staying at the YMCA in Milton Keynes will receive surplus food from Sainsbury's.

The Milton Keynes store has formed a partnership with the shelter home based in North Row so that it can donate excess fresh food products. The food is within its use-by date and will help to feed up to 122 people living there.

The only panto that will make all your Christmas wishes come true!



'Had me laughing my socks off the whole way through'
MK News

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AA672160

Positive support for HIV-Aids sufferers

This Christmas a city support service is dropping off food parcels to HIV-Aids sufferers in Milton Keynes. Reporter LAURA HANNAM has met with the founders to find out about the service they provide

Tina Appiagyei and Debbie Nelson of Shika Tamma Support Services

MORE than 500 people are diagnosed HIV positive in Milton Keynes and many more could be suffering in silence.

Shika Tamaa Support Services, STaSS, has been set up to provide support to these people and those affected by the condition.

Shika Tamaa means 'living in hope' in Zwahili.

Based in Monkston it was founded in May by project manager Faustina Appiagyei and strategy development manager Debbie Nelson.

The independent service currently supports 80 people infected or affected by HIV-Aids and the pair hope to help more people in the future.

"The demand is out there in Milton Keynes," said Faustina.

STaSS provides a variety of services including one-to-one support, a monthly health workshop where information is provided on healthy eating, dieting and the importance of medication and a Speakers Bureau, where people who are newly diagnosed with HIV-Aids can meet with people who have been living with HIV for some time.

Faustina explained: "We run this because most people when they are diagnosed HIV positive think their life has come to an end, that it's a death sentence really, but there are people who have lived with HIV for ten, twenty years.

"So we are trying to encourage people to look to the brighter side of life basically."

She said supporting people with HIV-Aids requires more than just giving them 20 to 40 tablets a day.

"It can be very lonely for a lot of people who are HIV positive," she said.

"A lot of people before they are diagnosed would probably go out with their mates on a Friday night and have a drink.

"When you are on the medication you cannot take alcohol as you would be risking your life, so people may be asking questions and unfortunately a lot of people decide to isolate themselves to avoid the stigma.

"It is a social problem - people need someone to talk to, people want to go back out there and work and gain their self respect back, have that confidence.

"Sometimes not having all these things and sitting at home looking at the four corners of the walls drives you crazy and the medication alone is not going to help you need that emotional support."

The pair also aim to raise awareness to fight the stigma attached to HIV-Aids and the idea that it is associated with a particular race or sexuality, which they say is still present in Britain.

"Debbie and I were at the city centre on Saturday, which was World Aids Day, giving out leaflets and handing out red ribbons and some people would look at us and their face just says it all – I haven't got it, don't give that to me," said Faustina.

"The stigma is still out there, so that is why we are trying to eliminate or reduce it so that people know that yes HIV is real but you are not going to get it just by touching somebody."

They hope to focus on young people and help to provide sexual education to the new generation.

"If you look at the statistics people between the age of 18 and 25 are the most infected so this is why we are trying to get a sexual health pocket magazine out targeting the young people," said Faustina.

Both Faustina and Debbie give hours of their spare time every week to provide the service, alongside full time jobs.

They hope to dedicate all of their time to STaSS if they get the funding.

STaSS also has four volunteers including nurses, support workers, a midwife and someone who has worked with the Department for Work and Pensions and can help people fill out their benefits forms.

STaSS does not charge for its service, as many of its clients are living under the poverty line, so relies on grants and donations to keep going.

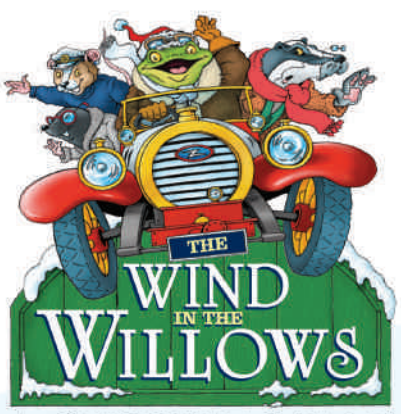
It is supported by Enterprise Gateway, Milton Keynes Community Foundation and Milton Keynes Council of Voluntary Organisations.

■ To find out more call 07908 802764, email info@shikatamaa.org.uk or visit www.shikatamaa.org.uk

This December be inspired like Mole and you'll say

Hurrah! Lots of late night shopping

For magical Christmas shopping, make sure you join Toad, Ratty, Mole and Badger at thecentre:mk. This year our spectacular Wind in the Willows show and Santa's Grotto are the talk of the whole riverbank. Inside the Centre you can meander though a snowy wonderland full of charming woodland characters, stroll round 230 stores full of great gift ideas, and try some festive fare at our many cafés and restaurants. Plus, there's late night shopping throughout December* to give you more time to find just what you're looking for - without rushing about like Mr Toad. Hurrah!



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Christmas Day	closed		
Boxing Day	11am	– 5pm	
December 31	9am	– 5pm	
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Russell's Love & Relationship Horoscopes

Aries (Mar21-Apr20)
It shouldn't be left entirely to you to do everything; if you don't speak up now, you might have to wait a while for the chance to come around again. You're coming up with some great ideas for everyone's Christmas stockings! Call my Aries advice line09065 504 342 to hear why some members of your household really must pull their socks up this Christmas. If they've promised to give you a helping hand with certain festive tasks, make sure they keep their word.

Taurus (Apr21-May21)
Someone knows you better than you think and you'll be grateful for their help before the working week is done. If you're single, someone is about to reveal their feelings for you run deeper than you imagined. You don't need the mistletoe to find romance over the coming days! Call my Taurus advice line 09065 504 342 to hear why you must make life easier for yourself this Christmas by not expecting too much from yourself! The more you try to pack into your days, the more stress you are inviting into your life.

Gemini (May22-June21)
You seem to have found a great balance between work and play this year. You're having a great time seeing friends and attending festive get togethers while giving the home and family plenty attention to. Call my Gemini advice line 09065 504 342 to hear why if you're still rushing around and wrapping up gifts you must make sure they are properly labelled. Someone could misread a gift tag on Christmas Day and spoil what was meant to be a big surprise.

Cancer (June22-July23)
You have so much to do and so little time to do it that it's hard to keep it all together and stay organised. Santa and his little helpers may be in full flow now but you seem to be struggling alone. Call my Cancerian advice line 09065 504 342 to hear why you shouldn't be afraid to alter or even cancel some arrangements if it is all getting too much for you and why if there are chores that can be left for a wee while you should leave them for another day and give yourself a break.

Leo (July24-Aug23)
A friend or workmate is panicking and seems to be ultra-disorganised this Christmas. If you stay calm, you could be highly influential in pushing others back into a positive, festive frame of mind! Call my Leo advice line 09065 504 342 to hear why life is a little unsettled right now so you must try to take any sudden changes of plan in your stride. It will be disappointing if things get cancelled at the last moment but you will soon find other ways to fill your days.

Virgo (Aug24-Sept23)
There's absolutely nothing wrong with a little self indulgence every now and again. Accept help whenever it's offered. Don't underestimate the importance of working as a team at home or at work. Call my Virgoan advice line 09065 504 342 to hear why you're doing so much for so many people that you may not have a chance to stop for a moment and think about yourself. It's a hectic time of the year and you're bound to feel worn out, weary and wan if you don't get any relaxation.

Libra (Sept24-Oct23)
There's a sociable and festive note in the air and you could be swamped with invitations to join friends, relatives and neighbours so you'll have to pick and choose what you're going to do over the coming days. Call my Libra advice line 09065 504 342 to hear why if you've not been in touch with friends or family who live some distance away this is a perfect time to play catch up. Your home is crammed with Yuletide goodies and you might wonder if you've gone over the top in your Christmas preparations!

Scorpio (Oct24-Nov22)
Good company is important at this festive time. So why do you want to shut yourself away from the world? The problems on your mind aren't going to be put right instantly. Try not to prey for too long on things that might never happen. Call my Scorpio advice line 09065 504 342to hear why you should spend your time with lively and positive people who will swiftly take your thoughts away from serious concerns and why you may hear news of a recently sent card, gift or letter that's lost or delayed.

Sagittarius (Nov23-Dec21)
What good is Christmas if in all the festive hurly-burly you forget to relax and enjoy yourself? Be firm, but fair with loved ones when asking for help about the house. Arrange it so you have ample opportunity to join in the celebrations too. Call my Sagittarian advice line 09065 504 342 to hear why fun and laughter will be great stress relievers and if you are working between now and New Year direct dealings will be more successful than relying on emails, letters or phone calls.

Capricorn (Dec22-Jan20)
Aim to take some of the stress and strain out of your life by putting time aside to call your own. Your creative abilities branch out in new directions through a joint hobby or interest. Thinking about the true meaning of this festive season will help calm you inwardly. Call my Capricorn advice line 09065 504 342 to hear how Christmas will bring serious temptation if you are on a diet or aiming to make large scale lifestyle changes. Could you take a break and start again in 2008?

Aquarius (Jan21-Feb19)
Despite the temptation, it is not a good idea to over extend your credit cards. If you can't afford it, don't buy it! You're tempted to be generous but you still have to live with all the bills after Christmas. Call my Aquarian advice line 09065 504 342 to hear how a friendship warms up because you find it easier to share your feelings and why a reunion with old friends or relatives who live some distance away will help make the festivities even brighter.

Pisces (Feb20-Mar20)
You might feel a little anxious that you're about to let yourself in for something that's going to be a lot more costly than expected. If you're having second thoughts about getting involved, don't leave it too long before you let people know. Call my Piscean advice line 09065 504 342 to hear why visiting a friend or relative you've not seen for ages will give you both a real buzz of pleasure and lasting happiness and why you need to think through thoroughly a new opportunity for the future.

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TO celebrate the opening of its new state-of-the-art sofa superstore in Winterhill on Boxing Day, ScS has teamed up with MK NEWS to offer one lucky reader the chance to win £500 to spend on the sofa of their dreams.

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The stunning new look ScS superstore in the Winterhill Retail Park provides a bright and spacious layout and, with many sofas helpfully laid out in mini roomsets, customers are given an instant idea of how the range could look in their own home.

So that everyone can join in the celebrations, all ScS customers are being welcomed with exclusive money-off vouchers.

Offering substantial savings, the vouchers are redeemable across the entire range, including the stunning Roxy sofa (pictured).

Plus, ScS is also offering savings of up to 50 per cent, up to three years free credit, no deposit and you don't need to pay for one whole year on many sofas.

Visit the Milton Keynes store, call 0800 731 0048 or log on to the website www.scs.co.uk for more information.

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To win the £500 voucher on offer, just answer this simple question: What day is ScS's new Milton Keynes store opening?

Send your answer, along with your name, address and daytime phone number to MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes, Bucks, MK15 0DU, or email competitions@mk-news.co.uk

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AA672157

Police chief backs cops' pay dispute

BY ROB GIBSON
rob.gibson@mk-news.co.uk

POLICE in Milton Keynes have been backed by their Chief Constable as a national pay dispute deepens.

Chief constables across the country have roundly criticised the move by Home Secretary Jacqui Smith to withhold three months' back-dated pay – effectively reducing an award of 2.5 per cent to 1.9 per cent, which is within the Government's target of two per cent for the public sector.

A statement from Chief Constable Sara Thornton and Christine Weston, chairman of Thames Valley Police Authority, said: "The police pay award of 2.5 per cent was a result of independent arbitration and as a matter of fairness this arbitration should be binding on the Home Secretary.

"Thames Valley Police Authority made provision for a rise of 2.5 per cent from September 1 in the current budget and the award is therefore affordable."

> Thames Valley Police Authority made provision for a rise of 2.5 per cent ... the award is therefore affordable
>
> **– statement from Chief Constable Sara Thornton, left, and Christine Weston, chairman of Thames Valley Police Authority**

The Police Federation has passed a vote of no confidence in the Home Secretary and called for her resignation.

They also plan to ballot 140,000 officers on whether they want to gain the right to take industrial action, though federation leaders said they did not believe police wanted to strike and jeopardise public safety.

Bottle used in racist attack on care worker

A CARE worker has been attacked by a gang of racist thugs after trying to protect a young girl.

Police are appealing for help from residents in Monkston after the incident on Saturday, December 8.

The care worker was in Chicksands Avenue trying to persuade a young girl to return home at 4.30am when three men stopped him. The group racially abused the man before one smashed a glass bottle over his head, repeatedly hitting him until he fell to the floor.

When the victim started to shout for help the trio ran off.

Officers are appealing for anyone who heard a disturbance in the early hours of Saturday morning or who has any other information about the attack to call them on 08458 505505.

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AA672159

Mutts' boutique deal a marvel

A DOGGY boutique in Aspley Guise is supplying its goods to Selfridges.

And now Max and Margot has secured exclusivity in the UK to retail and wholesale the Marvel Comics Collection of superhero T-shirts for dogs.

The superheroes featured on the tops which are made in Los Angeles and include Captain America, Spider-man, Silver Surfer, Incredible Hulk, The Invisible Woman and Wolverine.

The Internet store was launched in November 2005 and offers the latest 'it' items for mutts.

Recently a dog tuxedo supplied by Max and Margot was featured on TV show This Morning.

Other gifts available at maxandmargot.co.uk include rhinestone collar charms, a Dog Perignon plush toy, and a fairy costume dress. They are chosen according to catwalk trends so that pooches can match their owners.

New plans drawn for 'mega church'

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

PLANS for a community centre and church in Shenley Brook End are back on.

The proposals, which were withdrawn temporarily in July due to concerns about parking, have been resubmitted to Milton Keynes Council.

The Church of God of Prophecy (COGOP), which is currently based in rented property in Medbourne, plans to construct a two-storey building in Manifold Lane with facilities for a place of worship, nursery, youth centre, IT rooms and teaching space.

The application was due to be decided at a meeting of the development control committee of MK Council on Thursday July 26.

However, the plans were withdrawn by the applicant because the Highways Department was-concerned about inadequate parking and, due to late objections submitted by Shenley Brook End residents.

The applicants also had not given 21 days notice to the landowner, prior to the plan being submitted.

The COGOP, which has had a branch in Milton Keynes for 25 years, held a meeting in Shenley Brook End Village Hall at the beginning of July to give local residents the chance to air their views.

Around 70 attended and expressed concerns about the size of the building, the effect on traffic, inadequate parking facilities to cope with the maximum capacity of the church hall, which could take up to 720 people, the noise of music during services, weddings, and parties and the large groups of people that would be using the site.

COGOP pastor, Marvia Richardson, said the church's architect has met with residents and altered the plans in an attempt to accommodate their concerns.

"The building was 1,960 square metres and we have taken this down to 1,850square metres, so the ground floor area is smaller," she said.

"We have also upped the number of parking spaces to 100 and adjusted the entrance for deliveries.

"I think they would like it to be even smaller but it needs to be large enough to accommodate what we want to be done in the building."

Peter Ballantyne, chairman of the Shenley Brook End Residents' Association, said he cannot understand why the building needs to be so big.

"To put it into context the Salvation Army hall seats 250, the Church of Christ the Cornerstone seats 380, this will have 700 seats," he said.

"They have not done much to make it smaller."

He added: "I want to make it clear that it is not about the church or its beliefs, it is just that the building is too big."

The site has previously been granted permission, in 2004, for the Milton Keynes Hindu Association to build a community centre, despite opposition from residents and MK Council.

After months of campaigning to win the fight the Hindus decided to build on another site in Broughton.

Balcony scene behind 'Juliet' bars

VITAL safety improvements have begun on flats at the local centre at Heelands, Milton Keynes.

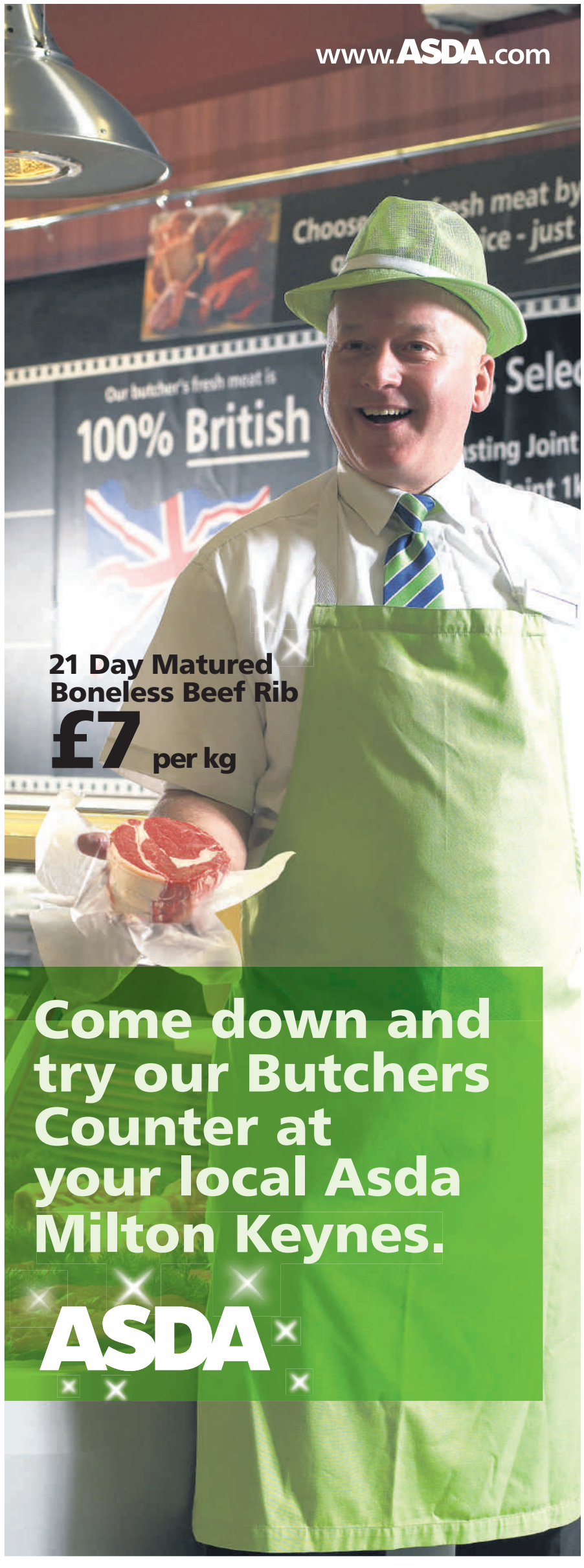
The plan is to remove the balconies next year at the Swinden Court local centre, but scaffolding has already been put up as a precaution.

The initial work involves replacing loose – and potentially dangerous – tiles on the top of the balconies.

A footpath below the balconies on the western side of the centre has also been closed off, although the footpaths along the parade, providing access to the shops which are open, allowing business to continue as usual.

Once the balconies have been removed, special 'Juliet' bars, will be attached to residents' French doors, to prevent any possible accidents.

A council spokesman said: "We will try to keep disruption to a minimum, but this work is bound to cause some inconvenience. However, the balconies desperately need removing for health and safety reasons."



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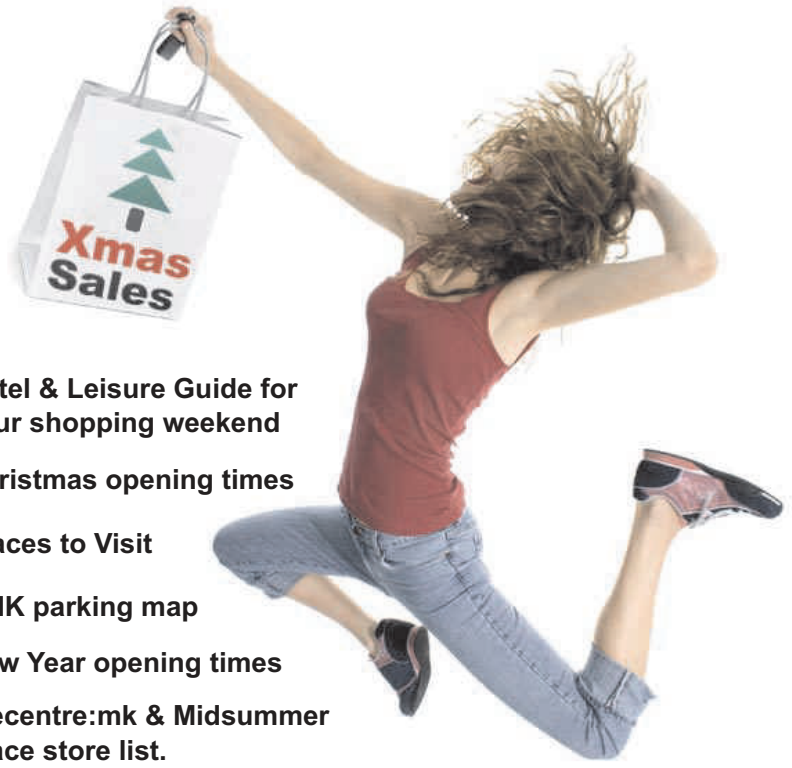

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Alicia shows her dress fit to greet the Queen

IT was a dream come true for one schoolgirl when she had a chance to meet The Queen.

Alicia Patey who attends Oxley Park Primary School was lucky enough to present a posy to Her Majesty when she officially opened thehub:mk.

Staff at Frontier, the developers, put names in a hat to see whose offspring would get the chance.

At school on Monday, Alicia showed off the dress she wore for the big day to friends and teachers and told them about the big day

Alicia said: "It was great to meet The Queen, I was so excited. She is lovely".

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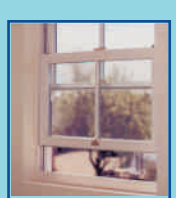

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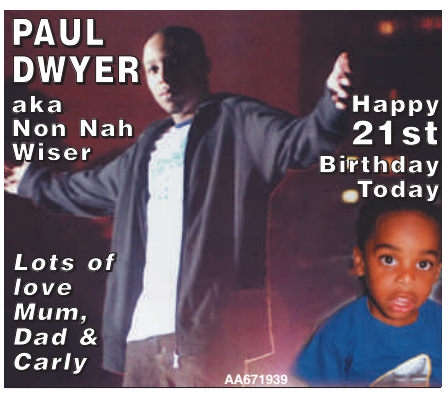
MKANNOUNCEMENTS

Birthdays



PATRICIA COGORNO
Happy Birthday Tomorrow

AA672683

Lots of love Felipe, David, Gabriel & Dominic

Happy 1st Birthday ALICE
on the
19th December 2007

AA672540

Lots of love from Mummy & Daddy

Sweet 16 SAM HEDGES
18th December

Happy Birthday Boo
Lots of love
Mum and Stu xxx

AA671936

Happy 25th Birthday Today BECKY & Happy 1st Birthday MALAKAI
27th December 2007

AA672191

Love from all the family xxx

GOTCHA! Happy 80th Birthday JOHN

AA672184

With love from all your siblings xxx

LUYA Kathryn. Happy 21st birthday on Tuesday 18th December. Enjoy! love from all the family x

AA672437

SOPHIA ELAINE McAULEY
Happy 18th Birthday
19th December 2007

AA671979

Love you lots
Mum, Dad & Rich xxx

KEN BERGIN
Congratulations on your
50th Birthday
16th December

AA672294

Love from Lesley, Lisa, Matthew, Brenda, Cliff, Susan & Mick

AMY SWALLOW
Happy 18th Birthday 'Swallowbird' on the 21st December 2007

AA672188

All our love
Mum & Dad xx

MKNEWS

Birthday Memories

Treasured Birthday memories of my dear husband
CHARLES HILL
'Charlie'
20th December
One smile for all, one heart of gold, One of the best this world could hold, Never selfish, always kind, What a beautiful memory you've left behind.
Love and miss you always
Laura xx

AA672136

Birthday Memories

PETER HARDING
Thinking of you on your Birthday Dad.
Gone but never forgotten.
Love and miss you so very much, this and every day.
Your loving son and daughter-in-law
Michael & Lynn

AA672536

PETER HARDING
Remembering my darling husband Peter on his birthday.
Loving father of Michael, father-in-law of Lynn, grandad of Simon and Lysa and great grandad to Sophie, Chloe, Peter and Laura.
Your loving wife Peggy

AA672532

Anniversaries

KEITH
Thank you my Darling for 40 wonderful years.
My love is yours forever and ever.
Lois

AA672137

Anniversaries

Congratulations
LINDA & DAVID MARTIN
on your
40th Wedding Anniversary
All our love always
Teresa, Joanne, Nicola, Lee & Emma

AA671983

LOIS & KEITH BROWN
Congratulations on your
Ruby Wedding
16th December

All our love James, Sally, Clare, Richard, Harrison, Jack & Kian xxx

AA671697

In Memoriam

STEVE WEST
20th December 2006
You were the best Dad and mate.
There is a gap in my world without you.
Love Ben x

AA672339

In Memoriam

RON WHITE
Still very missed, but never forgotten.
Much love Steve, Terry, Jenny & Jimmy

AA672147

LEO MULLEN
Passed away 4th December 2005
Two years have passed since you left us Dad.
Sadly missed by your five sons, Luke, Leo, Damien, Pat & Dan.
No words are needed from me Leo, Memories can't be taken away.
Mary x

AA671965

In loving memory of a dear husband and father
PATRICK JOSEPH McGOVERN
Passed away 13th December 1975.
Gone but not forgotten.
His loving wife Bridie, son Anthony and grandchildren Kelly & Joseph

AA672430

MICK HARLEY
17th December 2006

Part of my life you were for so long,
Life is not the same since you've been gone,
So much for granted we take each day,
Hoping things will stay the same old way.
But you were tired, no longer could you fight,
God took your hand towards the light,
Many tears I have shed,
But smile when remembering what you said.
Over the rainbow I'll meet you there,
Then once again our life we will share,
But for now dear you have a nice sleep,
In your new home, safe in God's keep.
Nite, Nite Lemon Squeezy
Loves ya lots.
Flo x

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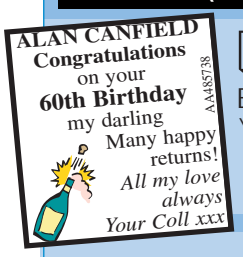

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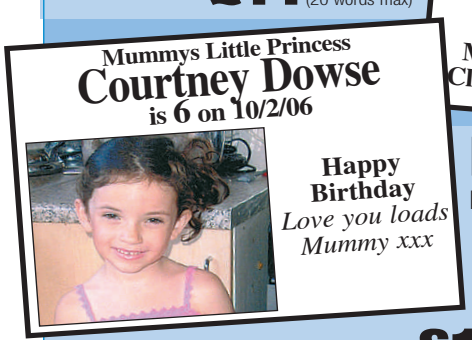

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Red lorry, yellow lorry

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

A DONS fan is using his company to drum up more support for the club.

Businessman Robert Caen, 45, has turned his 1st Class Transport lorry into a moving advert for the club to demonstrate his love for them.

Robert, owner of the Wavendon-based firm, spent £20,000 on the Dons designed haulage and transport lorry but believes it was worth every penny.

"The trailer set me back £17,000 while the curtains, which are almost a moving billboard, were just over £3,000. We needed a new trailer anyway, so it was totally worthwhile spending the money.

As a season-ticket holder the idea came to Robert 18 months ago and he has been in contact with the club throughout.

"The lorry is only four or five weeks old but already we have had feedback," Robert added, "our driver has had a few hoots on the motorway. He has also been to places like Northampton and High Wycombe where, as you would expect, the reaction has been a bit mixed.

"You have people advertising brands and company's on haulage vehicles but I'd never seen a local football club promoted in this way."

Once the lorry had been made over Robert took it down to stadiummk to show chairman Pete Winkelman and Mark Wright

"When I met Pete he seemed over the moon, I believe 'made up' were his exact words. I don't think he could believe that I had done it. But I thought a new place, new club and why not try a new idea. Support and belief for the Dons is growing all the time, crowds are higher than ever, we're in a fantastic position and if I can help give a little expose to the club then it's job done."

Player Mark Wright with 1st Class Transport owner Robert Caen and chairman Pete Winkelman admire the newly-liveried lorry

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Health Matters

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Hic! Merry Christmas

The season to be merry is once again upon us. It's a busy time for us all, that office party and those festive celebrations with family and friends. They can all take their toll, especially on the liver!

Without wanting to spoil the fun, here are a few tips on how to help you survive the excesses of the party season.

How much is too much?

We have all heard about the number of units we should or shouldn't drink, but what does this really mean?

A unit of alcohol is 10ml of pure alcohol. Counting units of alcohol can help us to keep track of the amount we're drinking. It's important to bear in mind that some drinks are available in different strengths; this is especially true if you're drinking export beers, high strength beers or pouring your own measures at home as they are usually far more generous than pub measures.

Basic guide is:
A pint of ordinary strength lager = 2 units
A pint of strong lager = 3 units
A pint of bitter = 2 units
A pint of ordinary strength cider = 2 units
A 175ml glass of red or white wine = 2 units (approximately)
A pub measure of spirits = 1 unit
An alcopop = 1.5 units (approximately)
A can of beer or lager = 1.5 units

The Department of Health's guidelines state that men can drink between 3 - 4 units of alcohol per day without serious risk to health. This amount is reduced to between 2 - 3 units per day for women. These daily amounts apply whether you drink every day, once or twice a week, or occasionally.

The guidelines also recommend having a few days each week where you don't drink at all, but don't 'store up' your units and then binge drink (drink to get drunk) at the weekends. Binge drinking can affect your personal safety and put you at risk of serious health problems.

Avoiding a hangover
If you can't be sure of watching what you are drinking, the following tips may help to reduce the effects of a hangover.

1. A good meal or a few glasses of milk before you start drinking will help to line the stomach
2. Apparently "dark" drinks, such as red wine, brandy and port are more likely to cause a hangover. This is because they contain "congeners", a chemical by-product of the fermentation process. You may want to avoid these.
3. Alcohol is very dehydrating, so try to drink water and non-fizzy soft drinks between alcoholic ones. This will help to keep you hydrated. Avoid the fizzy drinks, as these can help to speed up the absorption of alcohol into the bloodstream.
4. Fresh air is always good, so if you can, walk home – as long as it is safe to do so. This will also avoid the temptation to drink and drive!
5. Drink some water before you go to bed.

Hangover cures
There are too many to mention here, and most of us have our own hangover cures that work for us. However, probably the best and most obvious cure is prevention. Drink less alcohol and you are less likely to get a hangover.

For more information
If you are concerned about the effects of alcohol, there are a number of sources of help available, including:

NHS Direct:
www.nhsdirect.nhs.uk
0845 4647

Alcohol Concern:
www.alcoholconcern.org.uk
020 7395 4000

Alcoholics Anonymous:
www.alcoholics-anonymous.org.uk
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AA672801

COMPETITION

Win a pair of VIP tickets to Opus bar's New Year party

MK NEWS has teamed up with boutique bar Opus to offer lucky readers gold tickets for their New Year's Eve Las Vegas style party.

Two lucky winners will receive a pair of tickets each, giving them VIP access, queue jump, champagne on arrival, their own waitress for the evening and a bottle of Mini Moet each.

In addition they will get canapes and a taxi home when the night ends at 5am.

There will be two rooms of music roulette and blackjack tables, dancers, a percussionist, and a saxaphonist.

And as if that wasn't enough, on the night there's a chance to win a trip for two to Las Vegas.

The bar in the Theatre District has gone from strength to strength since it opened in May this year after a million pound refurbishment.

Highlights so far have included nights by big promoters such as Ministry of Sound's Housesexy involving an appearance by Kate Lawler.

Downstairs guests can chill out or let their hair down with a combination of sofas, a bar, a log fire and a dancefloor.

Upstairs there's another bar, another dancefloor, and a VIP area with a bed.

With retro hits on Mondays at I love 80s and 90s, indie on Wednesdays with Kiss Kiss Bang Bang, and commercial chart and funky house on Thursdays, Opus is the perfect venue for a boogie

on any weeknight.

Fridays and Saturdays offer great music and a great atmosphere, and on Sunday nights there's salsa dancing.

A menu of 60 cocktails is available, with two for one offers some early evenings.

Food is served until 9pm.

New Year's Eve tickets are £10 for the standard package, £25 for the silver package (limited) to include and a Mini Moet at midnight or £35 for the gold package (limited) to include VIP access, queue jump, canapes, waitress service and a Mini Moet at midnight.

Room One will be hosted by Dj Rich Cole playing commercial chart, RnB and party tunes while Room Two will be hosted by Danni Technici playing the best funky house and club classics.

For further details, go to www.opusmk.com or call 01908 239433.

HOW TO ENTER

To be in with a chance of winning the tickets, just answer this question:
How much does the silver package cost?
Send your answer, name, address and telephone number to Opus competition, MKNEWS, 1 Diamond Court, Fox Milne, Milton Keynes, MK15 0DU.
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AA672702

‘Smoke Detectors’ fail to fine firms for flouting the fag ban

MORE than five months since the no smoking law came into force no fines have yet been issued to bars or workplaces in Milton Keynes.

The new smoke-free rules, which ban people from smoking in workplaces or enclosed public areas, came into force in England on July 1.

Publicans who turn a blind eye could be fined up to £2,500.

Milton Keynes Council officers – dubbed ‘The Smoke Detectors’ – have been patrolling the city’s clubs, pubs, shops and restaurants ensuring the new smoking ban is enforced.

However, no fines have yet been issued.

A council spokesman said: “Most people are playing ball and, as yet, we have taken no formal action, although we have sent out a number of informal letters to establishments reminding them of their responsibilities under the new legislation.

“We have also made nearly 200 visits to workplaces around Milton Keynes to make sure they are complying with the new laws – for example providing smoking areas away from the main workplace.”

30 companies take up fundraising challenge

ExtraCare Trust hopes for windfall from NatWest’s cash donation

NEARLY 30 teams have now entered the MK Business Challenge, the innovative fundraising project set up by The ExtraCare Charitable Trust, to support older people across the city.

Sponsored by NatWest, ExtraCare is offering £50 to 50 organisations across Milton Keynes, with the challenge of growing the money to see which makes the most.

Cash at the ready: Firms’ sights fixed on turning £50 into mega bucks to aid old folk in the city

Proceeds will help fund health and leisure facilities at ExtraCare’s new Lovat Fields Village which is already offering life-changing opportunities for more than 500 older people across the City.

Attending the launch at Lovat Fields Village last week, Tim Jackson-Waite, managing director of Oakhill Property Services, said: “Our business is linked to community life in Milton Keynes and we’re here for the long haul.

“We therefore feel a strong affiliation with this retirement village which has already become an integral part of Milton Keynes’ community and deserves the support of local companies.

‘That’s why we are here to support this challenge”

Hemaxi Bhatt, senior business manager at NatWest in Milton Keynes, said: “We are looking to increase our community support in this area during the coming year and think the challenge is a really a good idea.

“It engages business in an exciting way for the benefit of local older people – a really deserving cause.”

MK NEWS is offering a special prize to the school which brings in the most money from the challenge and already six schools have expressed interest.

Teams entered so far include: Ask MK, Avebury Construction, BSI Management Systems, City Law, Control Group, Craig Anderson Menswear, D&P Consultants, ExtraCare Residents, Frosts, Great Brickhill Rotary, Interdirect, Jurys Inn, Keens Shay Keens, Lawyers Direct, Lynx Data Cabling, MacIntyre Hudson, Midas Property Services, Mouchel, Neeves, NHBC, Oakhill Property Services, Ramada Encore, Siemens Communications, The Bollington Group, thecentremk, Tollers, Towergate, United Business Centre.

■ The competition runs from January to March 2008 but teams need to enter now – please contact Sue Bromfield at ExtraCare on 0782 542 6574.

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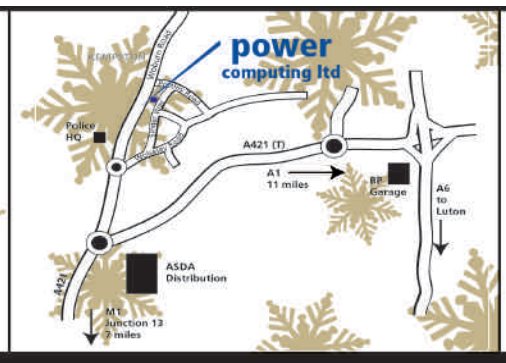

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AA672805

COMPETITION

Six kids can do the BIZ for free in Daytona's new karts

FANCY yourself as the next Lewis Hamilton?

If you are aged between eight and 15 why not be among the first to try the gleaming new BIZ Cadet karts at Daytona, Milton Keynes?

Due to unprecedented demand following the stunning success of Hamilton in his rookie year in Formula One, Daytona Milton Keynes has invested over £25,000 in a fleet of hot, new 160cc 4-stroke Honda-engined Cadet Karts.

These state of the art, black and steel beauties, have lots of new features including new slide-adjustable seating (for that perfect driving position), increased wrap-around safety bodywork, aerodynamic styling and a sleek profile. According to general manager Mike Scudamore; "We have had to upgrade and increase the size of our cadet kart fleet following a record year in our junior division. The Lewis factor has certainly contributed to that success and his visit to the circuit this year was certainly the icing on the cake for us. These new cadet karts are perfect for youngsters aged 8 to 15 who love the thrill of speed!

The new karts are being deployed on Daytona's North Circuit, (which also doubled as a helipad for Lewis' visit) and which features, at 375m, very close racing with some technical corners. It is ideally suited to juniors and the perfect environment to learn and improve technique before graduating to the National or International circuits and, who knows, on to Formula One?

If you have never been racing before but want to give it a try, Daytona can take care of everything for you. They have a large range of sizes of suits, helmets and gloves to ensure your comfort and safety all of which are provided as part of your race package, and with sessions starting from just £21.

To book, call 0845 644 5503 or visit; www.daytona.co.uk. Minimum height for racing is 1.25metres. Other terms and conditions apply.

For more details www.daytona.co.uk

MK NEWS has joined up with Daytona to offer you an exclusive competition for juniors (aged eight to 15).

A Junior Party for six children (excluding food) value £200, available at a time to suit before April 2008.

HOW TO ENTER

Answer this simple question: How many sites in the UK does Daytona operate?

Send you answers by e-mail to competitions@mk-news.co.uk please include your name, address and telephone number and please state if you do not wish to be contacted in the future by Daytona.

Editor's decision is final.
Closing date January 1.

Art aid: Hali Sun, David Pedley, Diana Winkfield, Lesley Arkin and Caron Higgins. The winning paintings Festival in Focus, and Serving Hatch are in the top left behind the group

Paintings raise cash to save sight

A STUNNING art exhibition has raised more than £800 for the fight against eye disease.

Professional Stony Stratford artist, and judge for the art competition, Diana Winkfield, announced the competition winners on Saturday.

The paintings, in different styles and techniques, hung at Lesley Arkin Optometrists in Cofferidge Close, Stony Stratford were all by local artists and included some very clever interpretations.

The prize for artistic ability went to David Pedley for Serving Hatch.

Festival in Focus, by Caron Higgins, came first for interpreting the theme.

However, the popular vote, chosen by the visitors to the optometry practice, went to Tea Break, another superb pastel by Davis Pedley; and to Staring, a beautiful art piece of a cat by Hali Sun.

"What better way to celebrate something as precious as sight, than through art," said Lesley , "the standard was amazing. There were over 70 paintings on display, and it's hard to believe the artists were all amateurs."

Lesley completed the event by thanking the Stony Stratford of Art and Milton Keynes Art society for all their help and support in raising the money.

Fight for Sight funds world-class research into the prevention and treatment of blindness and eye disease.

Lesley thanked Diana for judging the competition.

Much of Diana's own work can be seen in Milton Keynes Hospital where it forms part of the MK Arts for Health permanent exhibition. She is head of art and design at Bury Lawn School and founding member of the Silbury Group of Artists.

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AA672778

MK BUSINESS

New wakeboard owners to make waves at Willen

TWO entrepreneurs are planning to ride the crest of a new business wave after acquiring the WakeMK water sports centre.

The Willen Lake centre has been bought by friends and water sports enthusiasts, Mark Robinson and Niall Burns for an undisclosed sum.

The acquisition has been handled by legal corporate partner Andrea Wyld of Franklins Solicitors LLP.

WakeMK is one of the UK's most established cable wakeboard and water-ski centres and entered the Guinness book of Records three years ago after Briton Ian Taylor set a non-stop marathon world wakeboarding record there of six hours and 17 minutes.

New owner, 33-year-old Mark lives in Milton Keynes and is a former logisistics expert with DaimlerChrysler UK. He has big plans for the centre and has just scored a major coup by attracting a tour stop of the European Wakeboarding Championships.

Mark said: "It will be the first time that a round of this prestigious wakeboarding championship in its current format will have been staged in the UK and it illustrates the new level of interest we are starting to attract.

"We believe Wake MK has tremendous potential as part of what is now the fastest growing water sport in the world. We really want to raise the whole profile of wakeboarding in the UK and get many more young people into the sport."

Appointments strengthen lawyer's commercial arm

BORNEO Linnells solicitors of Newport Pagnell, Milton Keynes and Bedford have announced that Andrew Kerr is to head up the firm's Company Commercial Department in Milton Keynes.

Andrew recently joined the firm as a partner following his departure from solicitors DFA Law in Northampton where he used to head up the firm's Company Commercial Department.

Andrew's previous experience at DFA Law included specialising in acquisitions and disposals, mergers and corporate re-organisations, management buy-outs and buy-ins, corporate finance and setting up of various legal entities including limited liability partnerships, limited companies, partnerships and joint ventures.

Andrew also has many years of experience in drafting and advising upon a wide variety of commercial agreements including shareholder agreements, agency & distributions agreements and franchise agreements. His experience also covers advising on various commercial disputes including shareholder and partnership disputes.

He said: "I see my appointment as a great opportunity to further strengthen the firm's commercial presence in Milton Keynes".

Ken Borneo, chairman of Borneo Linnells said: "The firm is delighted to be welcoming Andrew to head up our expanding commercial department in our rapidly developing Milton Keynes office.

"Andrew has many years of experience in this field and we look forward to continuing growth and expansion at this very exciting time for us."

Borneo Linnells is also pleased to welcome Ian Jenkinson who has joined Andrew in the Company Commercial Department as an assistant solicitor.

TNT delivers on carbon footprint

MILTON Keynes-based express delivery giant TNT has secured an acclaimed environmental standard at the first attempt.

The ISO14001 accreditation, assessed by the highly-respected Lloyds Register Quality Assurance, is an official acknowledgement that TNT, based at Northfield Drive, Northfield is making significant strides towards reducing its carbon footprint.

TNT locations up and down the country were involved in the critical examination processes, with assessors conducting checks on the company's environmental management activities.

These included waste reduction and recycling, fuel efficiency,environmental training, pollution control, energy reduction as well as examining TNT's 'Planet me' environmental initiatives.

Darren Batty, Milton Keynes Depot general manager, said: "This is a tremendous achievement for the business. We are the only express and logistics operator to achieve this certification on a company-wide basis,and the first to hold both ISO 14001 and OHSAS 18001 (Health & Safety) standards at the same time.

"The assessment teams were extremely impressed with the levels of preparation, attention to detail and the high standard of professionalism demonstrated by each of the location management teams, all employees interviewed and the central HSE Department."

Tom Bell, managing director of TNT Express Services UK & Ireland, added: "This quality standard provides an objective and accepted baseline to which employees, customers, suppliers and other stakeholders can refer. It is also a powerful mechanism for ensuring continuous improvement and reinforcing our position as a market leader."

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Job satisfaction – and all the lollipop you can hold

Milton Keynes Council is searching for 'community heroes' to become school crossing patrollers at three primary schools. Reporter LAURA HANNAM spoke to Catherine Parsons, who works at Hanslope Primary School, to find out what attracted her to the job

"I LOVE it, I absolutely love it" says Cassie, who has worked as a school crossing patroller for over four years.

She started the job at Hanslope Primary School whilst her two children were at the school.

"I wanted something to do that would give me a bit of a break from my children, that would get me out but would also work around term time," she said.

"And I thought it would be a bit of fun."

She said the best parts of the job are being involved in the community and getting to know the children and their parents and carers.

"After being here for four years I've got to know nearly all of the children that come across with me or walk past me in the mornings and I enjoy seeing them grow up and grow in confidence."

"Especially the ones that started the same year as I did, that went into reception four years old quivering and hiding and now they are bombing in, kicking the ball around, screaming at the tops of their voices. Its just wonderful to see that."

"I get to know people well, especially the mums and dads and the carers."

"And I get inundated at Christmas, its wonderful - I get chocolate and lovely stuff to bath in, it really makes it."

Cassie, who has lived in St James Close, Hanslope for eleven years added: "Anyone who does this job has got to be outgoing, have a sense of humour, be able to look at things in a bit of a quirky way probably and you have got to see it from the children's point of view as well as an adult point of view."

"You have to be able to make allowances for the children as sometimes they are more interested in who is playing on their favourite team, who scored the most goals last night and whose got the best Harry Potter trump cards."

"And you get one or two that come across with their noses in their books and they haven't got a clue what's going on around them."

"You've got to be able to be patient enough with all of them."

Samantha Morris, road safety officer at Milton Keynes Council said: "We need someone who enjoys being outdoors to assist children and other road users to cross the road safely outside the school.

"Outgoing, reliable, and medically fit they will also have a good road sense, excellent communication skills and a commitment to safeguarding children."

She added: "What really strikes me when I come out to visit Cassie is that everyone is saying thank you, everyone is so appreciative they all say 'hello Cassie' and they wave from the car as they are going by."

"The little ones who aren't even at school yet say hello and she knows all the children's names."

"Its just fantastic, its a really lovely spirit."

The council is looking for school crossing patrollers to fill vacancies at Portfields Combined School, Westbury Avenue, Newport Pagnell,

Willen Primary School, Beaufort Drive, Willen and Two Mile Ash Middle School, High Street, Two Mile Ash.

Patrollers will work five hours per week, including 30 minutes in the morning and 30 minutes in the afternoon.

A job share is available - for example one person could work the morning shifts and another could work in the afternoon.

Uniforms and training will be provided. An enhanced CRB check will be required.

The closing date is December 31.

For enquiries or an application form call 01908 252357 or email road.safety@milton-keynes.gov.uk.

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AA671905

Walton High • Oakgrove School Denbigh School • The Hazeley School Consortium

Members of the public are being sought to join the Independent Admissions Appeals Panel.

The panel is an independent body set up to consider appeals by parents who want their child to attend Walton High, Denbigh, Oakgrove and The Hazeley schools, but whose application for a place has been turned down. Panels are made up of people with a wide range of backgrounds.

Their work will include hearing appeals involving a decision not to admit a child to Walton High, Denbigh, Oakgrove and The Hazeley schools.

The panel sits during term time and on an ad-hoc basis, but the majority of appeals are heard between April and July when the admission process is at its peak.

Each panel is made up of three members, drawn from a pool. Each individual appeal usually lasts for about 45 minutes and it is normal for several appeals to be heard by the same panel.

Full training is provided for new members of the panel; and the Clerk is always available to give advice. The work is unpaid but travel expenses are reimburses and refreshments provided.

To ensure the Admissions Appeal Panel is independent and unbiased, some people are not eligible to become members - such as employees and parents of the four schools at the local authority (Milton Keynes Council).

If you are interested in joining the panel, please contact:
Hilary Eggingtoon on (01908) 677954 or mail@waltonhigh.org.uk

AA671730

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Closing date: 4 January 2008.

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For an application form, email: jobs@milton-keynes.gov.uk Call us 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

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The position is on a full time basis of 37.5 hours per week, you would be required to work late nights and weekends on a rota basis.

Please email your cv and cover letter to: ukrecruitment@fossil.com or post to HR, Fossil UK, Featherstone House, Featherstone Road, Wolverton Mill, Milton Keynes, MK12 5TH

Closing date: 4th January
No Agencies

AA672155

E4B

electricity4business.co.uk

Electricity4business is a new independent British electricity supplier specialising in the supply of electricity to small and medium sized business. E4B's aim is to cut the cost for British business by offering cheaper prices. We do this by focusing on the business sector and by developing fast and efficient processes and IT systems.

With ambitious plans over the next few years, we are looking for new recruits to join our business.

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£17,000 - £24,000 (based on experience)

Working in the Industry Interaction team, you will provide support to the Industry Interaction Supervisor ensuring that all electricity market data is received, validated, processed and maintained to ensure accurate customer management and billing.

Previous experience in the Electricity Industry and knowledge of Data Flows is preferred, as well as being flexible and adaptable to our business needs.

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£17,000 - £22,000 (based on experience)

In an industry infamous for its laid-back approach to customer services, E4B aims to redefine customer expectations. You're already passionate about customer services in your current role and used to working to the highest customer service levels. You'll be quick to learn about the E4B product and all issues surrounding contracts, payments and billing. The ability to fully comprehend and answer queries relating to Terms and Conditions is paramount. In addition to dealing with a regular flow of telephone queries, you will be equally comfortable with handling written correspondence.

Site Works Analyst
£17,000 - £24,000 (based on experience)

We are looking for a bright and enthusiastic person to join our metering team to assist with booking jobs and help in dealing with customer queries. The ideal candidate will have good attention to detail, willingness to learn, clear and confident telephone manner, also be someone who works well as a part of a team and wants to work towards building a career within the Electricity Industry. A knowledge and background in the Electricity Industry would be beneficial, but not essential.

Candidates should forward their CV with a covering letter to jobs@electricity4business.co.uk

Electricity4business, E4B House, Radian Court, Knowlhill, Milton Keynes MK5 8PJ. Closing date: 21st December 2007

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This is a permanent position, available from January.

Applications - should include a detailed CV and a covering letter - please send to:

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Palmerston House,
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Or call us on: 020 8655 8464
Closing date: 21 December 2007

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For more information please access our website: www.hornschuch.de

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[Temporary post to cover long term absence]

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Applications by letter and CV

(Please mark your envelope "PHILOSOPHY"

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CLOSING DATE: Please respond ASAP

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AA671914

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Flitwick Road, Ampthill, Bedfordshire MK45 2NU
Telephone: 01525 404462
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A Religious Studies Teacher is required for January 2008, applications from NQTs are welcome. The successful candidate will be well qualified, keen and enthusiastic and will join a team of dedicated teachers.

For a full-time post the ability to offer a second subject would be an advantage.

For further information and an application form please contact Mrs. Lou Ellis (Headteacher's P.A.) at the school

Closing date: 3rd January 2008

Redborne is an oversubscribed, successful school that achieves excellent examination results. The school is well regarded and popular, situated in a very pleasant area of Central Bedfordshire, within easy reach of London. About 80% of the Sixth Form go on to University. The school has had an excellent OFSTED Report and has received the Government Achievement Award, Sports College Status, Training College Status and the Arts Mark Gold Award.

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A highly competitive package is offered for the position. Please e-mail your CV and covering letter, to cathy. atkinson@chloridepower.com or post to: Cathy Atkinson, H R Department, Chloride Harath, Fraser Road, Priory Business Park, Bedford MK44 3BF. Alternatively please call for an Application Form on 01234 836400.

Closing date for receipt of application will be: Monday 31st December 2007.

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Website: www.chloridepower.com

AA672377

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Part-Time Marketing Services Co-ordinator

Danfoss Randall is part of the Danfoss Group and is firmly established as one of the leading suppliers of domestic and commercial heating controls, selling a wide product range in the UK and around the world via Danfoss' sales companies.

Our busy Marketing Services Department is seeking a Marketing Services Co-ordinator. The successful candidate will play a major role in the creation of company advertising, product literature, newsletters and will be involved in updating and maintaining our website.

This position would suit somebody looking for a challenging role on a part-time basis, up to 23 hours per week, and who is likely to have creative flair and relevant experience from a similar job. Computer literacy and competence in Microsoft office programs is essential, together with desk top publishing experience.

Written applications together with a CV and a indication of current salary should to be addressed to:

Mrs. S. Connelly, Danfoss Randall Ltd., Ampthill Road, Bedford, MK42 9ER
Tel: 0845 1217 400 Fax: 0845 1217 515

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You will work closely with the Branch Manager to ensure the efficient operation of yard facilities, equipment and personnel. You will be involved in all areas of management including, recruitment, staff motivation, productivity, training, auditing, logistics, health & safety, inventory management, etc.

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You will be expected to learn about every area of the branch, including: customer calls, office processes, customer vehicle pick-up, storage, sale and delivery processes, yard operations, record keeping, etc.

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Both positions involve UK travel, and are rewarded with competitive salary and benefits packages.

Applications are invited from all sectors as full training will be provided.

Interested? Please send your CV and covering letter, including salary expectations and preferred location, to Lydia Edwards, Copart UK, Acrey Fields, Woburn Road, Wootton, Bedfordshire, MK43 9EJ or email lydia.edwards@copart.co.uk

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The successful candidate will be part of our Pastoral Support Team but will be the lead person in working with students in our alternative provision. You will be required to support students with pastoral, educational and behavioural needs.
St Thomas More School is committed to safeguarding and promoting the welfare of children and applicants must be willing to undertake child protection screening
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NJC LEVEL 3a Points 15 – 18
Fixed term to August 2008
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25 HRS PER WEEK/TERM TIME ONLY + 5 training days
Commencing as soon as possible. You will have experience of working with children and be educated to NVQ level 2 or equivalent. Accredited national training and full induction programme available.
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For more details contact : Mrs A Chappell, (01234) 268649
E-mail : stgregorysmiddle@schools.bedfordshire.gov.uk
Closing date for this post: 4 January 2008
Interview date: 15 January 2008 AA672511

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AA666486

Moorfields Eye Hospital NHS
NHS Foundation Trust

Community Eye Service - Bedford Hospital

Healthcare Assistant

REF: D3/129 - Band 2: £6,417 - £7,596 p.a. inc.
15 hours per week, 9.00am - 5.00pm changing rota across Monday to Friday.
Would you like to join the busy and highly skilled team of nurses in the eye clinic based at Bedford Hospital?
We have an opportunity for you to join our fun and friendly team and utilise your skills. You will be taught to carry out specific tests and assessments for Ophthalmic patients, working as part of a team.
You must be of reliable character and demonstrate the ability to take instruction from your seniors. You should be able to work under the close supervision of a qualified Nurse. You will need to be flexible and reliable in meeting the physical, psychological and social needs of the patients. You should possess good communication skills with a calm outlook and demonstrate the ability to grasp issues rapidly.
Previous experience working within a health care environment, computer skills, and an NVQ (Level 2) in Care are essential.

Staff Nurse

REF: D3/121 - Band 5: £19,166 - £24,803 pro rata p.a.
15 hours per week.
We can also offer this opportunity for you to join our fun and friendly team and develop your skills in caring for Ophthalmic patients.
You will be required to work in the Eye Clinic, which is located at the Bedford hospital Site. You will also be expected to work in the daycase eye unit when you are deemed competent in looking after Ophthalmic patients undergoing surgery.
You should demonstrate an interest in learning to support patients with Visual impairment. After in house training you must show the ability to provide patients with resources and information to help them with their sight problem.
You will be taught to carry out specific tests and assessments for Ophthalmic patients working as a team member. You must be keen to learn and embrace education and development.
To apply for this post, you need to be a trained registered nurse. To carry out your role efficiently, you must be flexible, forward thinking and possess a high level of initiative, motivation and excellent communication skills. You must be a good role model to the junior staff supporting them when required.
To view job descriptions for either of these roles, and to apply, please go to www.jobs.nhs.uk
For an informal chat on either of these positions you can call Mary Masih, Clinical Nurse Specialist at Bedford Hospital direct on 01234 792643 or 01234 355122 and ask to bleep 052.
Closing date for receipt of applications is Friday 28th December 2007 however if 100 applications are received before this date, the posts will close sooner.

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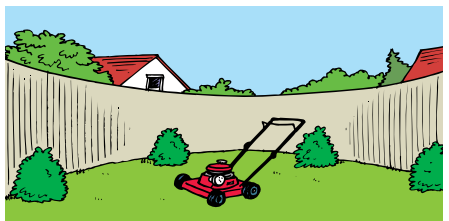

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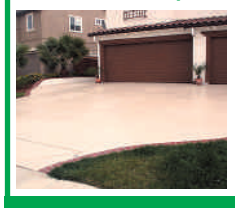

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Public Notices

LOCAL GOVERNMENT ACT 2000 SECTIONS 51(6) & 81(7) ADOPTION OF REVISED CODES OF CONDUCT & ESTABLISHMENT OF REGISTERS OF MEMBERS? INTERESTS

Pursuant to the Local Authorities (Model Code of Conduct) Order 2007 notice is hereby given that(1) Milton Keynes Council and each of those Town or Parish Councils as listed below within the administrative area of Milton Keynes have adopted a revised Code of Conduct for their Councillors and other Members; and(2) a Register of the Interests of the Members and Co-opted Members of each council within the administrative area of Milton Keynes has been established by the authorities monitoring officer. A copy of the revised Code of Conduct adopted by Milton Keynes Council and the Members Register of Interests are available for inspection during office hours Monday to Friday at the Civic Offices, 1 Saxon Gate East, Milton Keynes MK9 3HG.A copy of the revised Code of Conduct and the Members Register of Interests of each of the Town and Parish Councils are available for inspection by prior appointment at the address of the Clerk to the relevant Council. Details of Clerks addresses are available upon request at Milton Keynes Council or via the link at http://www.milton-keynes.gov.uk/parishes/home.asp.Details of adoption and where a copy of the revised Code may be readily viewed for each authority is set out below

Council	Date Adopted	Address For Inspection	Opening Hours
Milton Keynes Council	11/09/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Astwood and Hardmead Parish Council	08/08/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Bletchley and Fenny Stratford Town Council	10/07/2007	62 Queensway, Bletchley, Milton Keynes	Monday - Friday 9:00 - 15:00
Bow Brickhill Parish Council	12/07/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Bradwell Parish Council	03/09/2007	Bradwell Parish Council Office, 21 Glovers Lane, Heelands, Milton Keynes	Monday - Friday 8:30 - 13:30
Bradwell Abbey Parish Council	17/05/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Broughton and Milton Keynes Parish Council	03/09/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Campbell Park Parish Council	19/06/2007	Parish Office, 1 Pencarrow Place, Fishermead	Monday - Friday 10:00 - 16:00 (15:00 on Friday)
Castlethorpe Parish Council	06/08/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Central Milton Keynes Parish Council	03/09/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Clifton Reynes & Newton Blossomville Parish Council	17/08/2007	Tulleymore, Clifton Reynes, Olney	Monday - Friday 9:00 - 17:00
Emberton Parish Council	10/09/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Great Linford Parish Council	17/07/2007	Parish Office, Neath Hill Local Centre, 10 Tower Crescent, Neath Hill, Milton Keynes	Monday - Friday 9:00 - 13:00
Hanslope Parish Council	10/09/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Haversham cum Little Linford Parish Council	10/09/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Kents Hill and Monkston Parish Council	10/09/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Lavendon Parish Council	10/09/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Little Brickhill Parish Council	01/10/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Loughton Parish Council	18/06/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Moulsoe Parish Council	10/08/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
New Bradwell Parish Council	01/10/2007	46b High Street, New Bradwell, Milton Keynes	Wednesday - Thursday 10:00 - 12:00
North Crawley Parish Council	04/09/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Olney Town Council	06/08/2007	The Olney Centre, High Street, Olney, Bucks	Monday - Friday 9:00 - 16:00 (15:00 on Friday)
Ravenstone Parish Council	12/07/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Shenley Brook End & Tattenhoe Parish Council	23/07/2007	6 Wimbourne Crescent, Westcroft District Centre, Milton Keynes	Monday - Friday 9:00 - 17:00
Shenley Church End Parish Council	10/09/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Sherington Parish Council	03/07/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Simpson Parish Council	03/09/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Stantonbury Parish Council	02/08/2007	Wylie Drop In, Crispin Road, Bradville, Milton Keynes	Monday - Friday 10:00 - 15:00
Stoke Goldington Parish Council	13/08/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Stony Stratford Town Council	17/07/2007	The Library, 5-7 Church Street, Stony Stratford, Milton Keynes	Tuesday - Friday 9:00 - 16:00
Walton Parish Council	06/06/2007	By appointment with Clerk to Walton Parish Council	By apointment
Wavendon Parish Council	17/09/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
West Bletchley Council	21/05/2007	The Frank Moran Centre, Melrose Avenue, Bletchley, Milton Keynes	Monday - Friday 9:30 - 16:00
Weston Underwood Parish Council	09/07/2007	Civic Offices, 1 Saxon Gate East, Milton Keynes	Monday - Friday 9:00 - 17:00
Woburn Sands Town Council	10/09/2007	Memorial Hall, 4 High Street, Woburn Sands, Milton Keynes	Monday - Friday 10:00 - 12:00
Wolverton & Greenleys Town Council	02/05/2007	Town Hall, Creed Street, Wolverton, Milton Keynes	Monday - Friday 10:00 - 12:00 & 14:00 - 16:00
Woughton Parish Council	11/06/2007	33 Farthing Grove, Netherfield, Milton Keynes	Monday - Friday 9:00 - 17:00

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MKNEWS

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AA673052

Conditions of Advertising LSN Media (the publisher)

GENERAL
1. The publisher reserves the right to omit or suspend any advertisement even though accepted and paid for and to make any alterations necessary to maintain standards of the newspaper. The publisher also declines responsibility for the omission of a single advertisement or one or more of a series of advertisements from any cause whatsoever, nor do they accept liability for any loss or damage caused by an error or inaccuracy in the printing of an advertisement. (Advertisers are advised to check their advertisement after the insertion). No re-insertions refund or adjustment will be made where an error, mis-print or omission does not materially detract from the advertisement. The Publisher may at its sole discretion re-insert the whole or part of the advertisement with corrections or refund part or the whole value of the advertisement.
2. The publisher reserves the right to decline any advertisement without giving an explanation or which they deem the content unsuitable for publication, whether an order has been accepted or not. The publisher will not accept orders for advertisements which it deems offensive or defamatory or which infringe the Trades Description Act 1968 and The British Code of Advertising Standards Authority on such matters.
3. An order for advertising services placed by an advertiser or an advertising agency on behalf of an advertiser constitutes an assurance that necessary authorisation or permission has been granted in respect of the use of the advertisement itself, pictorial representation of a living person, references made and words attributed to a living person and text which may be the subject of copyright protection.
4. Printed conditions on advertisement orders will not be recognised as binding unless expressly accepted in writing by the publishers.
5. Advertising rates involving a series, volume or prepayment discount are expressly for the use of the advertiser concerned and are not to divulged to a third party.
6. All artwork designed by the LSN Studio remains the property of LSN Media. Where artwork services are provided, it is on the understanding that it is for the sole use in any of the LSN Media publications unless prior agreement is sought, any unauthorised reproduction will result in a charge being levied on the publisher concerned.
7. Proofs of advertisements are provided upon request but cannot be guaranteed. Where a proof is supplied, the onus is on the recipient to check that all information is correct and to provide the publisher with any neccesary alterations or amendments before the expiration of the deadline. The publisher will not accept responsibility for errors in any advertisement where a proof is supplied and subsequently authorised for publication.
8. Although every effort will be made to meet advertisers requirements, specified positions cannot be guaranteed within the newspaper.
9. All advertisements which carry a premium telephone number must comply with the Code of Practice of The Independent Committee for the supervision of Standards of Telephone Information Services (CSTIS).
10. The advertiser (or his advertising agency) shall indemnify the publisher in respect of all costs, damages or any other charges as the result of legal action or the threat of legal action arising from the publisher of a single advertisement for a series of advertisements, published in accordance with copy instructions supplied to the publisher in pursuance of the advertiser or his advertising agency's order.
11. If an advertisement does not appear due to copy or artwork being supplied after the agreed deadline, the space will be payable in full at the published rates.
12. A request to insert an advertisement assumes acceptance of our Terms & Conditions of Advertising.

DISTRIBUTION
1. Unless otherwise stated, distribution will normally take place within the specified publication to the individual addresses which usually receive the publication within the area and on the date scheduled. This does not necessarily imply 100% delivery to all addresses within the area.
2. The publisher shall not be liable for total or partial non delivery of any publication in which an advertisement is scheduled to appear and no reinsertion, refund or adjustment will be made to the advertiser.

BOX NUMBERS
While every endeavour will be made to forward replies to box numbers to the advertiser as soon as possible, no liability will be accepted by the publisher in respect of any loss, damage or delay in forwarding such replies.

CANCELLATION
1. Cancellation of advertisements must be advised 24 hours prior to the booking deadline. If the publisher is unable to resell the space he reserves the right to charge for any loss of revenue incurred.
2. If any advertiser in receipt of a series, volume or prepayment discount cancels before fulfilling the terms of the agreed order, the publisher reserves the right to make a surcharge up to the full published rates for the type of advertisement.
3. Queries concerning cancelled advertisements must be accompanied by the stop number given at the time of cancellation.

PAYMENT
1. Credit facilities are at the discretion of the publisher, but such facilities are limited to strict terms of 30 days. Late payment of account may lead to suspension of account facilities. Any discount which the publisher may have agreed with the advertiser may be forfeit should the advertiser fail to meet the agreed credit terms.
2. Prepaid accounts must be settled by no later than the two days prior to publication. The publisher reserves the right to suspend any advertisement where payment has not been received.
3. Dishonoured cheques will incur a £20 administration fee.
All rates are subject to VAT at the rate currently in force at the time of any advertisement is booked to appear. Recognised advertising agency is 10%

MKMOTORING

The uncivilised Civic Type R

WE'VE become accustomed to some pretty uncompromising stuff from Honda and the second generation Civic Type-R is the latest in a long line of performance sector class leaders.

As well as its predecessor, the latest car follows in the footsteps of well loved Accord and Integra Type-R variants, the S2000, the NSX and at the wheel of one, enthusiasts might even hark right back to the original 1963 Honda S cars, the S360 and S500.

All have one thing in common: a mile-high rev limit with an engine note that's the closest you'll come to a racing car on the road.

Like its predecessor, this Type R is powered by Honda's naturally-aspirated, high-revving 2.0-litre DOHC i-VTEC engine but the unit has been significantly reworked to improve responsiveness using a new balancer shaft and drive-by-wire throttle control. VTEC variable valve timing and VTC variable inlet camshaft technology continue to underpin the engine structure.

Further development of the Type R unit means more useable torque, as the switch to high-lift, long duration valve timing (the cam change) now takes place at a lower 5,200rpm, and continues all the way to 8,000rpm. So that screaming, high rpm VTEC range is broader and more accessible.

To mark the entry to this 'power band' a clever i-VTEC indicator just to the right of the digital speedometer is illuminated once the revs rise above 5,200rpm. Maximum power is now 201PS, reached at 8,000rpm (the old car managed 200PS at 7,400rpm) and this Type-R should feel more responsive generally, while improved aerodynamics ensure that it cuts through the air more cleanly. Slightly lower gearing compensates for a small increase in kerb weight. Sixty from rest occupies just 6.6 seconds on the way to 146mph.

That puts this Honda in pole position to combat the big hitters in the GTi hot hatch sector, principally the Renaultsport Clio 197, Vauxhall's Astra VXR and Ford's Focus ST.

Against these rivals, the Honda offers better build quality, a stronger product image and likely lower depreciation. Plus it's one of the few hot hatches that you wouldn't bat an eyelid flogging round a circuit for a weekend's trackday fun.

The styling is another major plus. Seven-spoke 18-inch alloy wheels are fitted as standard and, helped by the car's low ride height, these tuck neatly under the body coloured arches.

The deep front spoiler incorporates a larger air intake to channel air to the induction system, as well as triangular foglamps.

There's no missing the distinct body-coloured tailgate rear spoiler, which follows the kick-up line from the rear quarter windows, and provides added down-force. It helps if you like mesh because there's a whole lot of it.

Black mesh inserts sit in the front grille and the triangular cutouts where the fog lights would normally sit. The rear end also features mesh in the underbumper section.

Overall?

Well, this Type-R is a worthy successor to the original and that's saying something.

It's a car you must consider if you're shopping for the ultimate hot hatch. Many will see this car as being exactly that.

ANDY ENRIGHT

HONDA
The Power of Dreams

CIVIC

RACE SPEC | TYPE R | 2.0L i-VTEC | 8,000 RPM | SPORTS | 6 SPEED

TYPE R from £17,627

JOHNSONS HONDA
Greyfriars Court, Off Chippenham Drive, Kingston, Milton Keynes MK10 0BN. Call 01908 849034 or visit www.johnsons-honda.co.uk

Model shown is the Civic 2.0 i-VTEC petrol Type R GT: Urban cycle 22.2 mpg/12.7L per 100km, Extra urban cycle 40.4 mpg/7.0L per 100km, Combined cycle 31.0 mpg/9.1L per 100km. CO2 215 g/km. Pearl and metallic paint at an additional cost of £375 (including VAT).

AA672827

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All makes and models catered for without invalidating manufacturers warranties.

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Supporters and operators of the Automotive Technician Accreditation Scheme

• Our workshops are independently inspected by the RAC for quality of service (10 unannounced visits per year, results available)
• Our technicians are trained to the higest standards in the industry • Our diagnostic tools and equipment are the best available

Please check our rates without obligation

A Selection From Our Used Vehicle Stock

See our website for full list

	FORD	PRICE
05 (55)	**Mondeo 2.0 TDCi Zetec Diesel 5dr Hatch,** Metallic Blue, Cruise, Quick Clear Screen	£8,995
01 (Y)	**Mondeo 2.0 Ghia Automatic 5dr Hatch,** Blue, Climate Control, Quick Clear Screen	£3,995
06 (06)	**Focus 2.5 ST2 3dr,** Red, Bluetooth, Voice Control	£15,750
06 (06)	**Focus 1.6 Ghia 5dr Hatch,** Tango Red, Auto Lights, Rain-Sensing Wipers	£10,350
07 (56)	**Focus 2.0 TDCi Zetec Diesel 3dr Hatch,** Metallic Sea Grey, 6 Speed Manual, Sony 6 Disc CD, ESP	£9,995
05 (05)	**Focus 1.6 Ghia 5dr Hatch,** Tonic Blue, Auto Lights, Auto Wipers, Keyless Entry	£9,225
06 (06)	**Focus 1.6 Zetec Climate 5dr Hatch,** Metallic Red, Air Con, Alloys	£8,950
05 (05)	**Focus 1.6 Ghia 5dr Hatch,** Silver, Automatic Lights and Wipers	£8,950
05 (55)	**Focus 1.6 Zetec Climate 115PS 5dr Hatch,** Metallic Blue, 18 Months Warranty	£8,725
05 (55)	**Focus 1.6 Zetec Climate 5dr Hatch,** Silver, 18 Months Warranty	£8,725
03 (03)	**Fusion 2 1.6 5dr MPV,** Silver, Air Con, Electric Windows	£4,725
06 (06)	**Ka 1.3 Design 3dr Hatch,** Red, CD/Radio, Electric Windows	£4,675
05 (55)	**Ka 1.3 3dr Hatch,** Red, Colour Coded Bumpers	£4,225
03 (03)	**Ka 1.3 Collection 3dr Hatch,** Silver, Electric Windows, Radio CD	£3,850

	OTHER MAKES	PRICE
04 (54)	**BMW 116i Sport 5dr,** Metallic Silver (By appointment only)	£11,995
04 (54)	**Toyota RAV-4 2.0 4x4 5dr,** Black, Leather, Sunroof, Climate	£10,995
03 (03)	**Peugeot 206 Coupe Cabriolet 2.0 Allure SE,** Black, Powered 2 Piece Roof	£8,395
02 (02)	**Land Rover Freelander GS 1.8 (Petrol) 4x4 5dr,** Green, Alloy Wheels	£5,875
03 (03)	**Citroen Xsara SX 1.8 16v 5dr MPV,** Silver, Air Con, Radio CD	£5,275
02 (02)	**Peugeot 1.3 LX 5dr Hatch,** Silver, Remote Central Locking, CD Player, Electric Windows & Mirrors	£3,775
03 (03)	**Vauxhall Agila 1.2 5dr,** Silver, Remote Central Locking, Radio CD	£3,575

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01234 750207

www.rgr-garages.co.uk

Ford

AA672833 MKNW51

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Leather, fully loaded

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DRIVE AWAY TODAY REGARDLESS OF CREDIT HISTORY

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Agreed Car Credit Ltd

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TD6 Range Rover Diesel 53 Reg Auto leather, alloys, air con, CD

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Jeep Cherokee CRD Sport Auto
5 speed, Diesel

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Vauxhall Vectra
Manual, CD, air con, diesel, metallic

APPLY TODAY THIS CAR IS WAITING FOR YOU

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Mini One
55 plate, alloys, 1 owner, metallic black

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Mazda 6 TS
Diesel, 5 door

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Can't get credit?
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+ Credit & offers subject to status and income

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29080 654 AA671871

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FREEPHONE 0800 804 7008
9 Tanners Drive, Blakelands, MK14 5BU

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Chrysler Voyager LX 54
5 Speed Manual Petrol

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Agreed Car Credit Ltd

Volkswagen Polo
Manual, 5 door, CD, air con

APPLY TODAY THIS CAR IS WAITING FOR YOU

DRIVE AWAY TODAY REGARDLESS OF CREDIT HISTORY

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Agreed Car Credit Ltd

Hyundai Coupe
leather, 2 litre SE, Manual

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DRIVE AWAY TODAY REGARDLESS OF CREDIT HISTORY

FREEPHONE 0800 804 7008
www.agreedcarcredit.com

SELL YOUR CAR FAST FOR LESS!

WE WILL NOT BE BEATEN ON PRICE

Why pay more to sell your car ?

Place an advert in LBNEWS and sell your car quickly.

DEADLINE FOR ALL MOTORSPOT ADVERTS IS 4PM TUESDAY

- **CALL 01908 242490**
- **EMAIL to: motorspots@mk-news.co.uk**
- **MAIL tick one of the advertising options below**

and send or drop the coupon in to LBNEWS, 1 Diamond Court, Fox Milne, Milton Keynes, MK15 0DU

- **FAX your coupon to 01908 689550**

FIESTA 1.4 ZETEC
52, new model, 5dr hatch, white, fsh, 11,500 miles, a/c, PAS, CD, e/w, lady owner, vgc. tax/ MOT
£5750 ono
01234 567890
or 07789 123456

MOTORSPOT

1 LBNEWS and MKNEWS **£12** ☐

2 LBNEWS, MKNEWS Beds on Sunday and Luton & Dunstable on Sunday. **£25** ☐

OR for a PHOTO BOX like the one below, add just £5 to the cost of your advert.

PHOTO BOX

FIESTA 1.4 ZETEC
54, new model, 5dr hatch, silver, fsh, 11,500 miles, a/c, PAS, CD, e/w, lady owner, vgc. tax/ MOT
£5750 ono
01234 567890
or 07789 123456

PHOTO BOX **Please tick here to add a PHOTO BOX to your above advert.** ADD **£5** ☐

Either email your picture as a jpeg file to motorspots@mk-news.co.uk OR send and an original 6x4 photo to LBNEWS, 1 Diamond Court, Fox Milne, Milton Keynes, MK15 0DU. Make sure you include your contact details.

Write your advert in the space below.

ONE word per box please. Only ONE vehicle will be accepted per Motorspot

Make	Model	Year/Reg	Price	Tel No
				MAX Words

Name/ Card holders name .....
Address.....
..... Postcode.....
Daytime Telephone Number.....
I enclose a cheque (made payable to LSN Media) for the sum of £.....

I authorise you to debit my account to the sum of £.....
Card Type: Mastercard ☐ Visa ☐ Switch ☐ Solo ☐ Electron ☐
Card Number ☐☐☐☐ ☐☐☐☐ ☐☐☐☐ ☐☐☐☐
Valid from ..... Exp Date ..... Issue No .....
Security Number ..... (Last 3 digits on back of card)

CARS - VANS - MOTORBIKES URGENTLY REQUIRED
Anything considered from £500 - £15,000
ARISTOCARS 01908 648877
422 Whaddon Way Bletchley
AA671580

MOT
7 DAYS FREE RE-TEST
OMS AUTOCARE
ENGINE MANAGEMENT AIR BAGS LIGHTS ABS LIGHTS
• Servicing • Batteries
• Repairs • Brakes
• Cambelts • Clutches
3A BRIDGETURN AVENUE
OLD WOLVERTON, MK
01908 222776
RAC APPROVED REPAIRER
AA671586

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www.mk-news.co.uk
MKNEWS

THE MOT PLACE
MOT's only **£35.00**
on redemption of this voucher
Excludes Saturday & Sunday
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Unit 5-6, 16-26 Tavistock Street Bletchley, Milton Keynes, MK2 2PF
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ECLIPSE AUTOS
TAVISTOCK STREET
WATLING STREET
TESCO
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NOW OPEN SAT & SUN ALL DAY
AA support & compan RAC authorised National Service Network
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07968 306399

MOTs £40
PLUS 10 DAY FREE RETEST
COMFORTABLE FAMILY WAITING AREA
86E HIGH STREET, STONY STRATFORD
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• Breakdown Recovery
• Cambelt Servicing
• Electrical Fault Finding
• Mechanical Repairs
• Specialist Welding
• Diesel Work
• Head Gaskets
• Latest Diagnostic Equiptment
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AA671588
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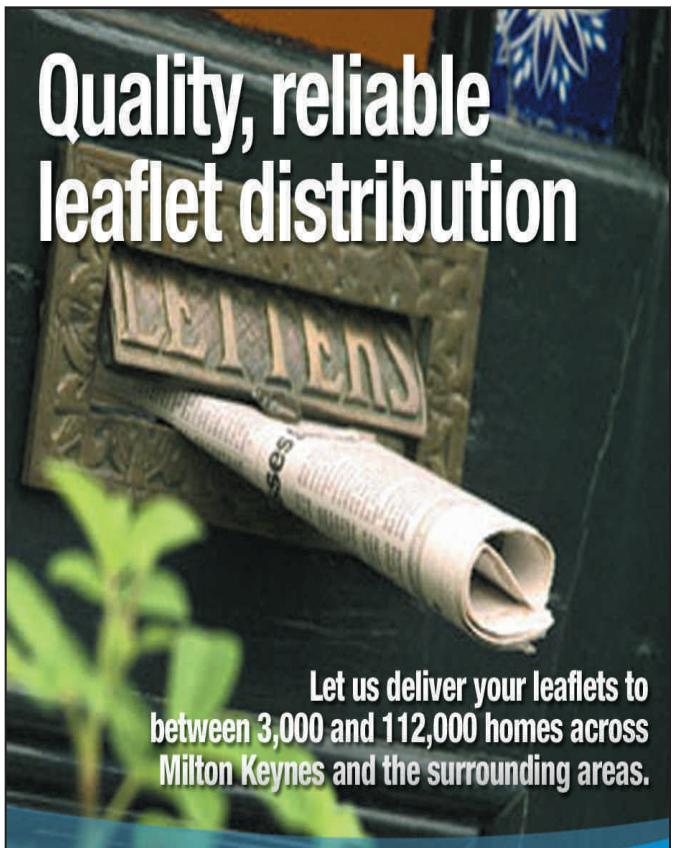

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or email distribution@mk-news.co.uk
for full details of areas covered and costs.

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Email: advertising@mk-news.co.uk www.mk-news.co.uk

MK MOT

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MOT'S
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FROM £35.OO Inc
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VISA MasterCard

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AA671591

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SAVE £2430

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More vans available all makes all models & sizes
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Business users only.

MKCV, Bond Avenue,
Bletchley, Milton Keynes MK1 1JQ
www.mkcv.co.uk

Pictures for illustration purposes only.
AA671594

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THIS SEASON'S GREATEST LOOKS

308 URBAN
· ELECTRIC FRONT WINDOWS
· 6 AIRBAGS
· ABS WITH EBFD AND EMERGENCY BRAKE ASSIST
· REMOTE CONTROL CENTRAL LOCKING AND DEADLOCKS
· RADIO/CD

207 M:PLAY FROM ONLY £10,645*
· MP3 PLAYER CONNECTION
· AIR CONDITIONING
· 6 AIRBAGS
· ABS WITH EBFD & EBA
· ELECTRIC HEATED DOOR MIRRORS

FINANCE MATRIX APPLIES TO THE 308 URBAN 1.4 VTI 95

36 MONTHLY PAYMENTS	£246.82	CUSTOMER DEPOSIT	£500	Typical 5.9% APR†
ON THE ROAD PRICE	£11,995*	PASSPORT PRICE▾	£11,995	
OPTIONAL FINAL PAYMENT TO BUY	£3,999^	TOTAL AMOUNT TO PAY INC OPTIONAL FINAL PAYMENT TO BUY	£13,384.52	
AMOUNT FINANCED	£11,495	MILES PER ANNUM	6000	

▾INCLUDING £120 COMPULSORY ROADSIDE ASSISTANCE. EXCESS MILEAGE CHARGES 5.55p PER MILE.

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Peugeot Passport is a way of funding a new car every 2 or 3 years with monthly payments tailored to suit your budget. The main benefits of Passport finance are:
• Low initial deposit
• Lower fixed monthly payments than with traditional hire purchase methods
• Your car has a guaranteed future value so no nasty surprises when you come to the end of your agreement.

For further information on Peugeot Passport or to tailor Passport to suit your needs, either call or visit your local Peugeot dealer now.

You're always a winner with Peugeot
It's never a gamble when you buy a Peugeot from your local Peugeot dealership. That's because you know you'll get the very best deals on our most stunning Peugeot range ever.

THE DRIVE OF YOUR LIFE

PEUGEOT

PERRYS - MILTON KEYNES

Bilton Road **MILTON KEYNES** 01908 360200
http://www.perrys.co.uk/mk

THE OFFICIAL FUEL CONSUMPTION FIGURES IN MPG (L/100KM) AND CO_2 EMISSIONS (G/KM)FOR THE 207 RANGE ARE: URBAN 27.9-48.7 (10.1-5.8), EXTRA URBAN 48.7-74.3 (5.8-3.8), COMBINED 38.6-68.8 (7.3-4.1), CO_2 120-173 (G/KM) FOR THE 308 RANGE ARE: URBAN 24.8-48.7 (11.4-5.8), EXTRA URBAN 47.1-74.3 (6.0-3.8), COMBINED 35.8-62.8 (7.9-4.5), CO_2 120-188 (G/KM).

†Typical 5.9% APR applies to selected 308 models. Offers subject to status. Over 18s only. A guarantee may be required. Written quotations available on request from the dealer address above and Peugeot Financial Services, Quadrant House, Princess Way, Redhill, RH1 1QA. ^This payment does not have to be made if you choose to hand your car back to Peugeot. Prices, offers and information correct at time of going to press. Offers apply to vehicles ordered and registered from 01/12/07 until such point as they may be withdrawn by the above dealer at its discretion. Offers subject to availability. *Prices quoted are on the road and include delivery to dealership, number plates, 12 month's Government Vehicle Excise Duty, £50.00 Government First Registration Fee and apply to 207 m:play 1.4 8v 75 Hatch 3dr and 308 Urban 1.4 VTi 95 Hatch 3dr. Models shown are for illustrative purposes only. (PEUG13680) AA672149

MKMOTORSPOTS

4 x 4

RANGE ROVER 3.9 AUTO
K Reg, 1 yrs MoT, 70k, CD, alloys, usual extras, bargain
£975 ono
07971 306226
07811 170595 (T)

CLASSICS

FORD T TOURER
1925, maroon over black, excellent condition, ideal for weddings, rallys etc, very reluctant sale
£9,995 ono
01234 330450

ROVER 60
1958, taxed and MoT'd, thousands spent on restoration usable every day may part ex MC, bargain at
£2,700 ono
07792 737357

FIAT

FIAT SEICENTO MIA
2000 W Reg, 899cc, hatchback, 31k, CD player, Mot 11/08, new gear box & radiator, serviced Aug 07.
£1,499 ono
07812391910

CARS WANTED FOR CASH
1999 to 2006
Immediately Cash Paid
Finance Settled
Top Price Paid
Tel: 07774 485100
30 years experience in used cars
AA670780

CARS & VANS WANTED
Cash Paid. Company enquiries welcome.
Tel: Steve
01908 646799
AA671211

FIAT

FIAT PUNTO 1.2
2001 Y Reg, 3dr, 68k, red, s/h, 12 mths MoT, PAS, a/b, new service, very clean, VGC
£1,800 ono
01234 314617
07738 222788

FIAT CINQUECENTO S 1000CC
P Reg, black, full MoT, very good condition
£550
07853 369660 Trade

FORD

KA 2 COLLECTION 1.3
Silver, a/c, 1 owner, p/a/s, e/w, colour coded, 10 months MoT, good condition
£1,195
01582 561412
07740 645101

FIESTA 1.25 GHIA ZETEC
P Reg, 12 months MoT, 6 months tax, 5dr, e/w, c/l, s/r, a/bag, colour coded, power steering, VGC
£1,250
07948 290366

CASH FOR CARS/VANS
All makes & models considered with or without MoT
Scrap cars collected - minimum paid £20
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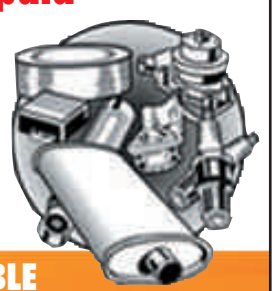

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18 Macclesfield (A) 3-3
25 Shrewsbury (H) 3-0
28 Sheff Utd (CC) (H) (AET) 2-3

SEPTEMBER
1 Rochdale (A) 2-3
7 Notts County (H) 3-0
15 Brentford (A) 3-0
22 Darlington (H) 1-0
29 Morecambe (A) 1-0

OCTOBER
2 Mansfield (A) 2-1
6 Bradford (H) 2-1
9 Peterborough (JPT) (H) 3-1
14 Lincoln City (H) 4-0
20 Hereford (A) 1-0
27 Stockport (H) 0-2

NOVEMBER
3 Wycombe (A) 1-1
6 Grimsby (H) 2-0
10 Crewe (FA Cup) (A) 1-2
13 Bournemouth (JPT) (A) 2-0
17 Chester (A) 2-0
24 Chesterfield (H) 1-2

DECEMBER
4 Dagenham & Redbridge (A) 1-0
8 Accrington (H) 5-0
15 Peterborough (A) 2-1
21 Brentford (H)
26 Notts County (A)
29 Darlington (A)

JANUARY
1 Mansfield (H)
5 Rotherham (A)
8 Gillingham (JPT) (A)
12 Barnet (H)
19 Wrexham (A)
26 Rochdale (H)
29 Macclesfield (H)

FEBRUARY
2 Bury A)
9 Rotherham (H)
12 Shrewsbury (A)
16 Wrexham (H)
23 Barnet A)

MARCH
1 Chester (H)
8 Grimsby (A)
12 Chesterfield (A)
15 Dag & Red H)
22 Peterborough (H)
24 Accrington (A)
29 Hereford (H)

APRIL
4 Lincoln City (A)
12 Wycombe (H)
19 Stockport (A)
26 Bradford (A)

MAY
3 Morecambe (H)

LEAGUE TWO TABLE

		HOME					AWAY						
		P	W	D	L	F	A	W	D	L	F	A	GD	PTS
1	MK Dons	20	7	0	3	22	7	7	2	1	18	9	24	44
2	Hereford	20	5	3	2	17	8	6	3	1	19	11	17	39
3	Peterborough	20	6	2	2	24	11	5	2	3	12	10	15	37
4	Darlington	18	5	4	0	15	4	5	2	2	15	6	20	36
5	Rotherham	19	6	2	2	19	14	4	4	1	10	6	9	36
6	Chester	19	3	3	4	14	11	6	2	1	15	9	9	32
7	Chesterfield	19	2	5	2	12	11	6	2	2	20	11	10	31
8	Wycombe	20	6	3	1	15	6	2	3	5	9	18	0	30
9	Shrewsbury	20	6	1	3	17	10	2	3	5	10	15	2	28
10	Rochdale	18	3	3	3	10	10	4	4	1	15	13	2	28
11	Morecambe	19	4	2	3	10	9	3	4	3	11	13	-1	27
12	Stockport	20	3	2	5	19	18	4	3	3	14	15	0	26
13	Accrington S	20	4	0	6	11	16	4	2	4	11	14	-8	26
14	Barnet	20	3	5	2	13	13	3	2	5	10	16	-6	25
15	Bury	19	3	3	4	11	10	3	2	4	13	14	0	23
16	Macclesfield	20	2	5	3	13	15	2	5	3	11	17	-8	22
17	Brentford	20	2	2	6	8	16	4	2	4	11	16	-13	22
18	Bradford	19	3	3	3	8	10	2	3	5	13	15	-4	21
19	Notts County	19	4	2	4	11	12	1	4	4	9	15	-7	21
20	Grimsby	20	2	4	4	10	15	3	1	6	11	17	-11	20
21	Lincoln City	20	3	2	5	14	17	2	1	7	8	16	-11	18
22	Dag & Red	20	2	3	5	10	17	2	2	6	7	18	-18	17
23	Wrexham	19	2	2	6	6	16	2	1	6	8	14	-16	15
24	Mansfield	18	3	1	4	14	11	0	3	7	7	15	-5	13

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PREVIEWS

BRENTFORD
League Two
Friday, December 21. KO 7.45pm
stadiummk

STRUGGLING Brentford come to town on Friday with their eyes on an early Christmas present in the form of three points.

But MK Dons will be looking to pile on the misery to the London club who parted company with manager Terry Butcher last week.

When the two sides met three months ago Keith Andrews scored twice as the Dons played them off the park with a 3-0 win and the results have not picked up since, with Butcher finally paying the price for a rough start.

The departure of chief executive Keith Dickens just two days later has left the club in disarray.

Often seen as the make or break part of the season, Christmas will be a period where Brentford will hope to get back on track and a sneaky win at stadiummk could just that.

NOTTS COUNTY
League Two
Wenesday, December 26. KO 3pm
Meadow Lane

THE traditional Boxing Day fixtures will see fans up and down the country following their favoured side and this year Dons fans face a short trip to Nottingham.

Notts County have already locked horns with the Dons this season with headers from Keith Andrews, Danny Swailes and Aaron Wilbraham securing a 3-0 win for the Dons.

County have hit a dry spell of late, winning two of their last sis matches and in that run they were knocked out of the FA Cup by Havant and Waterlooville.

Defender Drissa Diallo will serve the final of his two match ban after he picked up his second red card of the season at Peterborough. Jude Stirling is expected to replace him at right-back.

VIEW FROM THE MOOCAMP

MK Dons are well on the way to defending their Berks and Bucks cup after they made it through to the semi-finals.

The Dons eased passed Maidenhead United with a 4-1 win.

Luke Howell opened the scoring before Liam Kelly added another six minutes later.

With seven first team members in the starting eleven, Maidenhead were up against a lively and strong Dons side.

Striker Scott Taylor showed his eye for goal as he grabbed a brace within three minutes to give the Dons a 4-0 lead at the half.

Maidenhead tried to get back into the game in the second half with an excellent strike by Darti Brown providing them with a small consolation.

The Dons will face either Didcot Town or Wycombe Wanderers in the semi-final which will be played by the week ending March 14.

THE annual match between the Media Tarts and MK Dons Supporters takes place tomorrow at Stony Stratford.

Last year the event raised more than £200 for the children's ward of Milton Keynes General Hospital. Entry is free and the game will kick-off at 7.30pm.

KEITH Andrews has once again been named in the League Two Team of the Week.

The Dons skipper bagged his tenth goal of the season in their 2-1 win over Peterborough United.

Team of the Week in full: frank Fielding (Wycombe), Ryan Bennett (Grimsby), Gareth Owen (Stockport), Dean Beckwith (Hereford), Michael Rose (Stockport), Nicky Adams (Bury), Lee Frecklington (Lincoln), Ben Davies (Shrewsbury), **Keith Andrews**, Alan Connell (Brentford), Roscoe D'Sane (Accrington).

MK DONS v **PETERBOROUGH** SATURDAY, DECEMBER 15

Englishman should coach England says Dons' boss Ince

BY ROB GIBSON
rob.gibson@mk-news.co.uk

MK Dons manager Paul Ince says the appointment of Fabio Capello as England manager was a 'sad indictment of English football'.

Ince told the BBC's Football Focus programme he was disappointed the Italian has been confirmed as Steve McClaren's successor.

He said: "It's a sad indictment on English football that we've got to go to Europe for a manager. We have got enough managers in England who could do just as good a job."

The former England captain, who won 53 caps, has been linked with a number of high-profile posts, including the recent vacancy at Premier League strugglers Derby County, but he is not optimistic about the chances of a compatriot managing his country in the near future.

Ince said: "In English football we say you've got to get your qualifications, you've got to do this, you've got to get that. But when you build your CV up and they go out and get a foreign manager, sometimes you think, 'what's the point?'

"In time we're going to get to the stage that Fabio might go and we've got to have a ready-made replacement for him and he's got to be English."

There are indications that Capello will find room for an English coach in his support staff – possibly David Platt, who speaks Italian, Alan Shearer or Stuart Pearce, the England Under21 head coach.

However Ince, who enjoyed two seasons in Italy with Inter Milan, is not thought to be a candidate after reaffirming his loyalty to the Dons last month.

Hendon want to keep on-loan Dons pair

MACCLESFIELD'S Jordan Hadfield will stay with MK Dons for a further month.

The midfielder, who has made one brief appearance against Dagenham and Redbridge, has been at stadiummk for the past month and the two clubs have agreed to extend the loan deal by four weeks.

Meanwhile, Hendon are hoping to agree terms with the Dons to keep Sam Page and Sam Collins on loan.

Page's spell ran out and the weekend, and Collins' is due to expire on Saturday.

The Dons duo have made a big impression on boss Gary McCann, and the Hendon manager wants to keep them at the club into 2008.

"I had a chat with both and they're happy to stay," he said, "I will be looking to extend the deals, and would like to think that we will be able to. I've just got to agree it with MK Dons."

"Page is an outstanding player. He's formed a really good partnership with Marc Leach at the centre of our defence, and that has enabled me to switch James Parker to right back.

"I've got no doubts that Collins has got a great future in the game. He's doing a fine job for us, and it really helps that he's been playing with Page for three years."

Defender Collins scored his first goal for Hendon on Saturday, in their record 11-1 win over Leyton.

MK DONS

MK DONS v PETERBOROUGH

Above left: Drissa Diallo slides in to get the ball from George Boyd

Above: Dean Lewington gets a shot in during the first half

Right: Dons fans in the Christmas spirit

PAUL MITCHELL WRITES FOR YOU

PAUL MITCHELL

WHAT tends to happen with important matches is they are hyped up that much it's impossible for the game to live up to the high standard everybody is expecting.

This was definitely not the case Saturday as each team played theirpart in a fantastic encounter. I have to say when we look back over our season and the dust settles it will become clear what a great three points it was.

Once again we proved that when the pressure is on to perform that's when we are most dangerous. You could tell from the first whistle how much the game meant to each team with tackles flying in. I have to admit that I felt a little bit jealous at not being able to join in.

It was always going to take something special to separate the two teams and that's what Kevin Gallen provided. After Keith made it two capping a great captain's performance, there was only one team going to win it.

As we all know the Gaffer will not settle for us taking our foot off the pedal and after some missed chances he came racing from the stand to make sure there was no way back for the home team. To be honest, I think some of the lads ears are still ringing! That passion and will to be the best is what's keeping us where we are. With every performance you can see the players adopting that same mentality.

As a fan, the one thing you want to see is commitment and, judging by your reaction and endless support on Saturday, you can see every player gives that week in, week out.

Over the Christmas period we have seven games in 23 days. It's going to take a great effort from all of us because this is the time that the quality and depth of your squad is really tested. I have no doubts that we will more than pass that test.

Your support is so important over this period as it can really drive the players on when the legs get tired and sore. Let's keep up that tremendous support throughout the festive season.

MITCH

ICE HOCKEY

Easy, easy Lightning

BY ROB GIBSON
rob.gibson@mk-news.co.uk

MK Lightning climbed to third in the English Premier League after a comfortable four-point weekend.

With Ales Parez and Greg Randell back in full swing for Lightning, the side was back at its best ahead of the congested Christmas schedule.

On Saturday they swept aside Chelmsford Chieftans 7-2 before beating title rivals Sheffield Scimitars 5-3 away on Sunday.

The side will receive another boost as Nick Poole aims to return to the ice at Slough – the coach said he will test his fitness during training this week.

At Planet Ice Lightning had two goals ruled out in the first two minutes before Grant McPherson set up a Michael Wales opener.

Parez made his mark with a goal following Matt Towalski's finish to make it 3-0 at the second break, before Gary Clarke bagged two, with Parez turning supplier.

Former Lightning player Bari McKenzie scored for the Chieftans but Parez bagged his second, McPherson netted and the Chieftans added a second consolation goal.

Coach Poole said: "We had key players back in the line up and it showed how much we missed them while they were out. Greg (Randell) played really well and we really missed him."

The side continued that form at Sheffield with goals from Adam Carr and an Alasaarela penalty adding to a hat-trick from Captain Clarke.

Poole said: "They've beaten us twice this year so it was good to get our own back.

"Sheffield are a top four side and very similar to us. We did let them get a few goals but the win was never in doubt. We've played them four times now and won three. If we do that to every team we play we'll finish high in the league standings."

Lightning are now set to play four games in a week, including what Poole describes as 'a meaningless cup game' away at Guildford on Boxing Day.

"The players aren't thrilled about playing on Boxing Day," said Poole.

"Everyone wants to eat more, drink more and be with their families at that time but they can't. It's a meaningless cup game because we've already qualified.

"This Saturday will be a good indicator of where we stand because Slough are probably the best team in the league.

"We're expecting a tough game."

■ On Saturday Lightning host Slough at 7pm before heading to Wightlink for a 5.30pm face-off on Sunday.

BASKETBALL

Table-toppers through to cup final

MILTON Keynes Lions qualified for their second major final with a fantastic 91-80 win over Guilford Heat.

The BBL Cup semi-final win means the Lions will now play Newcastle Eagles early next year.

Both sides traded baskets throughout the opening quarter, but a 10-4 burst from the Lions gave them the early advantage at 15-8.

Head coach Vince Macaulay said: "It was a very intriguing game, the guys were up for it, but you need to be when you're playing someone like Guildford. Everything went to plan, and we played really well. Yorick [Williams] was lethal, which he is capable of being, as he scored 26 points in 20 minutes. But over all it was a sensational team effort.

"Mike New carried us in the first half with 18 points and Shawn Jamison was playing with a smile on his face – that really makes a difference, teams don't like to see Shawn playing with a smile, because when he's enjoying himself, he's extremely difficult to play against."

The Lions will meet the Newcastle Eagles in the final, their first since qualifying for the BBL Trophy Final in 2001/02, and it gives them a shot at their first ever piece of BBL silverware at an important time for the club,

Lethal: Yorick Williams scored 26 points in 20 minutes against Guilford Heat

"It's very important for us to be in the BBL Cup Final," said Macaulay. "We're in our tenth year in Milton Keynes, and we move into the new arena next year so we need to be seen as one of the top clubs in the country.

"This team is good enough to be in cup finals and challenging, so it's no more than we expected, but it's important that the people in the area see that we are up there."

The BBL Cup Final takes place at the National Indoor Arena, Birmingham, on Sunday, January 13. Tickets in the Lions' section can be obtained via the club on 01908 512 217 or at www.mklions.com

The Lions followed up Saturday's triumph with a 73-67 victory at home to the Plymouth Raiders that saw the Lions clear on 24 points at the top of the BBL Table.

Macaulay added: "This weekend was a total team performance from the guys they executed the game plans to perfection, they are glad to be where they are, but they feel it's where they are supposed to be, there is more to come"

■ The Lions are at home in the BBL Trophy to the Chester Jets tonight, tip off 7.30pm and against Plymouth Raiders on January 4, also at 7.30pm.

LOCAL RUGBY

OLNEY have ended their year with a bang by moving five points clear at the top of the Southern Counties League.

Witney were punished for early mistakes when prop Dean Henrickson touched down for the first try following a driving maul.

Their hosts hit back with a penalty but Olney's pack were proving extremely helpful and just before the break they converted their dominance into points.

Once again it was Henrickson who had his hands on the ball as they drove across the line for the second time.

At the restart Witney began to threaten with decent phases of play keeping them just short but it was their fast running winger who added a converted try to the score sheet.

However, Witney shot themselves in the foot on several occasions with their ill discipline allowing Olney to kick more penalties.

But they were not successful and the final points came from another catch and drive with Olney's number eight, Gareth Cahill taking the score to 17-10.

MK moved to fourth place in the Southern Counties after beating Amersham and Chiltern.

After 12 minutes MK were gifted a try when the ball was punted straight down to Dan Pearson and following some good interplay with Mads Jensen, the winger dived over the line.

Fly half Andrew White scored in the corner on the 35th minute and Phil Powell converted the kick.

In the remained scoreless for MK failed to score in the second half, Amersham running in an unconverted try and penalty. Final score 14-8.

BLETCHleY beat Tadley, 41-27.

It only took a few minutes for Bletchley to breach Tadley's line with second row Chris Coussell bagging a try and Adam Dempsey following suit shortly after.

Tadley added a penalty before Bletchley's Jack Couzens and Tim Stobbs scored to give them a 24-3 lead at the half.

Bletchley continued where they left off with Matt Nobes going over and Coussell grabbing his second.

Sloppy play by Bletchley saw Tadley run in three late tries.

MKSPORTSSHORTS

Athletics awards

THREE of the 'behind the scenes' volunteers at Milton Keynes Athletic Club have received well deserved awards.

The BBC East Sports Awards 2007, Coach of the Year went to Jim McKenna, who is a previous winner of the UK Athletics award for Podium coach.

The other two members received their awards at the Bucks Sports Awards Dinner with Brian Graves winning the Unsung Hero Award and Mick Bromilow the Volunteer of the Year.

Wembley woe

RED Bull Racing driver David Coulthard failed to make an impact in the Race of Champions.

The 36-year-old failed to make the semi-finals of the Nations Cup.

He partnered fellow Scotsman Alister McRae, brother of former Rally World Champion Colin McRae, who was killed in a helicopter crash in September.

An enthusiastic crowd of almost 50,000 people went to Wembley to see drivers from all disciplines race against one another in identical cars.

Local football

STONY STRATFORD TOWN beat Cheshunt Reserves 3-1 in division one of the South Midlands league.

NEW BRADWELL ST PETER also put three past their opposition Hoddesdon Town without conceding while BUCKINGHAM ATHLETIC were held to a goalless draw with Harpenden Town.

In the United Counties league NEWPORT PAGNELL TOWN lost 2-0 to Bourne Town and OLNEY TOWN won their division one tie with Higham United 3-0.

MKSPORT

Wednesday, December 19, 2007 | Issue no 276 | www.mk-news.co.uk | 50p where sold

Lethal Yorick puts Lions in cup final
PAGE 47

Ales Parez fires in one of his two goals against the Chieftains – report inside

Picture Jez Tibbetts

Dons push Posh aside

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

MK Dons are looking to have a very merry Christmas after moving five points clear at the top of League Two.

Beating local (and promotion) rivals Peterborough United will have added to their festive cheer.

For the second time this season, following a Johnstone's Paint Trophy win, Paul Ince emerged victorious against his old team mate and now Posh boss Darren Ferguson.

Heading into the clash the Dons were looking for payback having been humiliated in a 4-0 drubbing at London Road last year.

And it was sweet revenge for the Dons as they stuck to their slick football and pushed Posh aside.

Skipper Keith Andrews was once again instrumental in his midfield role, turning from provider to goal scorer in a ten minute second-half spell which effectively ended the game. The midfielder played his hand in giving the Dons the lead following a goal less first-half when he played a superb long ball across field for the on-running Kevin Gallen.

And he was clearly keen not to waste the chance as he sent the rocket of a shot, which looked to be going wide until the swerve took it beyond the keeper, into the net.

Gallen's first goal in seven games will have given the former QPR man a huge confidence boost ahead of a hectic fixture schedule.

The 32-year-old striker, since picking up an injury early in the season, has struggled for a run in the side.

But since Ince has tinkered with his formation, switching from 4-4-2 to a more attacking 4-3-3, Gallen has played a staring role in the winning formula.

Andrews then netted his tenth goal of the campaign to double his sides lead.

Ince praised his side for their display, he said: "We took the initiative in the second half and played some absolutely fantastic football against a very good side - this result shows it is impossible to stop our lads playing."

A strong Dons defence kept the deadly Posh strike force of Aaron McLean and Craig Mackail-Smith, who have bagged 31 goals between them, quiet until they were eventually breached in the 75th minute.

McLean was on song for Posh when he followed up Charlie Lee's effort which hit the bar, to net the rebound. Posh hunted for a leveller, but not even Drissa Diallo's sending off for a second yellow could damper the Dons' spirits as they clung on for the vital three points.

The win turned out to be a bonus for the Dons as boss Ince revealed before kick-off he would have been happy for a draw. I did think we might have to settle for a point, but we were worthy winners in the end.

"It was a big win, but it doesn't settle anything, We have some tough games coming up."

Keith Andrews salutes the Dons faithful after hitting the second goal

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MK NEWS

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ADVERTISEMENT FEATURE

ScS sofa giant invests £1million in Milton Keynes!

ScS, the national sofa retailer, is already hugely successful throughout the UK, with 95 sofa superstores nationwide. And the exciting news is that ScS have invested a further £1 million into their newly refurbished Milton Keynes superstore.

ScS are proud to announce that their stunning new state-of-the-art showroom opens 9am Boxing Day, and to celebrate they'll have some amazing offers!

The £1million revamp means that the ScS sofa superstore is one of the most impressive furniture retail outlets in the area. The store looks fabulous, with a contemporary mezzanine floor, and features over 200 styles of real leather and fabric sofas. But it's not just the surroundings that have been improved – all ScS staff have been undergoing extensive training to bring you the ultimate in customer service.

David Knight, Chief Executive of ScS, explains why Milton Keynes was chosen as the location of this major investment: "The Milton Keynes store has been very successful over the past eight years, and because ScS are well established in the region, we believe that our loyal customers deserve only the very best. With our newly refurbished store and our fully trained and dedicated staff, we are certain that we will provide them with the ultimate shopping experience."

Established over 100 years ago, ScS are the UK's top plc dedicated sofa retail specialist, and this newly refurbished superstore is just one of 95 showrooms nationwide. Synonymous with style, quality and value, ScS have built their reputation on a fantastic range of fabric and real leather sofas. So visit the newly refurbished Milton Keynes showroom (opens Boxing Day) and find out for yourself why their sofas are such a big hit!

You'll be spoilt for choice with the brilliant offers at ScS!

"Don't miss out on brilliant savings at Milton Keynes' great new ScS store!"

The luxurious Sloane sofa

Grand Opening 9am Boxing Day!

Why not check out the newly refurbished sofa superstore at Winterhill Retail Park, and see just how great ScS are? The Company is hugely successful all over the UK, offering great sofas at great prices. With the newly refurbished Milton Keynes branch, ScS are strengthening their existing network of stores within the region. ScS are as well known for their reliability as they are for choice. This is in part due to the fact that they have a distribution centre nearby, dedicated to deliveries in the area – so waiting time between ordering and receiving your sofa is kept to a minimum.

One of the new ScS stores with an interior specially designed with you in mind

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SEE INSIDE FOR MORE GREAT OFFERS AND FABULOUS SOFAS!
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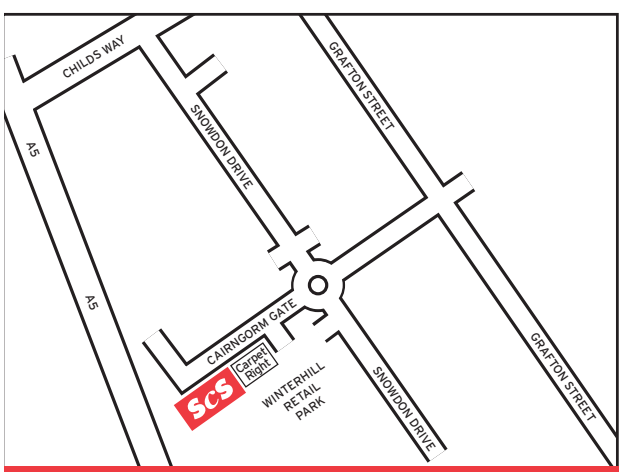

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Christmas TELEVISION

WEDNESDAY
December 19

BBC1

6.00 Breakfast (T) **9.15** To Buy or Not to Buy (R/T) **10.00** Escape to the Country (T) **11.00** Homes under the Hammer (T) **11.30** Car Booty (R/T) **12.15** Bargain Hunt (R/T) **1.00** BBC News; Weather (T) **1.30** Regional News and Weather (T) **1.40** Doctors (T) **2.10** Monk (T) **2.50** 'Allo 'Allo! (T) **3.20** BBC News and Weather (T) **3.25** CBBC **5.00** Blue Peter (T) **5.25** Newsround (T) **5.35** Cash in the Attic (R/T) **6.00** BBC News and Weather (T) **6.30** Regional News Programmes (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **Junior Mastermind** Tonight's subjects are the Titanic, Tiger Woods, Crocodilians and William Wilberforce. (T)

8.00 **Oliver Twist** Fagin meets Monks and is promised handsome payment if he brings about Oliver's death. Fagin reasons, however, that someone may pay to have him returned safely. (T)

8.30 **Holby City** The team struggle to cope in the aftermath of the cross-bow attack. (T)

9.30 **Car Wars** (R/T)

10.00 **BBC News; Regional News; Weather** A round-up of national and international news. (T)

10.25 **Regional News Programmes**

10.35 **The National Lottery Draws** Duncan James is live from Lottery HQ for the Thunderball, Dream Number and Lotto draws.

10.40 **Runaways** The story of fifteen year old Laura, who has run away from home more than 150 times in the last two years. (T)

11.30 **FILM: Mr 3000** (2004) An aging baseball star who goes by the nickname of Mr 3000 finds out many years after retirement that he didn't quite reach 3,000 hits. Stars Bernie Mac. (T)

1.10 Weatherview **1.15** Sign Zone: Antiques Roadshow (R/T) **2.15** The Eight Hundred Million Pound Railway Station (R/T) **2.45** Earth: The Power of the Planet (R/T) **3.45** Rogue Traders (R/T) **4.15** Joins BBC News 24 (T)

BBC2

6.00 CBeebies **7.00** CBBC: Yvon of the Yukon (R/T) **7.23** The Owl (T) **7.25** Newsround (T) **7.28** Bernard (T) **7.30** The Basil Brush Show (R/T) **7.55** Extreme Animals (R/T) **8.30** CBeebies: In the Night Garden (R/T) **9.00** Tweenies (R/T) **9.20** Postman Pat (R/T) **9.35** Bob the Builder (R/T) **9.50** The Pingu Show (R/T) **10.00** Lazytown (R/T) **10.30** Dangermouse (R/T) **10.45 FILM: Christmas Snow** (1986) Seasonal drama starring Sid Caesar. (T) **11.35 FILM: 3 Ninjas** (1992) Lighthearted action comedy starring Victor Wong. (T) **12.55** Coast (R/T) **1.00** See Hear (T) **1.30** Working Lunch (T) **2.00** Olympic Dreams (R/T) **2.45** Lifeline (T) **3.00** Living in the Sun (R/T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** The Weakest Link (T) **6.00** Eggheads (R/T) **6.30** Strictly Come Dancing: It Takes Two (T)

7.00 **Top Gear** Richard and James enter a 24-hour endurance race in what turns out to be one of their toughest challenges to date. (R/T)

8.00 **Heston's Perfect Christmas Dinner** Heston makes a Christmas feast for Terry Wogan, Kirsty Wark, Dara O'Briain, Rob Brydon, Richard E Grant and Sue Perkins. (T)

9.00 **Fanny Hill** After losing her parents to smallpox, Fanny travels to London where, employed by local madam Mrs Brown, her virtue is tested by the lascivious Mr Crofts. (R/T)

10.00 **The Best Bits of Catherine Tate** Highlights from the award-winning sketch show, featuring Lauren, Nan and a gallery of other characters. (R/T)

10.30 **Newsnight** Comprehensive coverage of today's important national and international news stories. (T) (Followed by Weather)

11.20 **BBC Four on BBC Two: The Martians and Us** Series about the history of British science fiction. (T)

12.20 Joins BBC News 24 **4.15** Close

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** Christmas Cooks (T) **11.30** The Best of This Morning (T) **12.30** Loose Women Christmas Crackers (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Christmas Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Eli blackmails Lily when he discovers her cannabis plants. Debbie offers to pay Scarlett - even when she's not working. (T)

7.30 **Coronation Street** Sarah takes drastic action to scupper David's Italian dreams. Michelle is outraged at Nick's request. (T)

8.00 **The Bill** Stone and Will find the body of a recently released junkie - which leads Jack to interview Zain in jail. The officers discover that drugs are entering the prison through the weekly meat delivery and Jack tells Zain that he needs him to infiltrate the gang responsible - but it seems that the disgraced cop is prepared to double cross his old DCI again.(T)

9.00 **Last Chance Driving School (New)** Ten of Britain's worst learner drivers, who appear incapable of passing despite having spent thousands of pounds on driving lessons, are given one final chance at passing their tests. Jamie Theakston presents. (T)

10.30 **ITV News and Weather** A round-up of the latest news headlines plus a national weather forecast. (T)

11.05 **Carling Cup Highlights** Matt Smith introduces extended highlights of the Carling Cup quarter-final between Chelsea and Liverpool from Stamford Bridge. (T)

12.05 ITV Play: Make Your Play (T) **4.05** The Jeremy Kyle Show (R/T) **5.00-5.55** CITV **5.55** ITV Early Morning News (T)

FOUR

6.00 The Hoobs (R/T) **6.25** The Hoobs (R/T) **6.50** The Treacle People (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **7.55** Just Shoot Me (R/T) **8.25** Frasier (R/T) **8.55** T4: Debutantes (R/T) **9.10** Debutantes (R/T) **9.30** Friends (R/T) **10.00** Friends (R/T) **10.30** The Simpsons (R/T) **11.00** Mobileact Unsigned (R/T) **12.00** News at Noon (T) **12.30** Come Dine with Me (R/T) **1.00** Proud Parents (R/T) **1.15 FILM: Great Expectations** (1946) Classic drama with John Mills. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal: Scrooge Vs. Santa (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder** (T)

8.00 **How to Look Good Naked** Fashion stylist Gok Wan presents the fashion and consumer series that shows women how to look great with their clothes on, and off. (T)

9.00 **The Secret Millionaire** Tonight, American businesswoman Margaret Heffernan - who made millions 15 years ago as an internet pioneer - says goodbye to her Somerset mansion, two kids and husband, in exchange for a flat above a corner shop in one of Nottingham's poorest areas. (T)

10.00 **My Boyfriend The Sex Tourist** Seen from the women's point of view, these documentaries reveal how sleeping with foreigners for money has almost become a career choice for many girls from developing countries. (T)

11.05 **Ramsay's Kitchen Nightmares** Another chance to see the final episode in the series. (R/T)

12.05 First Cut: The Last Freak Show (T) **12.40** Studio 60 On The Sunset Strip (T) **1.30** Studio 60 On The Sunset Strip (T) **2.15** King of the Hill (T) **2.40** Bob and Margaret (R/T) **3.05** Reasons to be Cheerful (R/T) **3.20** Wild Things (R/T) **4.05** Make Me A Muslim (R/T) **5.05** Countdown (R/T) **5.50** Cubeez (R/T)

FIVE

6.00 Milkshake! **9.00** Stargate Atlantis (R/T) **10.00** Everybody Hates Chris (R/T) **10.30** Trisha Goddard (R/T) **11.30** five news (T) **12.00** Home and Away (R/T) **12.30** Cooking the Books (R/T) **1.00** Hanrahan Investigates (T) **1.30 FILM: The Angel of Pennsylvania Avenue** (1997) Christmas drama with Diana Scarwid. (T) **3.30 FILM: Santa Who?** (2000) Family comedy with Leslie Nielsen. (T) **5.30** five news (T) **6.00** Home and Away (T) **6.30** Cooking the Books (T)

7.00 **five news** National and international news. (T)

7.15 **Polar Bear Week with Nigel Marven** Zoologist Nigel Marven explores the wildlife of the Canadian Arctic. Summer arrives in the Inuit community of Igloolik in the far north of the country, where Nigel watches bowhead whales and dives from an iceberg to swim with walruses. (T)

8.00 **Diet Doctors: Inside & Out** The team comes to the aid of 27-year-old Mark Skorupa, who is underweight and suffers from arthritis. (T)

9.00 **Greatest Ever Disaster Movies** Giles Coren presents a rundown of 40 of the world's best disaster movies, as voted for in an exclusive poll of Five's viewers and readers of The Times. A host of film fans, critics and actors including Robert Vaughn, George Kennedy, Ali Larter and John C McGinley offer their thoughts on what makes the genre so madly compelling. (T)

11.45 **Natural Born Racers** Catch a rare behind-the-scenes glimpse of life in the 2007 Virgin Media Cup, with unique access to a British Superbike garage and team. 28 promising young riders battle it out for a chance to ride in the British Supersport championship.

12.15 Poker: Women's World Open (T) **1.45** NHL Ice Hockey **4.25** FIM Motocross Review of the Year **5.10** A1 Grand Prix

SATELLITE

SKY ONE

6.00am Cruise with Stelios: Caribbean **6.30** Lion Man **7.00** Malcolm in the Middle **7.30** Are You Smarter Than A 10 Year Old **8.30** Malcolm in the Middle **9.00** The Dog Whisperer **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Are You Smarter Than A 10 Year Old **1.00** Cruise with Stelios: Caribbean **1.30** Lion Man **2.00** Cold Case **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Are You Smarter Than A 10 Year Old **6.00** Futurama **6.30** The Simpsons **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00 FILM:** Mrs Doubtfire **11.25** Law & Order **12.25am** Law & Order **1.25** Greece Uncovered **2.20** Greece Uncovered **3.15** Nip/Tuck **4.10** Nip/Tuck **5.05** Guilty!

ITV2

6.00am GMTV2 **9.25** Coronation Street **9.55** Emmerdale **10.25** The Montel Williams Show **11.05** Judge Judy **11.35** Judge Judy **12.00pm** Judge Judy **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.40** The Ricki Lake Show **4.25** Movies Now **4.35 FILM:** Dragonheart **6.30** Jack and the Beanstalk **8.00** Xtra Factor: Best & Worst **9.00 FILM:** Die Hard **11.35** Coronation Street **12.05am FILM:** Die Hard 2 **2.20** Xtra Factor: Best & Worst **3.10** Teleshopping **5.40** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** All New House of Tiny Tearaways **9.00** Growing Up Skint **10.00 FILM:** Godsend **11.35** The Mighty Boosh **12.05am** Cut Up Kids **1.00** Growing Up Skint **2.00** Radio 1 on Three **2.55** The Mighty Boosh **3.25** All New House of Tiny Tearaways **4.25** Doctor Who Confidential **4.40** Close

BBC4

7.00pm World News Today **7.30** Wainwright's Walks **8.00** The Art of Eternity **9.00** Crisis at the Castle **10.00** The Treasure of Abbot Thomas **10.35** Charlie Brooker's Screenwipe **11.05** Whistle and I'll Come to You **11.50** Children's TV on Trial **12.50am** Crisis at the Castle **1.50** Wainwright's Walks **2.20** Charlie Brooker's Screenwipe **2.50** The Art of Eternity **3.50** Close

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Late Night Shopping!

Until 31st December 2007
Why rush around at lunch time when you can shop in the evenings and get free parking after 6pm.

Weekdays	9am - 9pm
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Sundays	11am – 5pm
Christmas Eve	9am – 5pm
Christmas Day	Closed
Boxing Day & New Years Day	11am – 5pm.

The times shown are the opening hours for the shopping centre. Individual store opening times may vary.

Park and Ride

Park Free, pay on the bus. Use the Christmas Park and Ride facility to get to thecentre:mk. Park FREE at The Bowl or Campbell Park and take advantage of low fares and saver fares for the bus journey. Visit www.thecentremk.com for details. .

Wind in the Willows Christmas Show

Until 2 January 2008
Don't miss our magical Christmas Show. Join Toad, Ratty, Mole and Badger on their snowy riverbank in Middleton hall and listen to Badger, the storyteller for the show perform every 20 minutes – on the hour, 20 minutes past and 40 minutes past. Santa is in his Grotto in the majestic Toad Hall. Save time and book online to see Santa (until 1pm 24 December). A visit per child is £6.50 and includes a lovely gift. You can book at www.thecentremk.com, call 0870 890 2606, or pop in to the Boathouse ticket office in Middleton Hall near Mothercare.

A very special Santa Photo

Have a photograph taken with Santa when you visit the Grotto and have it printed out as an MK News mock front cover in the Wind in the Willows theme. It costs only £5.00 and is available from the Photo Cabin in Middleton Hall.

Whittlebury Hall

THE DAY SPA
WHITTLEBURY HALL

Sponsor of thecentre:mk Christmas Show
To alleviate stress and promote wellbeing visit the Day Spa - Whittlebury Hall in Middleton Hall, next to Pizza Express until 31 December. They are offering customers the opportunity to purchase Spa Experience Days and Gift Cards.

sky

Sponsor of thecentre:mk Christmas Show.
For your complete entertainment experience, visit the 'store without walls' on the mall – Midsummer Arcade near the market doors or on Silbury Arcade by Queens Court.

dyson

22 December – 2nd January
Dyson will be demonstrating its latest designs and technology in Midsummer Arcade near Superdrug. Shoppers who purchase a DC16 or DC16 Animal will be able claim a free DC16 tool kit. Buy an upright or cylinder vacuum cleaner and Dyson will give a free party cleanup kit – ideal for Christmas!

Proms in the Park

Christmas gift idea!! - Buy a memory for a loved one
Get a discounted Proms in the Park ticket for the 19 July at exclusive 'early bird' prices from Customer Services near Bhs on Silbury Arcade

John Lewis Red Tractor Assured

The Place to Eat, the restaurant in John Lewis now uses Red Tractor Assured for all its fresh meat including pork, beef, lamb, chicken and turkey.
The Red Tractor logo is the trusted symbol for food produced by farmers who care. It shows that they have followed proper standards to make sure that food is safe and that animals have been properly treated.

Dance Party

pineapple

22 December 12 – 6pm
Come and join the fun! The Pineapple Dance Troupe and celebrity choreographers Paulette Minott and Louie Spence will show you some dance moves and if you spend £40 or more, you will be invited to an exclusive dance class in Covent Garden. You will be taught by Sugarbabes choreographer and 'Bump'n'Grind' judge, Paulette Minott and Sky 1's 'Cirque de Celebrité' judge Louie Spence.

F Hinds

F Hinds Half Price sale starts on 26 December.
Fantastic half price offers will be available on a wide range of jewellery and watches, including 18ct and 9ct gold, silver, diamond and gemstone jewellery, plus reduced price gifts and clocks.

Sunglass Hut

Christmas Saver Weekend 21 – 23 December. 15% off everything in store.

Holland & Barrett

Worried about post Christmas bulges? Help is at hand. Reveal your Brazilian body with some natural help from Chá de Bugre. Holland & Barrett's Chá de Bugre capsules cost £19.99 for 100 capsules and are available in stores nationwide or call (0870) 6066605 or visit www.hollandandbarrett.com

SALES

With late night opening through to January and free parking after six, thecentre:mk is the perfect place to visit to pick up a post Christmas bargain in the sales. The sales start early on 27th December with Next opening at 5am and M&S at 6am.

Christmas TELEVISION

If there is not enought to satisfy you on the small screen then why not get out and about and watch the latest movies released over the festive period on the big screen?

ALVIN AND THE CHIPMUNKS

Jason Lee, Ross Bagdasarian Jr., Janice Karman

BASED on the 1980s cartoon series about a music group consisting of three chipmunks; mischievous group leader Alvin; tall and quiet Simon; and chubby, impressionable Theodore.

NOW you can win a fantastic goodie bag from the film packed with brilliant prizes.

All you have to do is tell us the names of Alvin's two friends.

Answers by e-mail to competitions@mk-news.co.uk. First out of the hat wins. Closing date December 21.

RIPLEY'S BELIEVE IT OR NOT (15)

Jim Carrey

THE film follows Ripley as he's becoming world famous for his newspaper column, which charts his adventures discovering the world's weirdest creatures, objects and people. But he learns that his subjects – particularly the people – are more than just curios for his collection.

BEE MOVIE

Uma Thurman, Alan Arkin, Patrick Warburton, Rip Torn, Oprah Winfrey, William H Macy, Robert Duvall, Kathy Bates, Tim Blake Nelson, Matthew Broderick, Jerry Seinfeld, Renee Zellweger

Barry B Benson (Seinfeld) is a bee. Fresh out of bee college and about to choose his lifelong career in honey, he longs for more. During an adventure outside, he breaks the rules and speaks to human florist Vanessa (Zellweger), and is outraged to discover that humans are stealing the bees' produce for their own consumption.

ENCHANTED (PG)

James Marsden, Amy Adams, Susan Sarandon, Patrick Dempsey

THE good news: animated Disney princess Giselle (Adams) has found true love with a prince (Marsden). Bad news: his stepmother (Sarandon) doesn't want him to create a new queen, so she banishes Giselle to real-world New York, which doesn't gel with her fairy-tale ways.

WE OWN THE NIGHT (15)

Joaquin Phoenix, Mark Wahlberg, Eva Mendes, Robert Duvall

NEW York City, 1988. Club manager Bobby Green (Phoenix) hasn't told his criminal associates that his brother Joe (Wahlberg) and father Burt (Duvall) are prominent policemen. When Joe is seriously injured, Bobby resolves to take up his crusade.

MR MAGORIUM'S WONDER EMPORIUM (U)

Jason Bateman, Natalie Portman, Dustin Hoffman, Zach Mills

MR Magorium (Hoffman) decides the time has come to leave his magical toy shop in the hands of his assistant, Mahoney (Portman). But the frustrated young woman isn't sure she has what it takes to run the Wonder Emporium.

I'M NOT THERE (2007)

Christian Bale, Cate Blanchett, Colin Farrell, Julianne Moore, Richard Gere, Charlotte Gainsbourg, Ben Whishaw, Heath Ledger, Michelle Williams, Marcus Carl Franklin, Oren Moverman

BIOPIC of legendary singer Bob Dylan through seven different stages in the artist's life played by six different actors. The events that follow are drawn as much from Dylan's songs as from his actual biography

ST TRINIAN'S

Rupert Everett, Colin Firth, Russell Brand, Caterina Murino, Jodie Whittaker, Stephen Fry, Lena Headey, Celia Imrie, Mischa Barton, Girls Aloud

THE infamous school for young ladies, St Trinian's, is once again facing dire financial crisis. As unorthodox headmistress Camilla Fritton (Everett) struggles to deal with the new Education Minister Geoffrey Thwaites (Firth), the responsibility for saving St Trinian's from its creditors falls to the anarchic pupils.

I AM LEGEND

Will Smith

BASED on Richard Matheson's novel, a lone healthy survivor of a biological war faces off against a new breed of nocturnal mutants.

PS I LOVE YOU

Hilary Swank, Gerard Butler, Harry Connick Jr., Kathy Bates, Lisa Kudrow, Gina Gershon

HOLLY (Swank) and Gerry (Butler) are happily married -–mostly. But when he dies, she is bereft and unable to cope, until a series of letters that Gerry wrote for her start to arrive, helping her to move on.

BALLS OF FURY (12A)

Dan Fogler, Maggie Q, George Lopez, James Hong, Terry Crews, Christopher Walken

WALKEN plays an evil crime boss who is Table tennis prodigy Randy (Fogler) is all washed up – until an FBI agent (Lopez) asks him to infiltrate an underground ping-pong contest run by elusive crime boss Feng (Walken). But can mentor Master Wong (Hong) get Randy ready in time?

COMPETITION

IMAGINE being able to watch any film, any day, any time and at any Cineworld Cinema from just £11.99 a month* - now you can with the Cineworld Unlimited Card.

In addition card holders will receive preferential invitations and discounted tickets to Cineworld special events, exclusive advance screenings, competitions, and cinema food/drink offers.

Signing up is easy, just pop into Cineworld where a member of staff will be happy to help you fill in your application. Or apply online at: www.cineworld.co.uk

*Conditions apply – 12 month minimum contract.

MK NEWS has teamed up with Cineworld in Milton Keynes to give away one unlimited card giving the winner a year's free cinema. Just send an e-mail to: competitions@mk-news.co.uk complete with your name, address and contact telephone number by December 21. First drawn out of the hat wins. Editor's decision is final

Christmas TELEVISION

THURSDAY
December 20

BBC1

6.00 Breakfast (T) **9.15** To Buy or Not to Buy (R/T) **10.00** Escape to the Country (T) **11.00** Homes under the Hammer (T) **11.30** Car Booty (R/T) **12.15** Bargain Hunt (R/T) **1.00** BBC News; Weather (T) **1.30** Regional News and Weather (T) **1.40** Doctors (T) **2.10** Monk (T) **2.50** 'Allo 'Allo! (T) **3.20** BBC News and Weather (T) **3.25** CBBC **5.25** Newsround (T) **5.35** Cash in the Attic (R/T) **6.00** BBC News and Weather (T) **6.30** Regional News Programmes (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **EastEnders** Stacey worries for Steven as he sinks into depression. (T)

8.00 **Oliver Twist** Sikes escapes back to London with a badly wounded Oliver. (T)

8.30 **Cars, Cops and Bailiffs** Bailiffs Chris and Jason think they've hit the jackpot when their ANPR camera flags up a Ferrari. (T)

9.00 **Crimewatch** Fiona Bruce presents more reconstructions of major crimes, and appeals for the public's help to solve them. (T)

10.00 **BBC News; Regional News; Weather** (T)

10.25 **Regional News Programmes** (T)

10.35 **Crimewatch Update** Updates on cases featured in tonight's programmes. (T)

10.45 **Skint: Hard Christmas** Documentary about Vernon Burgess, Birmingham's most famous Big Issue seller. (T)

11.25 **FILM: Tootsie** (1982) Comedy about an out-of-work actor who dresses in drag for an audition, only to land the female lead in a TV soap. Stars Dustin Hoffman. (T)

1.20 Skiing Weather **1.25** Sign Zone: Panorama (R/T) **1.55** Baddiel and the Missing Nazi Millions (R/T) **2.55** Heston Blumenthal: In Search of Perfection (R/T) **3.25** Heston's Perfect Christmas Dinner (R/T) **4.25** Oz and James's Big Wine Adventures (R/T) **4.55** Joins BBC News 24 (T)

BBC2

6.00 CBeebies **7.00** CBBC **8.30** CBeebies **10.45 FILM: Return to Oz** (1985) Sequel to The Wizard of Oz starring Fairuza Balk. (T) **12.30** Working Lunch (T) **1.00** Animal Park (R/T) **2.00** Olympic Dreams (R/T) **2.45** Living in the Sun (R/T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** The Weakest Link (T) **6.00** Eggheads (R/T) **6.30** Strictly Come Dancing: It Takes Two (T)

7.00 **Dave Cameron's Incredible Journey** Behind-the-scenes documentary following David Cameron as he became leader of the Conservative party. (R/T)

8.00 **Arrange Me a Marriage** Claire Wallace enlisted the help of Indian arranged marriage fixer Aneela Rahman to help her find her ideal man. (T)

9.00 **Never Mind the Buzzcocks** Comedy pop quiz hosted by Simon Amstell with team captains Bill Bailey and Phill Jupitus. Guests are Myleene Klass, Vic Reeves and Matt Bowman of the Pigeon Detectives. (T)

9.30 **Lead Balloon** Rick hosts an event for a pharmaceutical company. His stand-up goes down surprisingly well, but some of his ill-advised gags have far-reaching consequences. (T)

10.00 **The Graham Norton Show** Chat show featuring celebrities, live music and fabulous weirdness from the great British public. Guests include Ashley Jensen, Miriam Margoyles and there is music from Mika. (T)

10.30 **Newsnight** Comprehensive coverage of today's important national and international news stories. (T) (Followed by Weather)

11.20 **BBC Four on BBC Two: The Martians and Us** The End of the World as We Know It. Series about the history of British science fiction. (T)

12.20 Joins BBC News 24 **4.55** Close

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** Christmas Cooks (T) **11.30** The Best of This Morning (T) **12.30** Loose Women Christmas Crackers (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Christmas Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Scarlett loses Daz's trust when she lets Jimmy think that they slept together. (T)

7.30 **Bygones** (T)

8.00 **The Bill** After a prison riot, Jason Forbes escapes. Zain tells Jack that Forbes was in for murder and he will be going after the person who exposed him - his lawyer, Jenna Bryce. (T)

9.00 **Sold** The employees try to impress Mr Colubrine as they compete for the job of Manager of the new flagship office in Spain. (T)

10.00 **How to Get More Sex** The last episode of the series takes a look at some age-old relationship questions. (T)

10.30 **ITV News and Weather** (T)

11.05 **Anglia Soccer Night** Kevin Piper and studio guests introduce a review of the week's action on and off the pitch, focusing on the fortunes of all the region's teams. (T)

11.35 **Secret Rivers** Paul Heiney canoes part of the river Nene, which flows 90 miles from its source near Daventry to the Wash. Along the way he paddles under a railway line, a canal and a Roman road near Watford Gap, goes past the historic Fotheringhay castle, and finally hitches a lift on a steam train. (R/T)

12.05 ITV Play: Make Your Play (T) (Followed by ITV News Headlines) **4.10** The Jeremy Kyle Show (R/T) **5.00-5.55** CITV **5.55** ITV Early Morning News (T)

FOUR

6.00 The Hoobs (R/T) **6.25** The Hoobs (R/T) **6.50** The Treacle People (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **7.55** Just Shoot Me (R/T) **8.25** Frasier (R/T) **8.55** T4: Movie Special (R/T) **9.25** Friends (R/T) **9.55** Friends (R/T) **10.30** The Simpsons (R/T) **11.00** Mobileact Unsigned (R/T) **12.00** News at Noon (T) **12.30** Come Dine with Me (R/T) **1.00** It's Me or the Dog (R/T) **1.30** Proud Parents (R/T) **1.40 FILM: Carry On Cowboy** (1965) Comedy with Sid James. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal: Scrooge Vs. Santa (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder** (T)

8.00 **Come Dine With Me At Christmas** In this delectable Christmas special, four amateur chefs from York take turns to prepare and serve one dish of a four-course festive banquet to the other three - who they've never met before. (R/T)

9.00 **Hitler's British Girl** Featuring original testimony and with the release of secret documents from the Home Office and MI5, this film offers new insights and theories about 'Hitler's Girl'. (T)

10.00 **Without a Trace** The team searches for Barry Rosen, a competitive eating champion who vanishes after winning a $5,000 prize in a chili-eating contest. (T)

11.00 **Shameless** Explosions across the estate spark fears that the Chatsworth is a terrorist target. (R/T)

12.00 Coming Up (T) **12.30** 4music: Album Chart Show: David Gray Special (R/T) **1.00 FILM: One For The Road** (2002) Comedy drama with Rupert Procter. (T) **2.35** King of the Hill (T) **3.05** Blowing It (R/T) **3.10** Dispatches: How Safe Are Your Christmas Toys? (R/T) **4.05** Angry George Irons (R/T) **4.15** Make Me A Muslim (R/T) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** Stargate Atlantis (R/T) **10.00** Everybody Hates Chris (R/T) **10.30** Trisha Goddard (R/T) **11.30** five news (T) **12.00** Home and Away (R/T) **12.30** Cooking the Books (R/T) **1.00** Hanrahan Investigates (T) **1.35 FILM: Boyfriend for Christmas** (2004) A romantic story about an attractive lawyer who has been seeking true love since her teenage years. When an old sweetheart re-appears in her life, things brighten up, but will he turn out to be the man of her dreams? With Kelli Williams, Patrick Muldoon and Charles Durning. (T) **3.30** five news update (T) **3.35 FILM: The Christmas Card** (2006) Uplifting drama with Ed Asner, John Newton and Alice Evans. (T) **5.30** five news (T) **6.00** Home and Away (T) **6.30** Cooking the Books (T)

7.00 **five news** National and international news. (T)

7.30 **UEFA Cup Football** Live UEFA Cup football action as AZ Alkmaar take on Everton. Presented by Colin Murray, with commentary from Dave Woods. Kick off is at 19.45. (T)

10.00 **Californication** Becca makes a decision about her future; Mia receives a great deal of interest in the novella she claims to have written; and Hank finally realises what has happened to his manuscript. (T)

10.40 **30 Rock** Sitcom set behind the scenes of a late-night sketch comedy show. Liz is confused when she meets the perfect man; Jack spends a day in Kenneth's shoes; and Tracy recruits Toofer and Frank to help him write his autobiography. (T)

11.10 **Disorderly Conduct** US documentary series featuring footage of real-life car crashes, drug busts and high-speed pursuits. (R/T)

12.10 Quiz Call **4.00** Dutch Football (T) **5.10** Football Argentina Highlights

SATELLITE

SKY ONE

6.00am The 10th Kingdom **7.00** Futurama **7.30** Futurama **8.00** Malcolm in the Middle **8.30** Malcolm in the Middle **9.00** Are You Smarter Than A 10 Year Old **10.00** Are You Smarter Than A 10 Year Old **11.00** Are You Smarter Than A 10 Year Old **12.00pm** Futurama **12.30** Futurama **1.00** Malcolm in the Middle **1.30** Cirque de Celebrite **3.00** Michael Owen...A Year In The Life Of **4.00** Brainiac's Christmas Cracker **5.00** Are You Smarter Than A 10 Year Old **6.00** The Simpsons **6.30** The Simpsons **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Bones **10.00** Journeyman **11.00** Inside Britain's Fattest Man **12.00am** Greece Uncovered **1.00** Greece Uncovered **1.50** The Villa **2.40** Red Light Girls **3.30** Nip/Tuck **4.20** Nip/Tuck **5.10** Guilty!

ITV2

6.00am GMTV2 **9.25 FILM:** Dragonheart **11.15** Judge Judy **11.40** Judge Judy **12.00pm** Judge Judy **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.40** The Ricki Lake Show **4.30** Movies Now **4.40 FILM:** Thunderbirds **6.25** Dick Whittington **8.00** Xtra Factor: Best & Worst **9.00 FILM:** Die Hard 2 **11.20 FILM:** Bridget Jones: The Edge Of Reason **1.20am** Xtra Factor: Best & Worst **2.25** Teleshopping **5.25** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.50** Doctor Who Confidential **8.00** All New House of Tiny Tearaways **9.00** Don't Tell the Bride **10.00** EastEnders **10.30** The Mighty Boosh **11.00** Comedy Shuffle **11.30** Don't Tell the Bride **12.25am** Two Pints of Lager and a Packet of Crisps **12.55** Two Pints of Lager and a Packet of Crisps **1.25** The Mighty Boosh **1.55** Comedy Shuffle **2.25** Radio 1 on Three **3.20** All New House of Tiny Tearaways **4.20** Doctor Who Confidential **4.35** Close

BBC4

7.00pm World News Today **7.30** Wainwright's Walks **8.00** The Art of Eternity **9.00** Crisis at the Castle **10.00** Lost Hearts **10.35** The Late Edition Live **11.05** The Signalman **11.45** Children's TV on Trial **12.45am** Crisis at the Castle **1.45** Wainwright's Walks **2.15** The Late Edition **2.45** The Art of Eternity **3.45** Close

Christmas TELEVISION

Eric Potts as Widow Twanky in Aladdin at MK Theatre

It's panto time again (that's the part when you all shout 'oh no it isn't' and I shout back 'oh yes it is') and the area is spoilt for choice with more magic carpets, ugly sisters and 'it's behind you' than you can shake a stick at. Us kindhearted folks love a good panto so much that we have decided to give you a run down on the best that's out there to make your festive season that little bit more fun. There is also a chance to win tickets to some of the pantos too - so read on...

ALADDIN

MK Theatre
Until January 20.
Bookings: 0870 060 6652

ARE you under the impression that panto's for kids? Oh no it isn't!

Last Tuesday I went to see Aladdin at Milton Keynes Theatre and I haven't shut up about it since.

Cheeky chappy Bradley Walsh - playing Wishee Washee - had me laughing my socks of the whole way through.

But I wasn't in stitches alone. The whole audience and a large part of the star-studded cast were doubled over in two as well, thanks to his ad lib one-liners.

It's a cliche but he really is the star of the show.

Nobody knows what he will do or say next, and that makes it a lot of fun.

His comedy is spot on - and although a lot of his jokes probably go over the childrens' heads - the show is a huge treat for them too.

With spectacularly over-the-top sparkling sets and costumes, a flying carpet and songs that you can't help but bop along to, there were a lot of open-mouthed youngsters in the auditorium.

Eric Potts as Widow Twankey is hilarious, the genie is impressively large, and the young cast members are just adorable - including Bradley's son Barney who looks set to follow in his father's footsteps.

By the end I am proud to say that I found myself singing along to a song about a worm called Wiggly Woo, and I can guarantee you will too.

ALICIA BABAEE

COMPETITION
WIN one of three family tickets to see Aladdin for a performance on January 3 at 6pm.
Send an e-mail catchlined 'Aladdin Tickets' with your name, address and daytime telephone number to competitions@mk-news.co.uk.
First out of the hat wins.
Editor's decison is final.
Closing date December 28.

THE SNOW QUEEN

The Stables
Until January 6. 7.30pm
Bookings: 01908 280800

OVER snow covered mountains across shining glaciers and shifting ice-flows, lies a glittering palace. Within its icy walls lives the Snow Queen, daughter of ice giants and goddess of winter, a shimmering beauty but with a cold and evil heart. She will not rest until all the nine worlds are frozen and all things good are turned bad.

Battling through snowstorms and blizzards, Gerda and Freya, goddess of Spring, travel over the rainbow bridgefrom middle earth to the land of gods, serpents and trolls to rescue their brothers from the Snow Queen's icy grasp. Be a part of their journey as they boldy go to the land of eternal dark to defeat the evil Queen and breathe life back into the frozen earth.

Based on Hans Christian Anderson's classic tale, a world of fantasy and imagination mingles with everyday reality and becomes a very special show for everyone to enjoy this Christmas.

COMPETITION
WIN tickets for a family of four to see this performed on Saturday, January 5.
All you have to do is send an e-mail catchclined 'The Snow Queen Tickets' with your name, address and telephone number to competitions@mk-news.co.uk.
The first drawn out of the hat will win.
Closing date December 31.
The editor's decision is final.

CINDERELLA

Milton Keynes Amateur Operatic Society
December 28 to January 5
Bookings 07765 084193

GET your glad rags on you shall go to the ball.

Take one girl, a loyal friend and a Fairy Godmother. Add a pair of ugly sisters, a handsome prince, mix well with loads of panto magic and you've got the recipe for the fairy godmother of all pantos.

What wonders will happen before the clock strikes twelve? With a lost slipper, spells broken and ugly sisters out for revenge, it won't be an easy ride to live happily ever after...

CINDERELLA

Milton Keynes Theatre of Comedy Olney Working Men's Club
Until December 22
Bookings 0845 241 0967

THIS classic tale is given another working complete with plenty of madness, daft jokes and general silly capers.
Watch out for the two ugly sisters Salmonella and Listeria!

101 DALMATIONS

Starring Georgina Roberts
Royal and Derngate, Northampton
Until January 6
Bookings 01604 624811

PETER PAN

Starring Brian Blessed
The Grove Theatre, Dunstable
Until January 6
Bookings 01582 60 20 80

PETER PAN

Starring Paul Daniels and Debbie McGee
Aylesbury Civic Centre
Until December 30
Bookings 01296 486009

PETER PAN

Starring David Essex and Sophie Lawrence
Royal and Derngate, Northampton
Until January 13
Bookings 01604 624811

SLEEPING BEAUTY

Leighton Buzzard Drama Group perform this classic tale
Leighton Buzzard Theatre
January 9-26
Bookings 01582 818801

ALADDIN

Starring Lucinda Cowden
The Library Theatre, Luton
Until January 12
Bookings 01582 547474

Christmas TELEVISION

FRIDAY
December 21

BBC1

6.00 Breakfast (T) **9.15** To Buy or Not to Buy (R/T) **10.00** Escape to the Country (T) (Followed by BBC News; Weather) **11.00** Homes under the Hammer (T) **11.30** Car Booty (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News; Weather (T) **1.30** Regional News and Weather (T) **1.40** Doctors (T) **2.10** Monk (T) **2.50** 'Allo 'Allo! (T) **3.20** BBC News and Weather (T) **3.25** CBBC **5.25** Newsround (T) **5.35** Cash in the Attic (R/T) **6.00** BBC News and Weather (T) **6.30** Regional News Programmes (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)
7.30 **Junior Mastermind** (T)
8.00 **EastEnders** Lauren is furious after her discovery. (T)
8.30 **Oliver Twist** Despite Corney and Bumble's attempts to extort money from him, Monks quickly gets the upper hand. (T)
9.00 **The Green Green Grass** Bryan gets more than he bargained for when he meets his new love and the staff's loyalties are severely tested. (T)
9.30 **Not Going Out** Lee's plan to spend time alone with Lucy at Christmas is threatened. (T)
10.00 **BBC News; Regional News; Weather** (T)
10.25 **Regional News Programmes** (T)
10.35 **Friday Night with Jonathan Ross** (T)
11.35 **FILM: The Thomas Crown Affair** (1999) Drama about a self-made millionaire with a thirst for danger who steals a priceless painting for the sake of a challenge and later succeeds in seducing the woman charged with investigating his crime. Stars Pierce Brosnan. (T)

1.20 FILM: Tales From the Crypt (1972) Horror starring Ralph Richardson. (T) **2.50** Weatherview **2.55** Sign Zone: Top Gear (R/T) **3.55** You Can't Fire Me, I'm Famous (R/T) **4.40** Joins BBC News 24 (T)

BBC2

6.00 CBeebies **7.00** CBBC **8.30** CBeebies **10.55 FILM: Casper** (1995) Family fare starring Christina Ricci. (T) **12.30** Working Lunch (T) **1.30** Animal Park (T) **2.00** Olympic Dreams (T) **2.45** Living in the Sun (R/T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** The Weakest Link (T) **6.00** Eggheads (R/T) **6.30** Strictly Come Dancing: It Takes Two (T)

7.00 **Facehooked** A look at social networking site 'Facebook' which now has 50 million international members. (T)
7.30 **Nigella's Christmas Kitchen** Nigella Lawson lays out her philosophy for not only coping with but actively enjoying Christmas. (R/T)
8.00 **Gardeners' World** In an hour long Christmas edition of Gardeners' World, Monty Don, Carol Klein, Joe Swift, Sarah Raven and Alys Fowler offer 12 gardening ideas to cover each of the 12 days of Christmas. (T)
9.00 **Olympia Horse Show** Clare Balding presents live coverage of the 'Puissance' competition: high jump on horseback. Last year was a Whittaker family affair, with John and son Robert tying for first place alongside Swiss rider Markus Fuchs. All three had cleared a wall of 7ft 4in. Commentary from Michael Tucker. (T)
10.30 **Newsnight** (T) (Followed by Weather)
11.00 **Newsnight Review** (T)
11.35 **Later...with Jools Holland** Jools looks back at some of his favourite collaborations: Paul McCartney, Dusty Springfield, The White Stripes, Solomon Burke, Norah Jones, Mary J Blige and many others. (T)

12.35 FILM: Hawk the Slayer (1980) Sword-and-sorcery adventure starring John Terry. (T) **2.05** Star Trek: The Next Generation (R/T) **2.50** Star Trek: The Next Generation (R/T) **3.35** Joins BBC News 24 **4.40** Close

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** Christmas Cooks (T) **11.30** The Best of This Morning (T) **12.30** Loose Women Christmas Crackers (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Christmas Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Debbie lures Scarlett further into her thrall. Diane scuppers Lexi's raffle scam. (T)
7.30 **Coronation Street** Audrey makes a discovery that leaves David's future in question. (T)
8.00 **What Happened Next? Tonight** This edition looks back on the programme's major stories of the year, and reveals what happened after the cameras were turned off. (T)
8.30 **FILM: Die Another Day** (2002) While on assignment in North Korea, James Bond is captured by government agents and imprisoned, but when he finally wins his freedom, not everyone is certain 007 is still up to it. Continues after the news. (T)
10.30 **ITV News and Weather** A round-up of the latest news headlines plus a national weather forecast. (T)
11.05 **FILM: Die Another Day** (2002) Conclusion of tonight's James Bond thriller with Pierce Brosnan, Halle Berry and Rosamund Pike. (T)
11.35 **Tarrant on TV** Chris Tarrant casts an ever watchful eye over the frequently bizarre and often extreme world of television. (R/T)

12.05 ITV Play: Make Your Play (T) (Followed by ITV News Headlines) **4.20** Karen Sisco (R/T) **5.00-5.55** CITV **5.55** ITV Early Morning News (T)

FOUR

6.00 The Hoobs (R/T) **6.50** The Treacle People (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **7.55** Just Shoot Me (R/T) **8.25** Frasier (R/T) **8.55** T4: Movie Special (R/T) **9.25** Friends (R/T) **9.55** Friends (R/T) **10.25** The Simpsons (R/T) **11.00** Mobileact Unsigned (R/T) **12.00** News at Noon (T) **12.30** Come Dine with Me (R/T) **1.00** Supporting Acts (R/T) **1.15 FILM: Breakfast at Tiffany's** (1961) Romantic drama starring Audrey Hepburn. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal: Scrooge Vs. Santa (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
8.00 **A Place in the Sun: Home or Away** Tonight's episode answers an urgent SOS call from France. Lee Osbourne and Kathy Jones bought a farmhouse and moved to the Limousin area of France 18 months ago. (T)
9.00 **Jamie At Home Christmas Special** Following the success of the first season of Jamie at Home , Jamie Oliver returns to the garden of his Essex home to prepare a festive feast with help from his friend and mentor Gennaro Contaldo, and Brian the gardener. (T)
10.00 **The Friday Night Christmas Project With Girls Aloud** The dynamic duo Justin Lee Collins and Alan Carr celebrate the festive season with Christmas and New Year Specials. (T)
11.05 **Father Ted Christmas Special** It's a nightmare Christmas when Father Ted and Father Dougal get lost in a department store's vast lingerie department. Only (R/T)

12.15 Fonejacker Christmas Special (T) **12.50** 4music: Album Chart Show: Orson Special (T) **1.20** 4music: Isle Of Wight Festival: Paolo Nutini (T) **1.50** Goalissimo **2.45** World Cup Snowboard **4.35** Transworld Sport (R/T) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** Stargate Atlantis (R/T) **10.00** Everybody Hates Chris (R/T) **10.30** Trisha Goddard (R/T) **11.30** five news (T) **12.00** Home and Away (R/T) **12.30** Cooking the Books (R/T) **1.00** Hanrahan Investigates (T) **1.35** Russell Grant's Postcards (R/T) **1.40 FILM: The Christmas Shoes** (2002) Seasonal family drama with Rob Lowe. (T) **3.40** five news update (T) **3.45 FILM: A Carol Christmas** (2003) Drama with Tori Spelling. (T) **5.30** five news (T) **6.00** Home and Away (T) **6.30** Cooking the Books (T)

7.00 **five news** National and international news. (T)
7.15 **Polar Bear Week with Nigel Marven** Zoologist Nigel Marven explores the wildlife of the Canadian Arctic. (T)
8.00 **Penguin Adventure with Nigel Marven** Filmmaker Nigel Marven meets and documents four different species of penguin in their own environment - the sub-Antarctic island of South Georgia. (R/T)
9.00 **NCIS** The team goes on the trail of a missing Navy lieutenant after her bloodied car is found abandoned. Tony is secretly offered a promotion by NCIS director Jenny Shepard. (T)
10.00 **Law and Order: Criminal Intent** Crime drama series that looks inside the minds of criminals. While searching for a missing woman, Goren and Eames uncover a cell of terrorist suicide bombers. (R/T)
11.00 **Angelo's** Angelo plans a mural for the cafe; Maria's modelling career gets off to a rocky start at the student fashion show; Shelley and Alicia form an unlikely bond, and Karen has some news for Dave. (T)
11.30 **Valley of the Sex Dolls** Stars and directors give their dos and don'ts of sex on camera, and reveal how Viagra has changed the industry. (R/T)

12.00 Quiz Call **5.10** Out of Practice (R/T) **5.35** Out of Practice (R/T)

SATELLITE

SKY ONE

6.00am The 10th Kingdom **7.00** Futurama **7.30** Futurama **8.00** Malcolm in the Middle **8.30** Malcolm in the Middle **9.00** Are You Smarter Than A 10 Year Old **10.00** Are You Smarter Than A 10 Year Old **11.00** Are You Smarter Than A 10 Year Old **12.00pm** Futurama **12.30** Futurama **1.00** Malcolm in the Middle **1.30** Cirque de Celebrite **3.00** When Santas Go Wrong **4.00** Brainiac Test Tube Baby: Xmas Special **5.00** Are You Smarter Than A 10 Year Old **6.00** The Simpsons **6.30** The Simpsons **7.00** The Simpsons **7.30** The Simpsons **8.00** Are You Smarter Than A 10 Year Old? **9.00** Project Runway **10.00** Kate: The New Diana? **11.00** Robbie Williams Live At The Albert Hall **12.30am** Greece Uncovered **1.30** The Villa **2.25** Red Light Girls **3.20** Nip/Tuck **4.15** Nip/Tuck **5.10** Guilty!

ITV2

6.00am GMTV2 **9.25 FILM:** Thunderbirds **11.15** Judge Judy **11.35** Judge Judy **12.00pm** Judge Judy **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.40** The Ricki Lake Show **4.30** Movies Now **4.40** The X Factor Final **6.30** Aladdin **8.00** The X Factor Final Results **9.00 FILM:** Bridget Jones: The Edge Of Reason **11.05** Coronation Street **11.35 FILM:** Ali G Indahouse **1.15am** The New Adventures of Superman **2.15** Teleshopping **4.45** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** All New House of Tiny Tearaways **9.00** Torchwood **9.45** Torchwood: Declassified **10.00** EastEnders **10.30** Tittybangbang3 **11.00** Two Pints of Lager and a Packet of Crisps **11.30** Two Pints of Lager and a Packet of Crisps **12.00am** Family Guy **12.25** Family Guy **12.45** The Mighty Boosh **1.10** Tittybangbang3 **1.40** Two Pints of Lager and a Packet of Crisps **2.10** Two Pints of Lager and a Packet of Crisps **2.40** Torchwood **3.25** The Mighty Boosh **3.55** All New House of Tiny Tearaways **4.55** Close

BBC4

7.00pm World News Today **7.30** Gergiev Conducts Three 20th Century Greats **9.15** What Did You Do in the Great War, Daddy? **10.15** Christmas Under Fire **11.45** Charlie Brooker's Screenwipe **12.15am** Children's TV on Trial **1.15** What Did You Do in the Great War, Daddy? **2.15** Gergiev Conducts Three 20th Century Greats **4.00** Close

Dreaming of warmer climes?

If you're planning to escape to a place in the sun, why not learn a little of the language and culture before you go? ACE has language courses starting throughout the year, from absolute beginners to advanced conversation. If the language you're looking for isn't on the list below, you can browse our full spring/summer programme at www.milton-keynes.gov.uk/ace

Course Code	Course Title	Venues	Start Date	Week Days	Start Time	Finish Time	Course Length	Full Fee	Concess. Fee
12F519XA	All Day French - Absolute Beginners	Stony Stratford ACE Centre	09-Feb-08	Sat	10:00	16:00	1 day	£36.00	£27.00
12F518XA	All Day Spanish - Absolute Beginners	Stony Stratford ACE Centre	02-Feb-08	Sat	10:00	16:00	1 day	£36.00	£27.00
12C500BA	Arabic - Absolute Beginners	Shenley Brook End School	16-Jan-08	We	19:00	21:00	10 wks	£89.00	£67.00
12B503WA	French - Advanced Conversation	Woughton Campus East	15-Jan-08	Tu	19:00	21:00	10 wks	£89.00	£67.00
12A502WA	French - Beginners Fast Track	Woughton Campus East	14-Jan-08	Mo	19:00	21:00	20 wks	£178.00	£134.00
12C520SA	French - Beginners Fast Track	Denbigh School	16-Jan-08	We	19:00	21:00	20 wks	£178.00	£134.00
12B521XA	French - Moving on to Advanced 2	Stony Stratford ACE Centre	15-Jan-08	Tu	10:00	12:00	10 wks	£89.00	£67.00
12B504SA	German - Beginners Fast Track	Denbigh School	15-Jan-08	Tu	19:00	21:00	20 wks	£178.00	£134.00
12C505WA	Greek - Beginners Fast Track	Woughton Campus East	16-Jan-08	We	19:00	21:00	20 wks	£178.00	£134.00
12B508WA	Italian - Advanced Conversation	Woughton Campus East	15-Jan-08	Tu	19:00	21:00	10 wks	£89.00	£67.00
12A506ZA	Italian - Beginners Fast Track	Knowles ACE Centre	14-Jan-08	Mo	12:00	13:00	20 wks	£89.00	£67.00
12B507WA	Italian - Beginners Fast Track	Woughton Campus East	15-Jan-08	Tu	19:00	21:00	20 wks	£178.00	£134.00
12C519WA	Polish - Beginners Fast Track	Woughton Campus East	16-Jan-08	We	19:00	21:00	20 wks	£178.00	£134.00
12A522WA	Portuguese - Absolute Beginners 2	Woughton Campus East	14-Jan-08	Mo	19:00	21:00	10 wks	£89.00	£67.00
12C509SA	Russian - Beginners Fast Track	Denbigh School	16-Jan-08	We	19:00	21:00	20 wks	£178.00	£134.00
12A512WA	Spanish - Beginners Fast Track	Woughton Campus East	14-Jan-08	Mo	19:00	21:00	20 wks	£178.00	£134.00
12A516WA	Spanish - Beginners Fast Track	Woughton Campus East	14-Jan-08	Mo	19:00	21:00	20 wks	£178.00	£134.00
12B510ZA	Spanish - Beginners Fast Track	Knowles ACE Centre	15-Jan-08	Tu	12:30	13:30	20 wks	£89.00	£67.00
12C513BA	Spanish - Beginners Fast Track	Shenley Brook End School	16-Jan-08	We	19:00	21:00	20 wks	£178.00	£134.00
12D515ZA	Spanish - Beginners Fast Track	Open University Library	17-Jan-08	Th	19:00	21:00	20 wks	£178.00	£134.00
12D514ZA	Spanish - Beginners Fast Track	CMK ACE Centre	17-Jan-08	Th	17:30	18:30	20 wks	£89.00	£67.00
12F511XA	Spanish - Beginners Fast Track	Stony Stratford ACE Centre	19-Jan-08	Sat	10:00	12:00	20 wks	£178.00	£134.00

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Christmas TELEVISION

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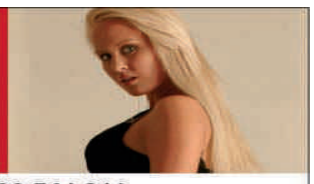
Your cousin screaming "I asked for a Blaster not a Blaster Max" or...



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SATURDAY
December 22

BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.30** Rachel's Favourite Food (T) **12.00** BBC News; Weather (T) **12.10** Football Focus (T) **1.00** Racing from Ascot (T) **2.30** Olympia Horse Show: World Cup (T) **4.30** Final Score (T) **5.30** BBC News; Regional News; Weather (T) **5.50** Strictly Come Dancing (T)

7.10 **Oliver Twist** Sikes goes on the run with Oliver, but his journey is interupted. Brownlow and the police search Fagin's den. (T)

7.45 **The National Lottery: Who Dares Wins** Nick Knowles hosts the National Lottery quiz where two teams of complete strangers compete to win 50,000 pounds by completing a series of lists. (T)

8.35 **Casualty** Charlie witnesses a hit-and-run and thinks his day can't get any worse. (T)

9.25 **Strictly Come Dancing** It's the grand final, and there'll be no seasonal good will as the three finalists battle it out for the title. (T)

10.10 **BBC News; Weather** (T)

10.30 **Match of the Day** Gary Lineker, Alan Hansen and Alan Shearer look back at today's seven Premier League games. (T)

11.50 **FILM: Spy Hard** (1996) Spy spoof in which secret agent Dick Steele - aka WD-40 - must stop his nemesis, the evil General Rancor, who is threatening the world with his colossal weapon. At the behest of his director, who has a penchant for disguising himself as office furniture, Steele teams up with a beautiful KGB agent and blunders his way through a series of misadventures. Stars Leslie Nielsen. (T)

1.05 Friday Night with Jonathan Ross (R/T) **2.05** Weatherview **2.10** Sign Zone: Holby City (R/T) **3.10** The Eight Hundred Million Pound Railway Station (R/T) **4.40** Joins BBC News 24 (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** TMi (T) **10.25** Diddy Dick and Dom (T) **10.30** Stupid (T) **10.55** The Story of Tracy Beaker (R/T) (Followed by Bernard) **11.20** What's New Scooby Doo? (T) **11.45** Sportsround (T) **12.00 FILM: The Enemy Below** (1957) Drama starring Robert Mitchum. (T) **1.35 FILM: Merry Christmas** (2005) War drama starring Diane Kruger. (T) **3.20** The Blue Planet (T) **4.20** One Man and His Dog (T) **5.40** What the Papers Say Review 2007 (T) **6.20** Dad's Army (R/T)

7.00 **Porridge** The festive season falls upon the inmates of HMP Slade and finds them planning an escape. Fletch, meanwhile, is certain that the plan will fail and that retribution for it will be extremely unpleasant, so he plans to spend some time in the infirmary. (R/T)

7.45 **TOTP 2** Steve Wright with the music show that mixes todays hits with classic performances from the 'Top of the Pops' archives. (T)

9.25 **FILM: The Hitchhiker's Guide To The Galaxy** (2005) Movie adaption of Douglas Adams's cult sci-fi comedy novel. Arthur Dent escapes the destruction of the Earth – to make way for a new galactic hyper-space bypass – with the aid of his friend Ford, a researcher for the Hitchhikers Guide. Stars Martin Freeman. (T)

11.05 **FILM: The Life Aquatic with Steve Zissou** (2004) Off-beat comedy following a famous oceanographer and his mismatched crew in their search for a mythical Jaguar shark. As their adventure progresses, the surreal extremes of both the ocean and the team's personalities slowly become apparent. Stars Bill Murray. (T)

1.00 Comedy Connections (T) **1.40** **FILM: Holiday** (1938) Drama starring Katharine Hepburn and Cary Grant. (T) **3.10** Joins BBC News 24 **4.40** Close

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Horrid Henry (R/T) **9.40** Emu (T) **9.55** Supernormal (T) **10.10** My Parents Are Aliens (R/T) **10.40** Skyland (T) **11.25 FILM: Tooth** (2004) Family fantasy adventure tale starring Yasmin Paige. (T) **12.55 FILM: Jack Frost** (1998) Family drama starring Michael Keaton. (T) **2.35** ITV News and Weather (T) **2.40** Regional News and Weather **2.45** Agatha Christie's Poirot - Hercule Poirot's Christmas (R/T) **4.45** Regional News and Weather **5.00** ITV News and Weather (T) **5.20 FILM: Peter Pan** (2003) Family adventure tale starring Jason Isaacs. (T)

7.15 **Britain Sings Christmas (New)** A choir of 20 celebrities including Jo Brand, Kim Wilde and Antony Costa perform Britain's favourite Christmas songs in aid of The Prince's Trust. (T)

8.15 **Star Traders: The Christmas Challenge (New)** Myleene Klass and former rugby star Kyran Bracken are challenged to transform a worthless object into something priceless in just seven days, aided by celebrity friends. (T)

9.15 **An Audience With Celine Dion (New)** Canadian chanteuse Celine Dion performs her greatest hits in front of a star-studded audience. (T)

10.15 **Parkinson: The Final Show** Michael Parkinson ends this, his last-ever series, with a look back over his 30-year career as a chat show host, reflecting on some of his favourite and most treasured moments. (T)

11.20 **ITV Weekend News and Weather** (T)

11.30 **Tarrant on TV** Chris Tarrant casts an ever watchful eye over the bizarre and often extreme world of television. (R/T)

12.00 ITV Play: Make Your Play (T) **4.10** The Jules and Lulu Show (R/T) **4.30** The Jules and Lulu Show (R/T) **5.00-5.55** CITV **5.55** ITV Early Morning News (T)

FOUR

6.10 INUK (R/T) **6.25** The Hoobs (R/T) **6.50** The Treacle People (R/T) **7.00** Goalissimo (R/T) **8.00** The Morning Line (T) **8.50** T4: One Tree Hill (T) **9.50** Friends (R/T) **10.20** Movie Special (R/T) **10.50** The Mixtape (T) **11.20** Mobileact Unsigned (R/T) **12.25** Friends (R/T) **12.55** Scissor Sisters: Live At The O2 Arena (T) **2.00** Channel 4 Racing From Haydock Park, Newcastle And Lingfield Park (T) **4.05** The Simpsons (R/T) **4.35 FILM: A Christmas Carol** (1999) Dickens' classic story, with Kate Winslet. (T) **6.00** Deal Or No Deal: Scrooge Vs Santa (T) **6.50** Channel 4 News (T)

7.35 **The Three Tenors** This is another chance to see Channel 4's original broadcast of that night in Rome, as Pavarotti, Carreras and Domingo combine sublime operatic arias with internationally popular songs in a feast of music sung at its very best, with the renowned Zubin Mehta conducting a combination of two orchestras of nearly 200 musicians. (R/T)

9.25 **FILM: Changing Lanes** (2002) The story of what happens one day in New York when a young lawyer and a businessman share a small automobile accident on F.D.R. Drive and their mutual road rage escalates into a feud. Thriller, starring Ben Affleck, Samuel L. Jackson and Kim Staunton. (T)

11.20 **The Friday Night Christmas Project With Girls Aloud** Another chance to see Justin Lee Collins and Alan Carr celebrate the festive season with the first of two specials, hosted by Girls Aloud. (R/T)

12.25 4music: The Feeling: Video Exclusive **12.30** 4music: Keane: Live At The 02 Arena (T) **1.30 FILM: Second Best** (1993) Drama starring William Hurt, Nathan Yapp and Keith Allen. (T) **3.20** King of the Hill (T) **3.45** Extreme Archaeology (R/T) **4.45** Headland (R/T) **5.35** INUK (R/T) **5.50** The Treacle People (R/T)

FIVE

6.00 Sunrise **7.00** Milkshake! **10.00** The Gadget Show (R/T) **11.00** Football Italiano Highlights (T) **11.30** Nigel Marven's Alligator Adventure (R/T) **12.35 FILM: Home for Christmas** (1990) Heartwarming drama starring Mickey Rooney. (T) **2.30 FILM: Single Santa Seeks Mrs Claus** (2004) Seasonal romance starring Steve Guttenberg. (T) **4.10 FILM: Firefox** (1982) Cold War espionage thriller starring Clint Eastwood. (T) **6.35** Polar Bear Week with Nigel Marven (T)

7.20 **five news and sport** The latest national and international headlines. (T)

7.35 **NCIS** The team come up against the jurisdiction of the FBI, as they try and protect a high - profile naval officer from the attentions of an Al Qaeda cell. (R/T)

8.30 **NCIS** An old war hero confesses to a murder although Gibbs believes there is more to the story than the elderly man is letting on. (R/T)

9.25 **CSI: Crime Scene Investigation** Catherine and Brass investigate when dominatrix Lady Heather is almost strangled to death at a Wild West theme park. Meanwhile, Warrick and Nick look into the death of a young woman apparently hit by a taxi cab, and Grissom's reunion with Lady Heather makes Sara uncomfortable. (R/T)

10.25 **Law and Order: SVU** The team investigates a terminally ill embryologist suspected of facilitating the suicide of a severely depressed woman. (T)

11.25 **Criminal Minds** Drama series following the FBI's Behavioural Analysis Unit as they attempt to solve crimes through psychological profiling. Reid finds himself in peril when the stalker of a woman Reid is dating turns to murder. (R/T)

12.25 Quiz Call **5.10** Out of Practice (R/T) **5.35** Out of Practice (R/T)

SATELLITE

SKY ONE

6.00am The 10th Kingdom **7.00** Futurama **7.30** Futurama **8.00** Malcolm in the Middle **8.30** Malcolm in the Middle **9.00** Soccer A.M. **12.00pm** Futurama **12.30** Futurama **1.00** Malcolm in the Middle **1.30** Cirque de Celebrite **3.00** Anonymous Rex **4.50** Futurama - Welcome To The World... **5.00** Brainiac's Christmas Cracker **6.00** The Simpsons **6.30** The Simpsons **7.00** The Simpsons **7.30** The Simpsons **8.00** When Sharks Attack **9.00** Battlestar Galactica: Razor **10.50** An American Werewolf In London **12.45am** Caribbean Uncovered **1.45** Mutant X **2.40** Mutant X **3.30** Nip/Tuck **4.20** Nip/Tuck **5.10** Guilty!

ITV2

6.00am GMTV2 **9.25** Emmerdale Omnibus **12.10pm** Coronation Street Omnibus **2.35** Creature Comforts **3.05** Aladdin **4.40** Jack and the Beanstalk **6.10** Cinderella **7.45** **FILM:** Ice Age **9.15** Creature Comforts **9.30** Airline at Christmas **10.30 FILM:** The Last Boy Scout **12.30am FILM:** The Guru **2.15** Katy Brand's Big Ass Show **2.45** Katy Brand's Big Ass Show **3.15** Katy Brand's Big Ass Show **3.40** Emmerdale Omnibus

BBC3

7.00pm Football Gaffes Galore **7.05** Top Gear **8.10** The Real Hustle: The Twelve Scams of Christmas **9.10** Little Britain **9.40** Little Britain **10.10** The Most Annoying People of the Year 2007 **12.40am** The Real Hustle: The Twelve Scams of Christmas **1.40** Comedy Shuffle **2.05** Tittybangbang3 **2.35** Radio 1 on Three **3.35** Comedy Shuffle **4.05** Tittybangbang3 **4.35** Close

BBC4

7.00pm Edwardian Supersize Me **8.00** EastEnders 1986 **8.30** Till Death Us Do Part **9.00** Lead Balloon **9.30** Xmas Turkey on the Telly **10.00** The Royle Family **10.40** EastEnders 1986 **11.10 FILM:** Dead of Night: The Exorcism **12.00am** Xmas Turkey on the Telly **12.30** The Late Edition **1.00** Charlie Brooker's Screenwipe **1.30** Flight of the Conchords **2.00** Flight of the Conchords **2.30** Xmas Turkey on the Telly **3.00** Charlie Brooker's Screenwipe **3.30** The Late Edition **4.00** Close

Christmas TELEVISION

Can't face another mug of mulled wine?
Bored by those bottles of bubbly?
Celebrate the festive season with our tempting cocktail recipes guaranteed to get you in the mood.
Just remember drink sensibly this Christmas and never drink and drive.
That does not mean that designated drivers need miss out as we have also included a selection of alcohol free tasty tipples to make your night go with a swing

ALCOHOLIC

CHAMPAGNE COCKTAIL

Ingredients
6fl oz of champagne, sugar cubes, angostura bitters, lemon juice.
How to make
Drop the sugar cube, saturated in Angostura bitters, into a tall flute glass, then slowly add champagne and a twist of lemon.

ROBERT BURNS

Ingredients
One and a half oz of Scotch, half oz Martini (sweet or dry), dash of orange, one shot of pernod.
How to make
Place all the ingredients in a well chilled glass and mix slowly

SNOWBALL

Ingredients
7.5ml anisette or pernod, 7.5ml of creme de violette, 75ml cream, 7.5ml white creme de menthe, 30ml gin.
How to make
Mix all ingredients with ice in a shaker or blender and strain into a chilled champagne glass.

EGG NOG

Ingredients
150ml of sweetened condensed milk, one table spoon of white sugar, one tea spoon of vanilla extract, four egg whites, 30ml of rum, quarter of teaspoon of nutmeg.
How to make
Beat the egg yolks until thickened and light and stir in condensed milk, sugar and vanilla. Beat the egg whites until stiff then add them to the mixture. Stir in rum and garnish with nutmeg.

NON ALCOHOLIC

ST CLEMENTS DRINK

Ingredients
Juice of four oranges, juice of two lemons, 300ml soda water, one slice of orange, two mint leaves.
How to make
Squeeze the juice from the fruits and mix with the soda water. Add ice, serve with a slice of orange and a mint leaf.

THAI COFFEE

Ingredients
Six tablespoons ground coffee, one tablespoon ground coriander, five ground green cardamons, sugar, whipping cream and ice.
How to make
Place the coffee and spices in the filter cone of your coffee maker. Brew the coffee as usual, let it cool. In a tall glass dissolve one to two teaspoons of sugar in an ounce of the coffee. Add five to six ice cubes and pour the rest of the coffee to within an inch of the top of the glass. Rest a spoon on the top of the glass and slowly pour the cream into the spoon.

CHRISTMAS PARTY PUNCH

Ingredients
Two oranges, 500ml red grape juice, 500ml apple juice, two table spoons clear honey, one teaspoon ground nutmeg, one cinammon stick, one apple sliced
How to make
Stud one orange with the cloves. Place in a saucepan and heat with the fruit juice, honey and spices and simmer gently for two minutes. Allow to stand for five minutes and then strain. Add the sliced apple and the remaining sliced orange. Serve hot as a spicy alternative to mulled wine.

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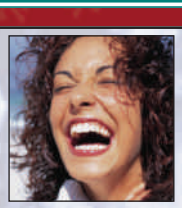
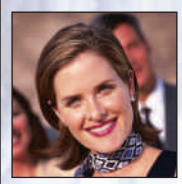
email: info@gracemk.org
AA672361

Loughton Baptist Church
Bradwell Rd., Loughton MK5 8AJ
Brighten your Christmas with the Special Events
Sunday 23rd Dec 6pm
Traditional Carol Service
Tuesday 25th Dec 10.30am
Christmas Day Celebrations
AA672602

Christmas At St. Mary's
Bletchley
Come celebrate with us
Sunday Dec 23rd - 7pm
A quieter, more reflective carol service
Christmas Eve - 4pm & 6pm
CHRISTINGLE SERVICE
Christmas Eve - 11pm
The First Communion of Christmas
Christmas Day - 8am & 10am
Holy Communion, then Family Communion
AA672551

St Martins Church C of E
Aylesbury Street, Fenny Stratford, Bletchley
★ **Sunday 23rd December**
Advent Mass 9.30am. Childrens Workshop followed by Christingle & Crib Service at 4pm
★ **Christmas Eve**
Readings & Carols from 11.30pm
Midnight Mass with blessing of the crib 12 midnight
★ **Christmas Day**
Mass of the Holy Navity with carols at 10am
AA672321

Church

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Life International sometimes referred to as the "Healing Centre". A 21st century church for all. For the confused. The abused.
The messed up. The hurting. For those looking for hope. For the abused wife and the hurting husband. For those looking for a new start. Come and discover the purpose of life. Come and see! A warm welcome awaits you.

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23.12.07 CHRISTMAS SUNDAY
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31.12.07 NEW YEARS EVE
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followed by
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www.newlifwenorth.org.uk
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AA672796

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Sunday 23rd - 6.30pm
CAROL SERVICE
Christmas Morning - 10am
Evangelical Free Church
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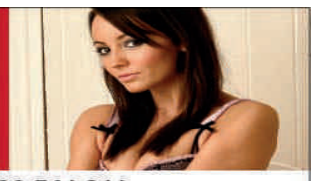
Tel: 01908 563363
AA672332

Stony Stratford Baptist Church
Horsefair Green, Stony Stratford, MK11 1JW
Tel: 01908 567168
Sunday 23rd December
10.30am
All Age Christmas Service
5.00pm
Carols by Candlelight
(Earlier service suitable for children)
7.00pm Carols by Candlelight
CHRISTMAS DAY
Tuesday 25th December
10.30am All Age Celebration
Sunday 30th December
10.30am All Age Service
www.stonystratfordbaptistchurch.org
AA672571

Christmas TELEVISION

THIS CHRISTMAS, WOULD YOU RATHER WATCH
Uncle Ron with a bit of brandy butter on his chin or...



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SUNDAY
December 23

BBC1

6.00 Breakfast (T) **7.55** Match of the Day (R/T) **9.15** Christmas Voices (T) **10.15 FILM: Who Framed Roger Rabbit?** (1988) Comic fantasy starring Bob Hoskins. (T) **11.50 FILM: Santa Claus - The Movie** (1985) Family comedy starring Dudley Moore. (T) **1.35** BBC News; Weather (T) **1.45** EastEnders (R/T) **3.40** Charles Dickens and the Invention of Christmas (T) **4.40** Cranford (R/T) **5.40** Songs of Praise (T) **6.15** After You've Gone (T)

7.00 A Question of Sport A festive edition of the light-hearted sports quiz. (T)
7.35 BBC News; Regional News; Weather (T)
8.00 Antiques Roadshow The team pay a return visit to Rochester Cathedral to examine some more local heirlooms. (T)
9.00 Monarchy: The Royal Family at Work Documentary series providing insight into the work of The Queen and other members of the Royal Family over the course of a year. (T)
10.00 BBC News; Weather (T)
10.15 Dawn French's Boys Who Do Comedy Dawn French interviews her favourite male comedians. (T)
10.45 Liverpool Nativity Liverpool's great musical heritage is the soundtrack to a contemporary music drama set in a fictitious state, a tale as relevant today as it was 2,000 years ago. (T)
11.50 FILM: Win a Date With Tad Hamilton! (2004) Romantic comedy. In a bid to clean up his tarnished image, a Hollywood star organises a fundraising stunt that offers a date with him in Los Angeles as a prize. Stars Kate Bosworth. (T)

1.20 Weatherview **1.25** Sign Zone: Oliver Twist (R/T) **4.25** Desi DNA (R/T) **4.55** Joins BBC News 24 (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.30** Hedz (R/T) **10.00** How We Built Britain (R/T) **11.00** Who Do You Think You Are? (R/T) **12.00** Celebrity MasterChef (R/T) **12.30** Celebrity MasterChef (R/T) **1.00 FILM: Heaven Knows, Mr Allison** (1957) Romantic drama starring Deborah Kerr. (T) **2.45** Heston's Perfect Christmas Dinner (T) **3.45** An Otter in the Family (T) **4.15 FILM: The Great Escape** (1963) Classic wartime drama with Steve McQueen. (T)

7.00 James May: My Sister's Top Toys James May presents a celebration of the toys which have survived across the decades. (T)
8.00 Top Gear In the last show of the series, Jeremy, James and Richard take the new BMW M3, Mercedes C63 AMG and Audi RS4 to Spain. (T)
9.00 Richard Hammond Meets Evil Knieval Richard Hammond spends four days with his childhood hero, legendary stuntman Evel Knievel. (T)
10.00 Have I Got News for You Comedy quiz show that grills celebrity contestants on the week's news. (T)
10.30 Match of the Day 2 Adrian Chiles presents highlights from today's three matches. (T)
11.30 FILM: Viva Knievel! (1977) Exhilarating action adventure. Ruthless drug smugglers plot the cold-blooded murder of celebrated motorcycle daredevil Evel Knievel as he tours Mexico. They aim to use his truck to sneak a consignment of narcotics back across the United States border. But when Knievel learns of this appalling scheme, he hatches a daring and spectacular plan. Stars Evel Knievel, Gene Kelly and Lauren Hutton. (T)

1.15 TOTP 2 (R/T) **2.55** Joins BBC News 24 (T) **4.50** Close

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Art Attack (R/T) **9.50** Finger Tips (R/T) **10.05** Planet Sketch (R/T) **10.15** The Championship (T) **10.45 FILM: The Great St Trinian's Train Robbery** (1966) Comedy starring Frankie Howerd. (T) **12.30** ITV News and Weather (T) **12.40 FILM: Curly Sue** (1991) Heartwarming comedy starring James Belushi. (T) **2.30 FILM: Miracle On 34th Street** (1994) Festive drama, starring Richard Attenborough. (T) **4.35 FILM: Catwoman** (2004) Comic book adventure with Halle Berry. (T) **6.30** Regional News and Weather **6.45** ITV News and Weather (T)

7.00 Emmerdale Perdy begins to have suspicions about Gray. (T)
7.30 Coronation Street Carla drops a bombshell at Liz's hen party. (T)
8.00 Heartbeat Carol worries that a local boy is being abused, and soon she and the police are drawn into a volatile domestic situation - with devastating consequences. (T)
9.00 FILM: Vanity Fair (2004) Thackeray's classic novel about Becky Sharp, a young woman who becomes a nanny for the powerful and enigmatic Sir Pitt Crawley, only to find herself falling for his handsome and eligible son. Stars Reese Witherspoon, Rhys Ifans and Jonathan Rhys-Meyers. (T)
11.35 ITV Weekend News and Weather A round-up of the latest news headlines plus a national weather forecast. (T)
11.45 The Way We Worshipped Terry Waite, Tom O'Connor, Kazia Pelka and Lynda Bellingham are among those who fondly reminisce about Christmases past, through a rare collection of archive films. (R/T)

12.40 Faith and Music (R/T) (Followed by ITV News Headlines) **1.45** Cannonball 8000 **2.35** Quincy, ME (R/T) **3.15** ITV Nightscreen **5.00-5.55** CITV **5.55** ITV Early Morning News (T)

FOUR

6.00 Wilde Stories (R/T) **6.25** Transworld Sport (T) **7.20** Freesports on 4 **7.50** World Cup Skiing **8.45** T4: The O.C. (R/T) **9.45** Hollyoaks Omnibus (R/T) **12.15** Mobileact Unsigned: The Live Final (T) **1.15** The Feeling: Video Exclusive (R) **1.25** Friends (R/T) **1.55 FILM: The Spongebob Squarepants Movie** (2004) Animated tale with the voices of Tom Kenny, Clancy Brown and Rodger Bumpass. (T) **3.30** T4: The Simpsons (T) **4.00** The Simpsons (T) **4.30 FILM: Sky Captain And The World Of Tomorrow** (2004) After New York City receives a series of attacks from giant flying robots, a reporter teams up with a pilot in search of their origin, as well as the reason for the disappearances of famous scientists around the world. Sci-fi adventure, with Jude Law, Gwyneth Paltrow and Giovanni Ribisi. (T) **6.25** Scrapheap Challenge (T)

7.30 Channel 4 News Includes sport and weather. (T)
8.00 FILM: The League of Extraordinary Gentlemen (2003) In an alternate Victorian Age world, a group of famous contemporary fantasy, SF and adventure characters team up on a secret mission. Action adventure tale, starring Sean Connery, Naseeruddin Shah and Peta Wilson. (T)
10.00 The Big Fat Anniversary Quiz Jimmy Carr and celebrity team-mates Frank Skinner, Jack Dee, Alan Carr, David Mitchell, Carol Vorderman and Richard Ayoade for a special edition of Channel 4's legendary annual star-studded entertainment fest. (R/T)

12.05 FILM: The King (2005) A troubled man, recently discharged from the Navy, goes to Corpus Christi, Texas, in search of the father he's never met. Drama starring Gael García Bernal, Derek Alvarado and E. Matthew Buckley. (T) **2.05** The Curse Of The Ice Mummy (R/T) **3.05** Animal Addicts (R/T) **4.05** Extreme Archaeology (R/T) **5.05** Headland (R/T) **5.50** Wilde Stories (R/T)

FIVE

6.00 Milkshake! **7.55 FILM: Mist: The Tale of a Sheepdog Puppy** (2006) Family film featuring the voice of Brian Blessed. (T) **9.30** Franklin (R/T) **10.00** Hannah Montana (T) **10.30** Hannah Montana (T) **11.00** St Martin-in-the-Fields (T) **11.45 FILM: Columbo: Mind over Mayhem** (1974) Drama in which Columbo investigates the murder of a scientist who had uncovered professional espionage. His suspicions turn to the murdered man's colleague, who may have something to hide about his work. Stars Peter Falk, Jose Ferrer and Lee H Montgomery. (T) **1.15** five news update (T) **1.30** Football Italiano (T) **4.20** Killer Whale Attack (R/T)

5.25 FILM: The Muppet Christmas Carol (1992) Dickens's tale of the miserly Scrooge as told by the Great Gonzo and the rest of the Muppet gang, including Kermit the Frog as Bob Cratchit and Miss Piggy as his wife. With Michael Caine, Kermit the Frog and Miss Piggy. (T) **6.55** five news and sport (T)
7.10 FILM: Uptown Girls (2003) Comedy drama following the developing relationship between a New York socialite and a precocious young girl. Stars Brittany Murphy, Dakota Fanning and Marley Shelton. (T)
9.00 FILM: Mona Lisa Smile (2003) Drama set in the 1950s about an assertive professor who is hired to teach art history at a prestigious female-only college. Stars Julia Roberts, Kirsten Dunst and Maggie Gyllenhaal. (T)
11.15 FILM: Adam Sandler's Eight Crazy Nights (2002) Adam Sandler voices the three lead characters in this animated musical comedy. Also with Rob Schneider and Jon Lovitz. (T)

12.35 Natural Born Racers (T) **1.05** NFL Live **4.45** Motorsport Mundial **5.10** Out of Practice (R/T) **5.35** Out of Practice (R/T)

SATELLITE

SKY ONE

6.00am Hour of Power **7.00** Futurama **7.30** Futurama **8.00** Malcolm in the Middle **8.30** Malcolm in the Middle **9.00** Jingle Bells **10.00** A Very Barry Christmas **11.00** Project Runway **12.00pm** WWE - Experience **1.00** Malcolm in the Middle **1.30** Cirque de Celebrite **3.00** Librarian:Return To King Sol. Mines **5.00** The Simpsons **5.30** The Simpsons **6.00** Are You Smarter's Top Ten Moments **7.00** The Simpsons **7.30** Best Of Cirque **9.00** TBA **11.25** Nothing But The Truth **12.25am** The Real Mile High **1.25** Caribbean Uncovered **2.25** The Villa **3.25** Nip/Tuck **4.20** Nip/Tuck **5.10** Guilty!

ITV2

6.00am GMTV2 **9.25** Fred Claus: UK Premiere Special **9.50 FILM:** Ice Age **11.20** Emmerdale Omnibus **2.10pm** Creature Comforts **2.25** Britain Sings Christmas **3.35** Coronation Street Omnibus **6.00** Xtra Factor: Best & Worst 2007 **7.00** Xtra Factor: Best & Worst 2007 **8.00** Xtra Factor: Best & Worst 2007 **9.00** Xtra Factor: Winner's Story 2007 **10.00** Coronation Street **10.30 FILM:** The Fast and the Furious **12.35am** Xtra Factor: Winner's Story 2007 **1.35** Teleshopping **4.35** ITV2 Nightscreen

BBC3

7.00pm Don't Tell the Bride **8.00** Anthea Turner: Perfect Christmas **9.00** The Most Annoying People of the Year 2007 **11.30** The Mighty Boosh **12.00am** Two Pints of Lager and a Packet of Crisps **12.30** Two Pints Outtakes **1.00** The Most Annoying People of the Year 2007 **3.30** The Mighty Boosh **4.00** Two Pints of Lager and a Packet of Crisps **4.25** Two Pints Outtakes **4.55** Close

BBC4

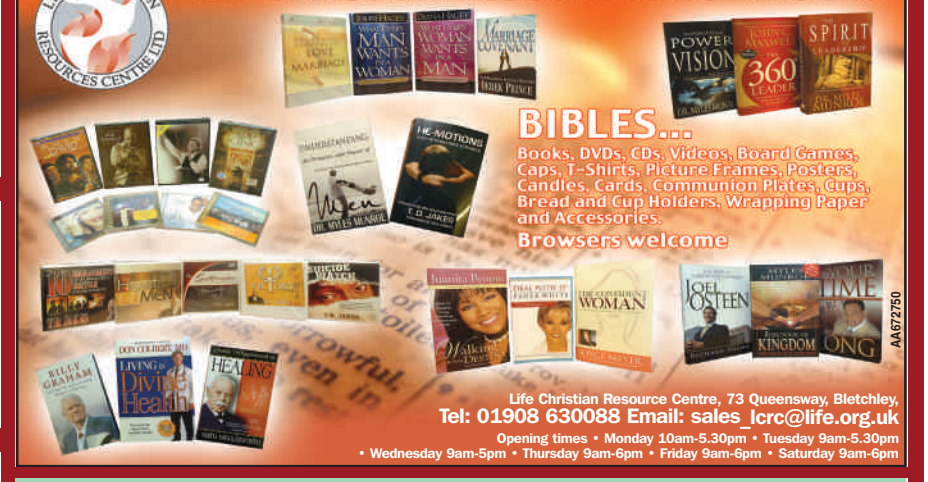
7.00pm The Life and Adventures of Nicholas Nickleby **8.00** Two Fat Ladies Christmas **8.30** Nigella's Christmas Kitchen **9.00** Stuffed: The Great British Christmas Dinner **10.00** Fear of Fanny **11.20** Christmas Trade Secrets **11.30** A Tudor Feast at Christmas **12.30am** Stuffed: The Great British Christmas Dinner **1.30** More Dawn French's Boys Who Do: Comedy **2.00** Charlie Brooker's Screenwipe **2.30** Charlie Brooker's Screenwipe **3.00** Flight of the Conchords **3.30** Flight of the Conchords **3.55** More Dawn French's Boys Who Do: Comedy **4.25** Close

Services

Broadlands, Netherfield, MK64YP
Christmas Specials
23rd Dec: 11 am. As normal.
6pm. Live Christmas Music with refreshments.
25th Dec 11 am: Come and remember the true meaning of Christmas.
Enquiries: Tel: 01908 232311
Visit: www.netherfieldchapel.org.uk
AA672182

Holy Trinity - Deanshanger
• Sunday 23rd December
3pm Carols & Christingle Service followed by tea & mince pies
• Christmas Eve
Midnight Holy Communion
11.30pm - 12.30pm
• Christmas Morning
10.30am - 11.30am.
Christmas Family Communion
AA672290

Life Christian Resources Centre Ltd



BIBLES...
Books, DVDs, CDs, Videos, Board Games, Caps, T-Shirts, Picture Frames, Posters, Candles, Cards, Communion Plates, Cups, Bread and Cup Holders, Wrapping Paper and Accessories.
Browsers welcome
Life Christian Resource Centre, 73 Queensway, Bletchley,
Tel: 01908 630088 Email: sales_lcrc@life.org.uk
Opening times • Monday 10am-5.30pm • Tuesday 9am-5.30pm • Wednesday 9am-5pm • Thursday 9am-6pm • Friday 9am-6pm • Saturday 9am-6pm
AA672750

Christ the King Church, Kents Hill
Sunday 23rd December
9.30am Anglican/Free Church Holy Communion
11.30am Catholic Mass (4th Sunday of Advent)
Monday 24th December
4pm Crib and Christingle Service
11.30pm Carols and Midnight Mass
Tuesday 25th December
9.30am Anglican/Free Church Christmas Communion
11.30am Christmas Day Catholic Mass

St Bede's Catholic Church, High Street, Newport Pagnell
Sunday 23rd December
6.30pm Catholic Mass (Saturday Eve vigil)
9am Catholic Mass
Monday 24th December
5pm Children's Mass
9pm Midnight Mass
Tuesday 25th December
10am Christmas Day Mass
AA672489

Imagine CHRISTMAS
Please join us at our services this Christmas. We are hosting 3 identical musical presentations of "Imagine Christmas" and a traditional evening carol service with MK Brass.
Sunday 23 Dec
9 am, 10.30 am & 12 pm
Imagine Christmas
6 pm - Carols by Candlelight.
Milton Keynes Christian Centre
Strudwick Drive, Oldbrook
www.mkcc.org.uk
AA672399

WATCHNIGHT SERVICE
Date: 31st December 2007
Time: 10pm
Venue: Christ Church Hall
Purbeck
Stantonbury Campus
Web: www.kingscourtchapel.org.uk
Email: admin@kingscourtchapel.org.uk
Tel: 01908 423 342
Mob: 07782 105 553
Kings Court Chapel
(A part of The Redeemed Christian Church of God)
AA673102

Christmas TELEVISION

Enter the land of nod

YOU'VE opened all of your presents and the turkey has been well and truly devoured, there's only one thing left to do on Christmas Day – have a snooze.

Apparently worn out Brits are set to nod off at 4.30pm on the big day this year, as the effects of surviving the festive season – burning the candle at both ends, travelling long distances and arguing with in-laws over what to watch on the box all take their toll, according to new research.

The study of the seasonal habits of 3,000 adults commissioned by Freeview Playback, the digital TV recorder brand, reveals that people are now more active at Christmas than at any other time of the year, leaving many of us struggling to grab a few moments of rest and relaxation this year.

The pressure to have a perfect Christmas and the strain of close extended family contact left nearly two thirds (65 per cent) of respondents citing Christmas as the most stressful time of the year, with a quarter admitting that they found three days with the in-laws more taxing and tiring than starting a new job.

The study highlights the amount of time the nation spend preparing for the big day – revealing that the average person will spend a foot numbing 15 hours on shopping alone – nearly half of which will be spent waiting in a queue over the Christmas break.

Long distance travel also features on the vast majority of people's Christmas itineraries with the average family clocking up 300 miles in order to do the rounds of family and friends.

More than half of the nation will begin Christmas day at 7am as they are woken by their children and begin to prepare the Christmas meal. An additional third admitted that they would kick-start their Christmas by indulging in a festive tipple before lunchtime.

The study also pinpointed 10am as the time of day when the nation's spirits soar with more than a third of respondents stating they're at their happiest when they start handing out stacks of presents to their nearest and dearest, while 15 per cent of us peak when we sit down to lunch and start tucking into our Christmas meal.

The survey also identified that arguments over what to watch on the TV were one of the main causes of stress on Christmas Day. More than a third said that these disagreements were generational, with the older generation (half of over 55-year-olds) demanding to watch the Queen's speech.

While just five per cent of youngsters (under 25-year-olds) will gladly sit down to watch her this year.

The long day will take its toll on many people however as the findings reveal that the cumulative effects of preparing for Christmas combined with the early morning start and alcohol and food intake on the day itself combine to leave most Brits (73 per cent) relaxing on the sofa in front of the TV by 4pm where half of us admitted to regularly catching a short nap to recharge – the most popular time being 4.30pm for an average of twenty minutes.

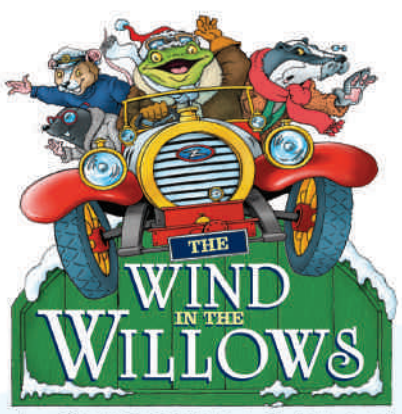
TOP FIVE CHRISTMAS STRESSES

1. Going out and overindulgence - 51 per cent
2. Christmas shopping - 32 per cent
3. Entertaining the kids - 23 per cent
4. Coping with the family - 13 per cent
5. Travelling long distances to be with family and friends - 7 per cent

This December be inspired like Mole and you'll say

Hurrah! Lots of late night shopping

For magical Christmas shopping, make sure you join Toad, Ratty, Mole and Badger at thecentre:mk. This year our spectacular Wind in the Willows show and Santa's Grotto are the talk of the whole riverbank. Inside the Centre you can meander though a snowy wonderland full of charming woodland characters, stroll round 230 stores full of great gift ideas, and try some festive fare at our many cafés and restaurants. Plus, there's late night shopping throughout December* to give you more time to find just what you're looking for - without rushing about like Mr Toad. Hurrah!



A CHRISTMAS TALE
6 NOVEMBER - 2 JANUARY

Late nights in December

Weekdays	9am	– 9pm	(including Thur 27 – Fri 28 Dec)
Saturdays	9am	– 7pm	(including Saturday 29 Dec)
Sundays	11am	– 5pm	(including Sunday 30 Dec)
Christmas Eve	9am	– 5pm	
Christmas Day	closed		
Boxing Day	11am	– 5pm	
December 31	9am	– 5pm	
New Year's Day	11am	– 5pm	
January 2	normal hours resume		

PLEASE NOTE: Opening times shown are for the Centre. Store times may vary, so please check with shops before making a special visit. For store phone numbers, pick up a Shoppers' Guide or visit www.thecentremk.com

*Please check individual stores for trading hours

AA665901

for the important things in life thecentre:mk Milton Keynes

230 essential stores open late in December. For more information, call 0870 890 2530 or visit www.thecentremk.com